The Common Worship Psalter pointed for plainsong
Notes

1. The symbol • marks the mid-point in each psalm verse, corresponding to the single barline in the chant.

2. A hyphen separates two syllables of a word that are sung to different notes of the chant.

3. The intonation is sung in the first verse only, and is indicated by clear noteheads.

4. The first word of the mediation (in the first half of the chant) and the first word of the ending (in the second half of the chant) are underlined.

5. The symbol ˆ joins together two words or syllables of a word that are sung to the same note in the mediation or the ending. Extra notes are indicated by clear noteheads.

6. The symbol ¨ over a vowel indicates that the syllable is sung to two notes of the chant. Any intervening clear noteheads are disregarded.

7. These three forms of notation (4–6) may be combined, as in the following example from Psalm 4:
   
   and put yourˆtrüst inˆthe Lord
   
   This means that the word trust is sung on two notes, the reciting note and the first note of the ending.

8. The symbol * indicates that the intonation is omitted.

9. The symbol – indicates that the reciting note is omitted.

10. The symbol () indicates that a note of the mediation or the ending is omitted.

11. In tones V.1 and V.2 a clear notehead may be placed between the first and second notes of the ending. If this optional note is to be used, the word to be sung to it is indicated by the symbol ` placed before it.

12. In tones IV.1, IV.2, and IV.3, the penultimate note cluster of the ending may be divided and sung to two syllables. The nature of the division is shown under the chant, and the two syllables to be sung to the divided neume are joined together with the symbol `.

13. During Lent, ‘Praise the Lord’ replaces ‘Alleluia’. Alternative pointing is provided in square brackets.
Blessed are they who have not walked
in the counsel of the wicked, •
nor lingered in the way of sinners,
nor sat in the assembly of the scornful.

Their delight is in the law of the Lord •
and they meditate on his law day and night.

Like a tree planted by streams of water
bearing fruit in due season, with leaves that do not wither, •
whatever they do, it shall prosper.

As for the wicked, it is not so with them; •
they are like chaff which the wind blows away.

Therefore the wicked shall not be able to stand in the judgement, •
nor the sinner in the congregation of the righteous.

For the Lord knows the way of the righteous, •
but the way of the wicked shall perish.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.
1 Why are the nations in tumult, and why do the peoples devise a vain plot?

2 The kings of the earth rise up, and the rulers take counsel together against the Lord and against his anointed:

3 ‘Let us break their bonds under and cast away their cords from us.’

4 He who dwells in heaven shall laugh them to scorn; the Lord shall have them in derision.

5 Then shall he speak to them in his wrath and terrify them in his fury:

6 ‘Yet have I set my king upon my holy hill of Zi-on.’

7 I will proclaim the decree of the Lord; he said to me: ‘You are my Son; this day have I begotten you.

8 ‘Ask of me and I will give you the nations for your inheritance and the ends of the earth for your possession.

9 ‘You shall break them with a rod of iron and dash them in pieces like a potter’s vessel.’

10 Now therefore be wise, O kings; be prudent, you judges of the earth.

11 Serve the Lord with fear, and with trembling kiss his feet, lest he be angry and you perish from the way, for his wrath is quickly kindled.

12 Happy are all they who take refuge in him.
Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev'er. A-men.

Psalm 3
VIII.2

1 Lord, how many are my ad-ver"saries; •
many are they who rise up a-against me.

2 Many are they who say to my soul, •
‘There is no help for you in your God.’

3 But you, Lord, are a shield a-bout me; •
you are my glory, and the lifter up of my head.

4 When I cry aloud to the Lord, •
he will answer me from his ho-ly’hill;

5 I lie down and sleep and rise a-gain, •
because the Lord sus-tains me.

6 I will not be afraid of hordes of the peo-ples •
that have set themselves a-gainst me all a`round.

7 Rise up, O Lord, and deliver me, O my God, •
for you strike all my enemies on the cheek
and break the teeth of the wick-ed.

8 Salvation belongs to the Lord: •
may your blessing be up-on your peo-ple.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev'er. A-men.
Psalm 4
II.1

1 Answer me when I call, O God of my righteousness; you set me at liberty when I was in trouble; have mercy on me and hear my prayer.

2 How long will you nobles dishonour my glory; how long will you love vain things and seek after falsehood?

3 But know that the Lord has shown me his marvellous kindness; when I call upon the Lord, he will hear me.

4 Stand in awe, and sin not; commune with your own heart upon your bed, and be still.

5 Offer the sacrifices of righteousness and put your trust in the Lord.

6 There are many that say, ‘Who will show us any good?’ Lord, lift up the light of your countenance upon us.

7 You have put gladness in my heart, more than when their corn and wine and oil increase.

8 In peace I will lie down and sleep, for it is you Lord, only, who make me dwell in safety.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
Give ear to my words, O Lord; •
consider my lamentation.

Hearken to the voice of my crying, my King and my God, •
for to you I make my prayer.

In the morning, Lord, you will hear my voice; •
early in the morning I make my appeal to you, and look up.

For you are the God who takes no pleasure in wickedness; •
no evil can dwell with you.

The boastful cannot stand in your sight; •
you hate all those that work wickedness.

You destroy those who speak lies; •
the bloodthirsty and deceitful the Lord will abhor.

But as for me, through the greatness of your mercy,
    I will come into your house; •
I will bow down towards your holy temple in awe of you.

Lead me, Lord, in your righteousness,
    because of my enemies; •
make your way straight before my face.

For there is no truth in their mouth,
    in their heart is destruction, •
their throat is an open sepulchre,
    and they flatter with their tongue.

Punish them, O God; •
let them fall through their own devices.

Because of their many transgressions cast them out, •
for they have rebelled against you.

But let all who take refuge in you be glad; •
let them sing out their joy for ever.
13 You will shelter them, •
so that those who love your name may exult in you.

14 For you, O Lord, will bless the righteous; •
and with your favour you will defend them as with a shield.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. Amen.

Psalm 6
II.1

1 O Lord, rebuke me not in your wrath; •
neither chasten me in your fierce anger.

2 Have mercy on me, Lord, for I am weak; •
Lord, heal me, for my bones are racked.

3 My soul also shakes with terror; •
how long, O Lord, how long?

4 Turn again, O Lord, and deliver my soul; •
save me for your loving mercy's sake.

5 For in death no one remembers you; •
and who can give you thanks in the grave?

6 I am weary with my groaning; •
every night I drench my pillow
and flood my bed with my tears.

7 My eyes are wasted with grief •
and worn away because of all my enemies.

8 Depart from me, all you that do evil, •
for the Lord has heard the voice of my weeping.
9 The Lord has heard my supplication; •
   the Lord will receive my prayer.

10 All my enemies shall be put to shame and confusion; •
   they shall suddenly turn back in their shame.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. Amen.

Psalm 7

1.1

1 O Lord my God, in you I take refuge; •
   save me from all who pursue me, and deliver me,

2 Lest they rend me like a lion and tear me in pieces •
   while there is no one to help me.

3 O Lord my God, if I have done these things: •
   if there is any wickedness in my hands,

4 If I have repaid my friend with evil, •
   or plundered my enemy without a cause,

5 Then let my enemy pursue me and overtake me, •
   trample my life to the ground,
   and lay my honour in the dust.

6 Rise up, O Lord, in your wrath;
   lift yourself up against the fury of my enemies. •
   Awaken, my God, the judgement that you have commanded.

7 Let the assembly of the peoples gather round you; •
   be seated high above them: O Lord, judge the nations.
Give judgement for me according to my righteousness, O Lord, and according to the innocence that is in me.

Let the malice of the wicked come to an end, but establish the righteous; for you test the mind and heart, O right-eous™God.

God is my shield that is over me; he saves the true of heart.

God is a right-eous judge; he is pro-voked all day’long.

If they will not repent, God will whet his sword; he has bent his bow and made it rea-dy.

He has prepared the weapons of death; he makes his ar-rows shafts of fire.

Behold those who are in labour with wick-ed-ness who conceive evil and give birth to’lies.

They dig a pit and make it deep and fall into the hole that they have made for o-thers.

Their mischief rebounds on their own head; their violence falls on their own scalp.

I will give thanks to the Lord for his right-eous-ness, and I will make music to the name of the Lord Most´High.

Glory to the Father and to the Son, and to the Ho-ly Spi-rit;

as it was in the beginning is now and shall be for ev-er. A-men.
Psalm 8 (First version)

VIII.1

1 O Lord our go-ver`nor, •
how glorious is your name in all the`world!

2 Your majesty above the heavens is praised •
out of the mouths of babes at the breast.

3 You have founded a stronghold against your foes, •
that you might still the enemy and the a-ven-ger.

4 When I consider your heavens, the work of your fin-gers, •
the moon and the stars that you have or-dained,

5 What is man, that you should be mindful of him; •
the son of man, that you should seek him`out?

6 You have made him little lower than the an-gels •
and crown him with glo-ry and hon-our.

7 You have given him dominion over the works of your hands •
and put all things un-der his feet,

8 All sheep and ox-en, •
even the wild bëasts of the´field,

9 The birds of the air, the fish of the sea •
and whatsoever moves in the päths of the´sea.

10 O Lord our go-ver`nor •
how glorious is your name in all the`world!

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
Psalm 8 (Second version)

VIII.1

1 O Lord our go-ver′nor •
   how glorious is your name in all the world!

2 Your majesty above the heavens is praised •
   out of the mouths of babes at the breast.

3 You have founded a stronghold against your foes, •
   that you might still the enemy and the a-ven-ger.

4 When I consider your heavens, the work of your fin-gers, •
   the moon and the stars that you have or-dained,

5 What are mortals, that you should be mindful of them: •
   mere human beings, that you should seek them out?

6 You have made them little lower than the an-gels •
   and crown them with glo-ry and hon-our.

7 You have given them dominion over the works of your hands •
   and put all things un-der their feet,

8 All sheep and ox-en, •
   even the wild bëasts of the field,

9 The birds of the air, the fish of the sea •
   and whatsoever moves in the pàths of the sea.

10 O Lord our go-ver′nor •
    how glorious is your name in all the world!

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 I will give thanks to you, Lord, with my whole heart; •
I will tell of all your mar-vel’lous works.

2 I will be glad and rejoice in you; •
I will make music to your name, O Most`High.

3 When my enemies are dri-ven back, •
they stumble and perish at your pre-sence.

4 For you have maintained my right and my cause; •
you sat on your throne giving right-eous judge-ment.

5 You have rebuked the nations and destroyed the wick-ed; •
you have blotted out their name for ev-er and ev-er.

6 The enemy was utterly laid waste. •
You uprooted their cities;
their very memo-ry has pe-rished.

7 But the Lord shall endure for ev-er; •
he has made fast his throne for judge-ment.

8 For he shall rule the world with right-eous-ness •
and govern the peo-ple with e-qui`ty.

9 Then will the Lord be a refuge for the op-pressed, •
a refuge in the time of trou-ble.

10 And those who know your name will put their trust in you, •
for you, Lord, have never failed those who seek you.

11 Sing praises to the Lord who dwells in Zi-on; •
declare among the peoples the things he has`done.

12 The avenger of blood has remem-bered them; •
he did not forget the cry of the`op-pressed.
13 Have mercy upon me, O Lord; •
consider the trouble I suffer from those who hate me,
you that lift me up from the gates of death;

14 That I may tell all your praises in the gates of the city of Zions •
and rejoice in your salva-tion.

15 The nations shall sink into the pit of their mak-ing •
and in the snare which they set will their own foot be ta-ken.

16 The Lord makes himself known by his acts of just-ice; •
the wicked are snared in the works of their own hands.

17 They shall return to the land of dark-ness, •
all the nations that for-get God.

18 For the needy shall not always be for-got-ten •
and the hope of the poor shall not pe-lish for ev-er.

19 Arise, O Lord, and let not mortals have the up-per hand; •
let the nations be judged be-fore your face.

20 Put them in fear, O Lord, •
that the nations may know themselves to be but mor-tal.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 Why stand so far off, O Lord? • Why hide yourself in time of trouble?

2 The wicked in their pride persecute the poor; • let them be caught in the schemes they have devised.

3 The wicked boast of their hearts’ desire; • the covetous curse and revile the Lord.

4 The wicked in their arrogance say, ‘God will not avenge it’; • in all their scheming God counts for nothing.

5 They are stubborn in all their ways, for your judgements are far above out of their sight; • they scoff at all their adversaries.

6 They say in their heart, ‘I shall not be shaken; • no harm shall ever happen to me.’

7 Their mouth is full of cursing, deceit and fraud; • under their tongue lie mischief and wrong.

8 They lurk in the outskirts and in dark alleys they murder the innocent; • their eyes are ever watching for the helpless.

9 They lie in wait, like a lion in his den; • they lie in wait to seize the poor; • they seize the poor when they get them into their net.

10 The innocent are broken and humbled before them; • the helpless fall before their power.

11 They say in their heart, ‘God has forgotten; • he hides his face away; he will never see it.’

12 Arise, O Lord God, and lift up your hand; • for-gët not the poor.
13 Why should the wicked be scornful of God? • Why should they say in their hearts, ‘You will not avenge it’?

14 Surely, you behold trouble and misery; • you see it and take it in-to your own hand.

15 The helpless commit-selves to you, • for you are the help-er of the or-phan.

16 Break the power of the wicked and ma-li-cious; • search out their wickedness un-til you find none.

17 The Lord shall reign for ev-er and ev-er; • the nations shall pe-rish from his land.

18 Lord, you will hear the desire of the poor; • you will incline your ear to the full-ness of their heart,

19 To give justice to the orphan and op-pressed, • so that people are no longer driven in ter-ror from the land.

Glory to the Father and to the Son • and to the Ho-ly Spi-rit;

as it was in the begin-ning is now • and shall be for ev-er. A-men.
In the Lord have I taken refuge; •
how then can you say to me,
’Flee like a bird to the hills,

‘For see how the wicked bend the bow
and fit their arrows to the string, •
to shoot from the shadows at the true of heart.

‘When the foundations are destroyed, •
— what can the righteous do?’

The Lord is in his holy temple; •
the Lord’s throne is in heaven.

His eyes behold, •
his eyelids try every mortal being.

The Lord tries the righteous as well as the wicked, •
but those who delight in violence his soul abhors.

Upon the wicked he shall rain coals of fire
and burning sulfur; •
scorching wind shall be their portion to drink.

For the Lord is righteous;
he loves righteous deeds, •
and those who are upright shall behold his face.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.
1 Help me, Lord, for no one god-ly is left; •
the faithful have van-ished from the whole hu-manˆrace.

2 They all speak falsely with their neigh-bour; •
they flatter with their lips, but speak from a dou-bleˆheart.

3 O that the Lord would cut off all flat-ter-ing lips •
and the tongue that speaks proudˆboasts!

4 Those who say, ‘With our tongue will we pre-vail; •
our lips will we use; who is lörd o-verˆus?’

5 ‘Because of the oppression of the needy,
and the groan-ing of the poor, •
I will rise up now,’ says the Lord,
‘and set them in the safe-ty that they long for.’

6 The words of the Lord are pure words, •
like silver refined in the furnace
and puri-ﬁed se-ven times in theˆﬁre.

7 You, O Lord, will watch o-ver us •
and guard us from this gene-ra-tion for ev-er.

8 The wicked strut on ev-ery side, •
when what is vile is exalted by the whole hu-manˆrace.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the begin-ning is now •
and shall be for ev-er. A-men.
Psalm 13

1 How long will you forget me, O Lord; for ev-er? •
   How long will you hide your face from me?

2 How long shall I have anguish in my soul
   and grief in my heart, day af-ter day? •
   How long shall my enemy tri-umph over me?

3 Look upon me and an-swer, O Lord my God; •
   lighten my eyes, lest I sleep in death;

4 Lest my enemy say, 'I have pre-vailed a-gainst him,' •
   and my foes rejoice that I have fal-len.

5 But I put my trust in your steadfast love; •
   my heart will rejoice in your sal-va-tion.

6 I will sing to the Lord, •
   for he has dealt so bountiful-ly with me.

Glory to the Fa-ther and to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
1 The fool has said in his heart, 'There is no God.'
   Corrupt are they, and abominable in their wickedness;
   there is no one that does good.

2 The Lord has looked down from heaven
   upon the children of earth,
   to see if there is anyone who is wise
   and seeks after God.

3 But every one has turned back;
   all alike have become corrupt:
   there is none that does good; no, not one.

4 Have they no knowledge, those evil-doers,
   who eat up my people as if they ate bread
   and do not call upon the Lord?

5 There shall they be in great fear;
   for God is in the company of the righteous.

6 Though they would confound the counsel of the poor,
   yet the Lord shall be their refuge.

7 O that Israel’s salvation would come out of Zi-on!
   When the Lord restores the fortunes of his people,
   then will Jacob rejoice and Israel be glad.

Glory to the Father and to the Son
   and to the Holy Spirit;

as it was in the beginning is now
   and shall be for ever. A-men.
Psalm 15

1 Lord, who may dwell in your tabernacle? •
Who may rest upon your holy hill?

2 Whoever leads an uncorrupt life •
and does the thing that is right;

3 Who speaks the truth from the heart •
and bears no deceit on the tongue;

4 Who does no evil to a friend •
and pours no scorn on a neighbour;

5 In whose sight the wicked are not esteemed, •
but who honours those who fear the Lord.

6 Whoever has sworn to a neighbour •
and never goes back on that word;

7,8 Who does not lend money in hope of gain,
 nor takes a bribe against the innocent; •
whoever does these things
 shall never fall.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. A-men.
1 Pre-serve me, O God, for in you have I taken re-fuge; •
   I have said to the Lord, ‘You are my lord,
   all my good de-pends on´you.’

2 All my delight is upon the godly that are in the land, •
   upon those who are no-ble in heart.

3 Though the idols are legion that many run af-ter, •
   their drink offerings of blood I will not offer,
   neither make mention of their names up-on my´lips.

4 The Lord himself is my portion and my cup; •
   in your hands alone is my for-tune.

5 My share has fallen in a fair land; •
   indeed, I have a good-ly he-ri¨tage.

6 I will bless the Lord who has given me coun-sel, •
   and in the night watches he in- structs my´heart.

7 I have set the Lord always be-fore me; •
   he is at my right hand; I shall not¨fall.

8 Wherefore my heart is glad and my spirit re-joi-ces; •
   my flesh al-so shall rest se¨cure.

9 For you will not abandon my soul to Death, •
   nor suffer your faithful one to see the¨Pit.

10 You will show me the path of life;
    in your presence is the full-ness of joy •
    and in your right hand are plea-sures for ev-er¨more.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the begin ning is now •
and shall be for ev-er. A-men.
Hear my just cause, O Lord; consider my complaint; listen to my prayer, which comes not from lying lips.

Let my vindication come forth from your presence; let your eyes behold what is right.

Weigh my heart, examine me by night, refine me, and you will find no impurity in me.

My mouth does not trespass for earthly rewards; I have heeded the words of your lips.

My footsteps hold fast in the ways of your commandments; my feet have not stumbled in your paths.

I call upon you, O God, for you will answer me; incline your ear to me, and listen to my words.

Show me your marvellous loving-kindness, O Saviour of those who take refuge at your right hand from those who rise up against them.

Keep me as the apple of your eye; hide me under the shadow of your wings.

From the wicked who assail me, from my enemies who surround me to take away my life.

They have closed their heart to pity and their mouth speaks proud things.

They press me hard, they surround me on every side, watching how they may cast me to the ground.

Like a lion that is greedy for its prey, like a young lion lurking in secret places.

Arise, Lord; confront them and cast them down; deliver me from the wicked by your sword.
14 Deliver me, O Lord, by your hand • from those whose portion in life is un-end-ing,

15 Whose bellies you fill with your trea-sure, • who are well supplied with children and leave their wealth to their lit´tle ones.

16 As for me, I shall see your face in right-eousˆness; • when I awake and behold your likeness, I shall be sa¨tis-fied.

Glory to the Father and to the Son • and to the Ho-ly Spi-rit;

as it was in the beginning is now • and shall be for ev-er. A-men.

Psalm 18
1.2

1 I love you, O Lord my strength. • The Lord is my crag, my fortress and my de-li-ver´er,

2 My God, my rock in whom I take re-fuge, • my shield, the horn of my salvation and my strong-hold.

3 I cried to the Lord in my an-guish • and I was saved from my en-e´mies.

4 The cords of death en-twined me • and the torrents of destruction o-ver-whelmed me.

5 The cords of the Pit fastened a-bout me • and the snares of death en-tan-gled´me.

6 In my distress I called upon the Lord • and cried out to my God for´help.

7 He heard my voice in his tem-ple • and my cry came to his´ears.
8 The earth trembled and quaked; •
the foundations of the moun-tains shook;
they reeled because he was an-gry.

9 Smoke rose from his nostrils
and a consuming fire went out of his mouth; •
burning coals blazed forth from him.

10 He parted the heavens and came down •
and thick darkness was un-der his feet.

11 He rode upon the cherubim and flew; •
he came flying on the wings of the wind.

12 He made darkness his covering round a-bout him, •
dark waters and thick clouds his pa-vi-li-on.

13 From the brightness of his presence, through the clouds •
burst hail-stones and coals of fire.

14 The Lord also thundered out of hea-ven; •
the Most High uttered his voice
with hail-stones and coals of fire.

15 He sent out his arrows and scat-tered them; •
he hurled down lightnings and put them to flight.

16 The springs of the ocean were seen,
and the foundations of the world un-co-vered •
at your rebuke, O Lord,
at the blast of the breath of your dis-plea-sure.

17 He reached down from on high and took me; •
he drew me out of the migh-ty wa-ters.

18 He delivered me from my strong en-e-my, •
from foes that were too migh-ty for me.

19 They came upon me in the day of my trou-ble; •
but the Lord was my up-hold-er.

20 He brought me out into a place of li-ber-ty; •
he rescued me because he de-light-ed in me.
The Lord rewarded me after my righteous dealing; according to the cleanness of my hands he reimbursed me,

Because I had kept the ways of the Lord and had not gone wickedly away from my God,

For I had an eye to all his laws, and did not cast out his commandments from me.

I was also wholehearted before him and kept myself from iniquity;

Therefore the Lord rewarded me after my righteous dealing and according to the cleanness of my hands in his sight.

With the faithful you show yourself faithful; with the true you show yourself true;

With the pure you show yourself pure, but with the crooked you show yourself perverse.

For you will save a lowly people and bring down the high looks of the proud.

You also shall light my candle; the Lord my God shall make my darkness to be bright.

By your help I shall run at an enemy host; with the help of my God I can leap over a wall.

As for God, his way is perfect; the word of the Lord is tried in the fire; he is a shield to all who trust in him.

For who is God but the Lord, and who is the rock except our God?

It is God who girds me about with strength and makes my way perfect.

He makes my feet like hinds' feet so that I tread surely on the heights.
35 He teaches my hands to fight \textbullet\ and my arms to bend a bow of bronze.

36 You have given me the shield of your salvation; \textbullet\ your right hand upholds me and your grace has made me great.

37 You enlarge my strides beneath me, \textbullet\ yet my feet do not slide.

38 I will pursue my enemies and overtake them, \textbullet\ nor turn again until I have destroyed them.

39 I will smite them down so they cannot rise; \textbullet\ they shall fall beneath my feet.

40 You have girded me with strength for the battle; \textbullet\ you will cast down my enemies under me;

41 You will make my foes turn their backs on me \textbullet\ and I shall destroy them that hate me.

42 They will cry out, but there shall be none to help them; \textbullet\ they will cry to the Lord, but he will not answer.

43 I shall beat them as small as the dust on the wind; \textbullet\ I will cast them out as the mire in the streets.

44 You will deliver me from the strife of the peoples; \textbullet\ you will make me the head of the nations.

45 A people I have not known shall serve me; as soon as they hear me, they shall obey me; \textbullet\ strangers will humble themselves before me.

46 The foreign peoples will lose heart \textbullet\ and come trembling out of their strongholds.

47 The Lord lives, and blessed be my rock! \textbullet\ Praised be the God of my salvation,

48 Even the God who vindicates me \textbullet\ and subdues the peoples under me!
49 You that deliver me from my enemies,
you will set me up above my foes; •
from the violent you will de-li-verˆme;

50 Therefore will I give you thanks, O Lord, among the na-tions •
and sing prai-ses to yourˆname,

51 To the one who gives great victory to his king •
and shows faithful love to his anointed,
to David and his seed for ev-er.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the begin-ning is now •
and shall be for ev-er. A-men.
7 The law of the Lord is perfect, re-vi-ving the soul; •
the testi-mony of the Lord is sure
and gives wisdom to the sim-ple.

8 The statutes of the Lord are right and re-joice the heart; •
the commandment of the Lord is pure
and gives light to the eyes.

9 The fear of the Lord is clean and en-dures for ev-er; •
the judgements of the Lord are true
and righteous al-to-geth-er.

10 More to be desired are they than gold,
more than much fine gold, •
sweeter also than honey,
dripping from the ho`ney-comb.

11 By them also is your`ser-vant taught •
and in keeping them there is great`re-ward.

12 Who can tell how oft-en`they of-fend? •
O cleanse me from my se-cret faults!

13 Keep your servant also from presumptuous sins
l.est they get do-min-ion`o-ver me; •
so shall I be undefiled,
and innocent of great`of-fence.

14 Let the words of my mouth and the meditation of my heart
be ac-cept-a`ble`in your sight. •
O Lord, my strength and my re-deem-er.

Glory to the Fa-ther`and`to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
May the Lord hear you in the day of trouble, the name of the God of Jacob defend you;

Send you help from his sanctuary and strengthen you out of Zion;

Remember all your offerings and accept your burnt sacrifice;

Grant you your heart's desire and fulfil all your mind.

May we rejoice in your salvation and triumph in the name of our God; may the Lord perform all your petitions.

Now I know that the Lord will save his anointed; he will answer him from his holy heaven, with the mighty strength of his right hand.

Some put their trust in chariots and some in horses, but we will call only on the name of the Lord our God.

They are brought down and fallen, but we are risen and stand upright.

O Lord, save the king and answer us when we call upon you.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
The king shall rejoice in your strength, O Lord; how greatly shall he rejoice in your salvation!

You have given him his heart’s desire and have not denied the request of his lips.

For you come to meet him with blessings of goodness and set a crown of pure gold upon his head.

He asked of you life and you gave it him, length of days, for ever and ever.

His honour is great because of your salvation; glory and majesty have you laid up-on him.

You have granted him everlasting felicity and will make him glad with joy in your presence.

For the king puts his trust in the Lord; because of the loving-kindness of the Most High, he shall not be overthrown.

Your hand shall mark down all your enemies; your right hand will find out those who hate you.

You will make them like a fiery oven in the time of your wrath; the Lord will swallow them up in his anger and the fire will consume them.

Their fruit you will root out of the land and their seed from among its inhabitants.

Because they intend evil against you and devise wicked schemes which they can not perform,

You will put them to flight when you aim your bow at their faces.
Be exalted, O Lord, in your own might; •
we will make music and sing of your pow-er.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 22

1 My God, my God, why have you for-sa-kenˆme, •
and are so far from my salvation,
from the words of myˆdis-tress?

2 O my God, I cry in the daytime,
but you do not an-swер; •
and by night also, but I findˆno rest.

3 Yet you are the Ho-ly°One, •
enthroned upon the praises of Is^ra-el.

4 Our forebears trusted in you; •
they trusted, and you de-livˆered them.

5 They cried out to you and were de-liv-ered; •
they put their trust in you and were not con-founded.

6 But as for me, I am a worm and no man, •
scorned by all and despised by the peo-ple.

7 All who see me laugh me to scorn; •
they curl their lips and wag their°hēads, say-ing,

8 ‘He trusted in the Lord, let him de-liv-erˆhim; •
let him deliver him, if he de-lights°in him.

9 But it is you that took me out of the womb •
and laid me safe upon my moˆther’s breast.
10 On you was I cast ever since I was born; you are my God even from my mother's womb.

11 Be not far from me, for trouble is near at hand and there is none to help.

12 Mighty oxen come a-round me; fat bulls of Bashan close me in on ev'ry side.

13 They gape upon me with their mouths as it were a ramping and a roaring lion.

14 I am poured out like water; all my bones are out of joint; my heart has become like wax melting in the depths of my body.

15 My mouth is dried up like a potsherd; my tongue cleaves to my gums; you have laid me in the dust of death.

16 For the hounds are all about me, the pack of evildoers close in on me; they pierce my hands and my feet.

17 I can count all my bones; they stand staring and looking up on me.

18 They divide my garments among them; they cast lots for my clothing.

19 Be not far from me, O Lord; you are my strength; hasten to help me.

20 Deliver my soul from the sword, my poor life from the power of the dog.

21 Save me from the lion's mouth, from the horns of wild oxen. You have answered me!

22 I will tell of your name to my people; in the midst of the congregation will I praise you.
23 Praise the Lord, you that fear him; •
O seed of Jacob, glorify him;
    stand in awe of him, O seed of Is-ra-el.

24 For he has not despised nor abhorred the suffering of the poor;
    neither has he hidden his face from them; •
but when they cried to him he heard them.

25 From you comes my praise in the great congre-ga-tion; •
I will perform my vows
    in the presence of those that fear you.

26 The poor shall eat and be sa-tis-fied; •
those who seek the Lord shall praise him;
    their hearts shall live for ev-er.

27 All the ends of the earth
    shall remember and turn to the Lord, •
and all the families of the nations shall bow be-fore him.

28 For the kingdom is the Lord’s •
    and he rules over the na-tions.

29 How can those who sleep in the earth
    bow down in wor-ship, •
or those who go down to the dust kneel be-fore him?

30 He has saved my life for himself;
    my descendants shall serve him; •
this shall be told of the Lord for genera-tions to come.

31 They shall come and make known his salvation,
    to a people yet un-born, •
declaring that he, the Lord, has done it.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
Psalm 23

VIII.1

1 The Lord is my shepherd; therefore can I lack no-thing.

2 He makes me lie down in green pastures and leads me beside still waters.

3 He shall refresh my soul and guide me in the paths of righteousness for his name’s sake.

4 Though I walk through the valley of the shadow of death, I will fear no evil; for you are with me; your rod and your staff, they comfort me.

5 You spread a table before me in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full.

6 Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.

Psalm 24

VII.5

1 The earth is the Lord’s and all that fills it, the compass of the world and all who dwell there in.
For he has founded it up-on the seas and set it firm upon the rivers of the deep.

‘Who shall ascend the hill of the Lord, or who can rise up in his holy place?’

‘Those who have clean hands and a pure heart, who have not lifted up their soul to an idol, nor sworn an oath to a lie;

‘They shall receive a blessing from the Lord, a just reward from the God of their salvation.’

Such is the company of those who seek him, of those who seek your face, O God of Jacob.

Lift up your heads, O gates; be lifted up, you everlasting doors; and the King of glory shall come in.

‘Who is the King of glory?’ ‘The Lord, strong and mighty, the Lord who is mighty in battle.’

Lift up your heads, O gates; be lifted up, you everlasting doors; and the King of glory shall come in.

‘Who is this King of glory?’ ‘The Lord of hosts, he is the King of glory.’

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
To you, O Lord, I lift up my soul;
O my God, in you I trust;
let me not be put to shame;
let not my enemies triumph over me.

Let none who look to you be put to shame,
but let the treacherous be shamed and frustrated.

Make me to know your ways, O Lord,
and teach me your paths.

Lead me in your truth and teach me,
for you are the God of my salvation;
for you have I hoped all the day long.

Remember, Lord, your compassion and love,
for they are from everlasting.

Remember not the sins of my youth
or my transgressions,
but think on me in your goodness, O Lord,
according to your steadfast love.

Gracious and upright is the Lord;
therefore shall he teach sinners in the way.

He will guide the humble in doing right
and teach his way to the lowly.

All the paths of the Lord are mercy and truth
to those who keep his covenant and his testimonies.

For your name's sake, O Lord,
be merciful to my sin, for it is great.

Who are those who fear the Lord?
Them will he teach in the way that they should choose.

Their soul shall dwell at ease
and their offspring shall inherit the land.
The hidden purpose of the Lord is for those who fear him • and he will show them his co-vection.

My eyes are ever looking to the Lord, • for he shall pluck my feet out of the net.

Turn to me and be gracious to me, • for I am alone and brought very low.

The sorrows of my heart have increased; • O bring me out of my distress.

Look upon my adversity and misery • and forgive me all my sin.

Look upon my enemies, for they are many • and they bear a violent hatred against me.

O keep my soul and deliver me; • let me not be put to shame, for I have put my trust in you.

Let integrity and uprightness preserve me, • for my hope has been in you.

Deliver Israel, O God, • out of all his troubles.

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. A-men.
2 Test me, O Lord, and try me; •
examine my heart and my mind.

3 For your love is before my eyes; •
I have walked in your truth.

4 I have not joined the company of the false, •
nor consorted with the deceitful.

5 I hate the gathering of evil-doers •
and I will not sit down with the wicked.

6 I will wash my hands in innocence, O Lord, •
that I may go about your altar,

7 To make heard the voice of thanksgiving •
and tell of all your wonderful deeds.

8 Lord, I love the house of your habitation •
and the place where your glory abides.

9 Sweep me not away with sinners, •
nor my life with the blood-thirsty,

10 Whose hands are full of wicked schemes •
and their right hand full of bribes.

11 As for me, I walk with integrity; •
redeem me, Lord, and be merciful to me.

12 My foot stands firm; •
in the great congregation I will bless the Lord.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. Amen.
1 The Lord is my light and my salvation; 
whom then shall I fear? •
The Lord is the strength of my life; 
of whom then shall I be afraid?

2 When the wicked, even my enemies and my foes, 
came upon me to eat up my flesh, •
they stumbled and fell.

3 Though a host encamp against me, 
my heart shall not be afraid, •
and though there rise up war against me, 
yet will I put my trust in him.

4 One thing have I asked of the Lord 
and that alone I seek: •
that I may dwell in the house of the Lord 
all the days of my life,

5 To behold the fair beauty of the Lord •
and to seek his will in his temple.

6 For in the day of trouble 
he shall hide me in his shelter; •
in the secret place of his dwelling shall he hide me 
and set me high up-on a rock.

7 And now shall he lift up my head •
above my enemies round about me;

8 Therefore will I offer in his dwelling an oblation 
with great gladness; •
I will sing and make music to the Lord.

9 Hear my voice, O Lord, when I call; •
have mercy upon me and answer me.

10 My heart tells of your word, ‘Seek my face.’ •
Your face, Lord, will I seek.
11 Hide not your face from me, •
    nor cast your servant away in dis-plea-sure.

12 You have been my help-er; •
    leave me not, neither forsake me, O God of my sal-va-tion.

13 Though my father and my mother for-sake me, •
    the Lord will take me up.

14 Teach me your way, O Lord; •
    lead me on a level path,
        because of those who lie in wait for me.

15 Deliver me not into the will of my ad-ver-saries, •
    for false witnesses have risen up against me,
        and those who breathe out vi-o-lence.

16 I believe that I shall see the goodness of the Lord •
    in the land of the liv-ing.

17 Wait for the Lord;
        be strong and he shall comfort your heart; •
    wait pa-tient-ly for the Lord.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 28
IV.4

1 To you I call, O Lord my rock;
    be not deaf to my cry, •
    lest, if you do not hear me,
        I become like those who go down to the Pit.

2 Hear the voice of my prayer when I cry out to you, •
    when I lift up my hands to your ho-ly of ho-lies.
Do not snatch me away with the wicked, with the evil-doers, who speak peaceably with their neighbours, while malice is in their hearts.

Repay them according to their deeds and according to the wickedness of their devices.

Reward them according to the work of their hands and pay them their just deserts.

They take no heed of the Lord's doings, nor of the works of his hands; therefore shall he break them down and not build them up.

Blessed be the Lord, for he has heard the voice of my prayer.

The Lord is my strength and my shield; my heart has trusted in him and I am helped;

Therefore my heart dances for joy and in my song will I praise him.

The Lord is the strength of his people, a safe refuge for his anointed.

Save your people and bless your inheritance; shepherd them and carry them for ever.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.
A-scribe to the Lord, you powers of hea-ven, •
ascribe to the Lord glo-ry and strength.

Ascribe to the Lord the honour due to his name; •
worship the Lord in the beau-ty of ho-liˆness.

The voice of the Lord is upon the waters;
the God of glory thun-ders; •
the Lord is upon the migh-ty wa-ters.

The voice of the Lord is mighty in oper-a-tion; •
the voice of the Lord is a glo-ri-ous voice.

The voice of the Lord breaks the ce-darˆtrees; •
the Lord breaks the ce-dars of Le-baˆnon;

He makes Lebanon skip like a calf •
and Sirion like a young wildˆox.

The voice of the Lord splits the flash of lightning;
the voice of the Lord shakes the wil-derˆness; •
the Lord shakes the wilder-ness of Kad-esh.

The voice of the Lord makes the oak trees writhe
and strips the forests bare; •
in his temple all cry, ‘Glo-ry!’

The Lord sits enthroned above the wa-terˆflood; •
the Lord sits enthroned as king for ev-erˆmore.

The Lord shall give strength to his peo-ple; •
the Lord shall give his people the bles-sing of peace.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 I will exalt you, O Lord,  
    because you have raised me up  
    and have not let my foes triumph over me.

2 O Lord my God, I cried out to you  
    and you have healed me.

3 You brought me up, O Lord, from the dead;  
    you restored me to life from among those that go down to the Pit.

4 Sing to the Lord, you servants of his;  
    give thanks to his holy name.

5 For his wrath endures but the twinkling of an eye,  
    his favour for a lifetime.  
    Heaviness may endure for a night,  
    but joy comes in the morning.

6 In my prosperity I said,  
    'I shall never be moved.'  
    You, Lord, of your goodness,  
    have made my hill so strong.'

7 Then you hid your face from me  
    and I was utterly dismayed.

8 To you, O Lord, I cried;  
    to the Lord I made my supplication:

9 ‘What profit is there in my blood,  
    if I go down to the Pit?  
    Will the dust praise you or declare your faithfulness?

10 ‘Hear, O Lord, and have mercy upon me;  
    O Lord, be my helper.’

11 You have turned my mourning into dancing;  
    you have put off my sackcloth and girded me with gladness;
Therefore my heart sings to you without ceasing; •
O Lord my God, I will give you thanks for ever.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 31

In you, O Lord, have I taken refuge;
let me never be put to shame; •
deliver me in your righteousness.

Incline your ear to me; •
make haste to deliver me.

Be my strong rock, a fortress to save me,
for you are my rock and my stronghold; •
guide me, and lead me for your name's sake.

Take me out of the net that they have laid secretly for me, •
for you are my strength.

Into your hands I commend my spirit, •
for you have redeemed me, O Lord God of truth.

I hate those who cling to worthless idols; •
I put my trust in the Lord.

I will be glad and rejoice in your mercy, •
for you have seen my affliction and known my soul in adversity.

You have not shut me up in the hand of the enemy; •
you have set my feet in an open place.
Have mercy on me, O Lord, for I am in trouble; •
my eye is consumed with sorrow,
my soul and my body also.

For my life is wasted with grief,
and my years with sighing; •
my strength fails me because of my affliction,
and my bones are consumed.

I have become a reproach to all my enemies
and even to my neighbours,
an object of dread to my acquaintance; •
when they see me in the street they flee from me.

I am forgotten like one that is dead, • out of mind; •
I have become like a broken vessel.

For I have heard the whispering of the crowd;
fear is on every side; •
they scheme together against me,
and plot to take my life.

But my trust is in you, O Lord. •
I have said, ‘You are my God.

‘My times are in your hand; •
deliver me from the hand of my enemies,
and from those who persecute me.

‘Make your face to shine upon your servant, •
and save me for your mercy’s sake.’

Lord, let me not be confounded
for I have called upon you; •
but let the wicked be put to shame;
let them be silent in the grave.

Let the lying lips be put to silence •
that speak against the righteous
with arrogance, disdain and contempt.

How abundant is your goodness, O Lord,
which you have laid up for those who fear you; •
which you have prepared in the sight of all
for those who put their trust in you.
20 You hide them in the shelter of your presence from those who slander them; you keep them safe in your refuge from the strife of tongues.

21 — Blessed be the Lord! For he has shown me his steadfast love when I was as a city besieged.

22 I had said in my alarm, ‘I have been cut off from the sight of your eyes.’ Nevertheless, you heard the voice of my prayer when I cried out to you.

23 Love the Lord, all you his servants; for the Lord protects the faithful, but repays to the full the proud.

24 Be strong and let your heart take courage, all you who wait in hope for the Lord.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.

Psalm 32

VI

1 Happy the one whose transgression is forgiven, and whose sin is covered.

2 Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.

3 For I held my tongue; my bones wasted away through my groaning all the day long.

4 Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer.
5 Then I acknowledged my sin to you • and my iniquity I did not hide.

6 I said, ‘I will confess my transgressions to the Lord,’ • and you forgave the guilt of my sin.

7 Therefore let all the faithful make their prayers to you in time of trouble; • in the great water flood, it shall not reach them.

8 You are a place for me to hide in; • you preserve me from trouble; • you surround me with songs of deliverance.

9 ‘I will instruct you and teach you in the way that you should go; • I will guide you with my eye.

10 ‘Be not like horse and mule which have no understanding; • whose mouths must be held with bit and bridle, or else they will not stay near you.’

11 Great tribulations remain for the wicked, • but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; • shout for joy, all who are true of heart.

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. A-men.
Psalm 33
V.1

1 Re-joice in the Lord, O you right-eous, for it is good for the just to sing praises.

2 Praise the Lord with the lyre; on the ten-stringed harp sing his praise.

3 Sing for him a new song; play skilfully, with shouts of praise.

4 For the word of the Lord is true and all his works are sure.

5 He loves righteousness and justice; the earth is full of the loving-kindness of the Lord.

6 By the word of the Lord were the heavens made and all their host by the breath of his mouth.

7 He gathers up the waters of the sea as in a water skin and lays up the deep in his treasury.

8 Let all the earth fear the Lord; stand in awe of him, all who dwell in the world.

9 For he spoke, and it was done; he commanded, and it stood fast.

10 The Lord brings the counsel of the nations to naught; he frustrates the designs of the peoples.

11 But the counsel of the Lord shall endure for ever and the designs of his heart from generation to generation.

12 Happy the nation whose God is the Lord and the people he has chosen for his own.

13 The Lord looks down from heaven and beholds all the children of earth.
14 From where he sits enthroned he turns his gaze on all who dwell on the earth.

15 He fashions all the hearts of them and understands all their works.

16 No king is saved by the might of his host; no warrior delivered by his great strength.

17 A horse is a vain hope for deliverance; for all its strength it cannot save.

18 Behold, the eye of the Lord is upon those who fear him, on those who wait in hope for his steadfast love,

19 To deliver their soul from death and to feed them in time of famine.

20 Our soul waits longingly for the Lord; he is our help and our shield.

21 Indeed, our heart rejoices in him; in his holy name have we put our trust.

22 Let your loving-kindness, O Lord, be on us, as we have set our hope on you.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.
I will bless the Lord at all times; his praise shall ever be in my mouth.

My soul shall glory in the Lord; let the humble hear and be glad.

O magnify the Lord with me; let us exalt his name together.

I sought the Lord and he answered me and delivered me from all my fears.

Look upon him and be radiant and your faces shall not be ashamed.

This poor soul cried, and the Lord heard me and saved me from all my troubles.

The angel of the Lord encamps around those who fear him – and delivers them.

O taste and see that the Lord is gracious; blessed is the one who trusts in him.

Fear the Lord, all you his holy ones, for those who fear him lack nothing.

Lions may lack and suffer hunger, but those who seek the Lord lack nothing that is good.

Come, my children, and listen to me; I will teach you the fear of the Lord.

Who is there who delights in life and longs for days to enjoy good things?

Keep your tongue from evil and your lips from lying words.
14 Turn from evil and do good; seek peace and pursue it.

15 The eyes of the Lord are upon the righteous and his ears are open to their cry.

16 The face of the Lord is against those who do evil, to root out the remembrance of them from the earth.

17 The righteous cry and the Lord hears them and delivers them out of all their troubles.

18 The Lord is near to the broken-hearted and will save those who are crushed in spirit.

19 Many are the troubles of the righteous; from them all will the Lord deliver them.

20 He keeps all their bones, so that not one of them is broken.

21 But evil shall slay the wicked and those who hate the righteous will be condemned.

22 The Lord ransoms the life of his servants and will condemn none who seek refuge in him.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
1 Con-tend, O Lord, with those that contend with me; fight against those who fight against me.

2 Take up shield and buckler and rise up to help me.

3 Draw the spear and bar the way against those who pursue me; say to my soul, ‘I am your salvation.’

4 Let those who seek after my life be shamed and disgraced; let those who plot my ruin fall back and be put to confusion.

5 Let them be as chaff before the wind, with the angel of the Lord thrusting them down.

6 Let their way be dark and slippery, with the angel of the Lord pursuing them.

7 For they have secretly spread a net for me without a cause; without any cause they have dug a pit for my soul.

8 Let ruin come upon them unawares; let them be caught in the net they laid; let them fall in it to their destruction.

9 Then will my soul be joyful in the Lord and glory in his salvation.

10 My very bones will say, ‘Lord, who is like you? You deliver the poor from those that are too strong for them, the poor and needy from those who would despoil them.’

11 False witnesses rose up against me; they charged me with things I knew not.

12 They rewarded me evil for good, to the desolation of my soul.
But as for me, when they were sick I put on sack-cloth and humbled my-self with fast-ing;

When my prayer returned empty to my bo-som, it was as though I grieved for my friend or bro-ther;

I behaved as one who mourns for his mo-ther, bowed down and bröught ve-ry low.

But when I stumbled, they gathered in delight; they gathered together a-gainst me; as if they were strangers I did not know they tore at me with-out ceas-ing.

When I fell they mocked me; they gnashed at me with their`teeth.

O Lord, how long will you look on? Rescue my soul from their ravages, and my poor life from the young li-ons.

I will give you thanks in the great congre-ga-tion; I will praise you in the migh-ty`throng.

Do not let my treacherous foes rejoice o-ver me, or those who hate me without a cause mock me with their glan-ces.

For they do not speak of peace, but invent deceitful schemes against those that are qui-et in the`land.

They opened wide their mouths and derided me, say-ing `We have seen it with our ve-ry`eyes.'

This you have seen, O Lord; do not keep si-lent; go not far from me, O`Lord.

Awake, arise, to my cause, to my defence, my God and my Lord!

Give me justice, O Lord my God, according to your right-eous-ness; let them not tri-umph o-ver`me.
26 Let them not say to themselves,  
‘Our heart’s de-sire!’ •  
Let them not say, ‘We have swal-lowed him up.’

27 Let all who rejoice at my trouble be put to shame and con-fu-sion; •  
let those who boast against me  
be clothed with shame and dis-hon-our.

28 Let those who favour my cause rejoice and be glad; •  
let them say always,  
‘Great is the Lord, who delights in his ser-vant’s well-be-ing.’

29 So shall my tongue be talking of your right-eous-ness •  
and of your praise all the day long.

Glory to the Father and to the Son •  
and to the Ho-ly Spi-rit;  
as it was in the begin-ning is now •  
and shall be for ev-er. A-men.

Psalm 36
II.1

1 Sin whis-pers to the wicked, in the depths of their heart; •  
there is no fear of God be-foreˆtheir eyes.

2 They flatter themselves in their own eyes •  
that their abominable sin will not be found out.

3 The words of their mouth are unrighteous and full of de-ceit; •  
they have ceased to act wisely and to do good.

4 They think out mischief upon their beds  
and have set them-selves in no good way; •  
nor do they abhor that which is e-vil.

5 Your love, O Lord, reaches to the hea-vens •  
and your faithful-ness to the clouds.
6 Your righteousness stands like the strong mountains,
your justice like the great deep; •
you, Lord, shall save both man and beast.

7 How precious is your loving mercy, O God! •
All mortal flesh shall take refuge
under the shadow of your wings.

8 They shall be satisfied with the abundance of your house; •
they shall drink from the river of your delights.

9 For with you is the well of life •
and in your light shall we see light.

10 O continue your loving-kindness to those who know you •
your righteousness to those who are true of heart.

11 Let not the foot of pride come against me, •
nor the hand of the ungodly thrust me away.

12 There are they fallen, all who work wickedness. •
They are cast down and shall not be able to stand.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 37

1 Fret not because of evil-doers; •
be not jealous of those who do wrong.

2 For they shall soon wither like grass •
and like the green herb fade a-way.

3 Trust in the Lord and be doing good; •
dwell in the land and be nourished with truth.
4  Let your delight be in the Lord •
   and he will give you your heart’s desire.

5  Commit your way to the Lord and put your trust in him, •
   and he will bring it to pass.

6  He will make your righteousness as clear as the light •
   and your just dealing as the noon-day.

7  Be still before the Lord and wait for him; •
   do not fret over those that prosper
   as they follow their evil schemes.

8  Refrain from anger and abandon wrath; •
   do not fret, lest you be moved to evil.

9  For evildoers shall be cut off, •
   but those who wait upon the Lord shall possess the land.

10 Yet a little while and the wicked shall be no more; •
    you will search for their place and find them gone.

11 But the lowly shall possess the land •
    and shall delight in abundance of peace.

12 The wicked plot against the righteous •
    and gnash at them with their teeth.

13 The Lord shall laugh at the wicked, •
    for he sees that their day is coming.

14 The wicked draw their sword and bend their bow
    to strike down the poor and needy, •
    to slaughter those who walk in truth.

15 Their sword shall go through their own heart •
    and their bows shall be broken.

16 The little that the righteous have •
    is better than great riches of the wicked.

17 For the arms of the wicked shall be broken, •
    but the Lord upholds the righteous.
The Lord knows the days of the god-ly, •
and their inheritance shall stand for ev-er.

They shall not be put to shame in the peri-lous time, •
and in days of famine they shall have e-nough.

But the wicked shall perish;
like the glory of the meadows
the enemies of the Lord shall van-ish; •
they shall van-ish like smoke.

The wicked borrow and do not re-pay, •
but the righteous are gene-rous in giv-ing.

For those who are blest by God shall possess the land, •
but those who are cursed by him shall be root-ed out.

When your steps are guided by the Lord •
and you de-light in his way,

Though you stumble, you shall not fall head-long, •
for the Lord holds you fast by the hand.

I have been young and now am old, •
yet never have I seen the righteous forsaken,
or their children beg-ging their bread.

All the day long they are generous in lend-ing, •
and their children al-so shall be blest.

Depart from evil and do good •
and you shall a-bide for ev-er.

For the Lord loves the thing that is right •
and will not for-sake his faith-ful ones.

The unjust shall be destroyed for ev-er, •
and the offspring of the wicked shall be root-ed out.

The righteous shall possess the land •
and dwell in it for ev-er.

The mouth of the righteous utters wis-dom, •
and their tongue speaks the thing that is right.
32 The law of their God is in their heart •
and their foot-steps shall not slide.

33 The wicked spy on the right-eous •
and seek occa-sion to slay them.

34 The Lord will not leave them in their hand, •
nor let them be con-demned when they are judged.

35 Wait upon the Lord and keep his way; •
he will raise you up to possess the land,
and when the wicked are uprooted, you shall see it.

36 I myself have seen the wicked in great pow-er •
and flourishing like a tree in full leaf.

37 I went by and lo, they were gone; •
I sought them, but they could no-where be found.

38 Keep innocence and heed the thing that is right, •
for that will bring you peace at the last.

39 But the sinners shall perish to-geth-er, •
and the posterity of the wicked shall be root-ed out.

40 The salvation of the righteous comes from the Lord; •
he is their stronghold in the time of trou-ble.

41 The Lord shall stand by them and deli-ver them; •
he shall deliver them from the wicked and shall save them,
because they have put their trust in him.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the beginning is now •
and shall be for ev-er. A-men.
1 Re-buke me not, O Lord, in your an-ger, •
neither chasten me in your hea-vy dis-plea-sure.

2 For your arrows have stuck fast in me •
and your hand presses hard up-on me.

3 There is no health in my flesh
because of your indig-na-tion; •
there is no peace in my bones be-cause of my sin.

4 For my iniquities have gone over my head; •
their weight is a burden too hea- vy to bear.

5 My wounds stink and fes-ter •
because of my fool- ish`ness.

6 I am utterly bowed down and brought ve- ry low; •
I go about mourning all the day long.

7 My loins are filled with sear-ing pain; •
there is no health in my flesh.

8 I am feeble and utter-ly crushed; •
I roar aloud because of the dis-qui-et of my` heart.

9 O Lord, you know all my de-sires •
and my sighing is not hid-den from you.

10 My heart is pounding, my strength has failed me; •
the light of my eyes is gone from`me.

11 My friends and companions stand apart from my af-flic-tion; •
my neighbours stand a-far off.

12 Those who seek after my life lay snares for me; •
and those who would harm me whisper evil
   and mutter slander all the day long.

13 But I am like one who is deaf and hears not, •
like one that is dumb, who does not o-pen his mouth.
14 I have become like one who does not hear •
and from whose mouth comes no re\textsuperscript{tort}.

15 For in you, Lord, have I put my trust; •
you will answer me, O Lord my\textsuperscript{God}.

16 For I said, ‘Let them not triumph o\textsuperscript{ver} me, •
those who exult over me when my foot slips.’

17 Truly, I am on the verge of fal\textsuperscript{ling} •
and my pain is e\textsuperscript{ver} with me.

18 I will confess my in\textsuperscript{iquity} •
and be sor\textsuperscript{ry} for my sin.

19 Those that are my enemies without any cause are migh\textsuperscript{ty}, •
and those who hate me wrongfully are ma\textsuperscript{ny} in num\textsuperscript{ber}.

20 Those who repay evil for good are a\textsuperscript{gainst} me, •
because the good is what I seek.

21 Forsake me not, O Lord; •
be not far from me, O my\textsuperscript{God}.

22 Make haste to help me, •
O Lord of my sal\textsuperscript{va-tion}.

Glory to the Father and to the Son •
and to the Ho\textsuperscript{ly} Spi\textsuperscript{rit};

as it was in the beginning is now •
and shall be for ev\textsuperscript{er}. A\textsuperscript{men}. 
I said, ‘I will keep watch over my ways, so that I offend not with my tongue.

‘I will guard my mouth with a muzzle, while the wicked are in my sight.’

So I held my tongue and said no-thing; I kept silent but to no avail.

My distress increased, my heart grew hot within me; while I mused, the fire was kindled and I spoke out with my tongue:

‘Lord, let me know my end and the number of my days, that I may know how short my time is.

‘You have made my days but a handsbreadth, and my lifetime is as nothing in your sight; truly, even those who stand upright are but a breath.

‘We walk about like a shadow and in vain we are in toil; we heap up riches and cannot tell who will gather them.

‘And now, what is my hope? Truly my hope is e-ven in you.

‘Deliver me from all my trans-gres-sions and do not make me the taunt of the fool.’

I fell silent and did not open my mouth, for surely it was your do-ing.

Take away your plague from me; I am consumed by the blows of your hand.

With rebukes for sin you punish us; like a moth you consume our beau-ty; truly, everyone is but a breath.
Hear my prayer, O Lord, and give ear to my cry; hold not your peace at my tears.

For I am but a stranger with you, a wayfarer, as all my forebears were.

Turn your gaze from me, that I may be glad again, before I go my way and am no more.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.

Psalm 40

I wait-ed patiently for the Lord; he inclined to me and heard my cry.

He brought me out of the roaring pit, out of the mire and clay; he set my feet upon a rock and made my foot-ing sure.

He has put a new song in my mouth, a song of praise to our God; many shall see and fear and put their trust in the Lord.

Blessed is the one who trusts in the Lord, who does not turn to the proud that fol-low a lie.

Great are the wonders you have done, O Lord my God. How great your designs for us! There is none that can be com-pared with you.

If I were to proclaim them and tell of them they would be more than I am a-ble to ex-press.
Sacrifice and offering you do not desire • but my ears you have opened;

Burnt offering and sacrifice for sin you have not required; • then said I: ‘Lo, I come.

‘In the scroll of the book it is written of me that I should do your will, O my God; • I delight to do it: your law is with-in my heart.’

I have declared your righteousness in the great congregation; • behold, I did not restrain my lips, and that, O Lord, you know.

Your righteousness I have not hidden in my heart; I have spoken of your faithfulness and your salvation; • I have not concealed your loving-kindness and truth from the great congregation.

Do not withhold your compassion from me, O Lord; • let your love and your faithfulness always preserve me,

For innumerable troubles have come about me; my sins have overtaken me so that I cannot look up; • they are more in number than the hairs of my head, and my heart fails me.

Be pleased, O Lord, to deliver me; • O Lord, make haste to help me.

Let them be ashamed and altogether dismayed who seek after my life to destroy it; • let them be driven back and put to shame who wish me evil.

Let those who heap insults upon me • be desolate because of their shame.

Let all who seek you rejoice in you and be glad; • let those who love your salvation say always, ‘The Lord is great.’

Though I am poor and needy, • the Lord cares for me.
19 You are my helper and my deliv-er-er; •
O my God, make no deˌlay.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 41
IV.1

1 Bles-sed are those who consider the poor and nee-dy; •
the Lord will deliver them in the time of trou-ble.

2 The Lord preserves them and restores their life,
that they may be happy in the land; •
he will not hand them over to the will of their enˈe-mies.

3 The Lord sustains them on their sick-bed; •
their sickness, Lord, you will re-move.

4 And so I said, ‘Lord, be merci-ful to me; •
heal me, for I have sinned a-gainst you.’

5 My enemies speak e-vil a-bout me, •
asking when I shall die and my name pe-rish.

6 If they come to see me, they utter emp-ty words; •
their heart gathers mischief;
when they go out, they tell itˈa-broad.

7 All my enemies whisper toge-ther a-gainst me, •
against me they de-vise e-vil,
8 Saying that a deadly thing has laid hold on me, •
and that I will not rise again from where I lie.

9 Even my bosom friend, whom I trusted,
who ate of my bread, •
has lifted up his heel against me.

10 But you, O Lord, be merciful to me •
and raise me up, that I may reward them.

11 By this I know that you favour me, •
that my enemy does not triumph over me.

12 Because of my integrity you uphold me •
and will set me before your face for ever.

13 Blessed be the Lord God of Is-ra-el, •
from everlasting to everlasting. A-men and A-men.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the begin-ning is now •
and shall be for ev-er. A-men.

Psalm 42
III.4

1 As the deer longs for the wa-ter brooks, •
so longs my soul for you, O God.

2 My soul is athirst for God, even for the liv-ing God; •
when shall I come before the pre-sence of God?

3 My tears have been my bread day and night, •
while all day long they say to me, ‘Where is now your God?’

4 Now when I think on these things, I pour out my soul: •
how I went with the multitude
and led the procession to the house of God,
With the voice of praise and thanks-giv-ing, among those who kept holy day.

Why are you so full of heaviness, O my soul, and why are you so disquieted within me?

O put your trust in God; for I will yet give him thanks, who is the help of my countenance, and my God.

My soul is heavy with me; therefore I will remember you from the land of Jordan, and from Hermon and the hill of Mizar.

Deep calls to deep in the thunder of your waters-falls; all your breakers and waves have gone over me.

The Lord will grant his loving-kindness in the day-time; through the night his song will be with me, a prayer to the God of my life.

I say to God my rock, ‘Why have you forgotten me, and why go I so heavily, while the enemy oppress’es me?’

As they crush my bones, my enemies mock me while all day long they say to me, ‘Where is now your God?’

Why are you so full of heaviness, O my soul, and why are you so disquieted within me?

O put your trust in God; for I will yet give him thanks, who is the help of my countenance, and my God.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the be-gin-ning is now and shall be for ev-er. A-men.
Psalm 43
III.4

1 Give judge-ment for me, O God, and defend my cause against an un-god-ly peo-ple; • deliver me from the deceitful and the wick-ed.

2 For you are the God of my refuge; why have you cast me from you, • and why go I so heavily, while the enemy op-press-es me?

3 O send out your light and your truth, that they may lead me, • and bring me to your holy hill and to your dwell-ing.

4 That I may go to the altar of God, to the God of my joy and glad-ness; • and on the lyre I will give thanks to you, O God my God.

5 Why are you so full of hea-vi-ness, O my soul, • and why are you so disquieted with-in me?

6 O put your trust in God; • for I will yet give him thanks, who is the help of my counte-nance, and my God.

Glory to the Fa-ther and to the Son • and to the Ho-ly Spi-rit;
as it was in the be-gin-ning is now • and shall be for ev-er. A-men.

Psalm 44
I.2

1 We have heard with our ears, O God, our forebears have told us, • all that you did in their days, in time of old;

2 How with your hand you drove out nations and planted us in, • and broke the power of peo-plies and set us free.
For not by their own sword did our ancestors take the land, nor did their own arm save them,

But your right hand, your arm, and the light of your countenance, because you were gracious to them.

You are my King and my God, who commanded salvation for Jacob.

Through you we drove back our adversaries; through your name we trod down our foes.

For I did not trust in my bow; it was not my own sword that saved me;

It was you that saved us from our enemies and put our adversaries to shame.

We gloried in God all the day long, and were ever praising your name.

But now you have rejected us and brought us to shame, and go not out with our armies.

You have made us turn our backs on our enemies, and our enemies have despoiled us.

You have made us like sheep to be slaughtered, and have scattered us among the nations.

You have sold your people for a pitance and made no profit on their sale.

You have made us the taunt of our neighbors, the scorn and derision of those that are round about us.

You have made us a byword among the nations; among the peoples they wag their heads.

My confusion is daily before me, and shame has covered my face,
At the taunts of the slanderer and re-\-vi-\-ler, •
at the sight of the enemy and a-\-ven-\-ger.

All this has come upon us,
though we have not forgot-\-\-ten you •
and have not played false to your co-\-ve\-\-nant.

Our hearts have not turned back, •
nor our steps gone out of your way,

Yet you have crushed us in the haunt of jack-\-als, •
and covered us with the sha-\-dow of death.

If we have forgotten the name of our God, •
or stretched out our hands to a-\-ny strange god,

Will not God search it out? •
For he knows the se-\-crets of the\-\-heart.

But for your sake are we killed all the day long, •
and are counted as sheep for the slaugh-\-ter.

Rise up! Why sleep, O Lord? •
Awake, and do not reject us for ev-\-er.

Why do you hide your face •
and forget our grief and op-pres-sion?

Our soul is bowed down to the dust; •
our belly clëaves to the\-\-earth.

Rise up, O Lord, to help us •
and redeem us for the sake of your stead-fast\-\-love.

**Glory to the Father and to the Son •**
and to the Ho-\-ly Spi-\-rit; **

as it was in the beginning is now •
and shall be for ev-\-er. A-men.**
My heart is astir with gracious words; as I make my song for the king, my tongue is the pen of a ready writer.

You are the fairest of men; full of grace are your lips, for God has blest you for ever.

Gird your sword upon your thigh, O mighty one; gird on your majesty and glory.

Ride on and prosper in the cause of truth and for the sake of humility and righteousness.

Your right hand will teach you terrible things; your arrows will be sharp in the heart of the king’s enemies, so that peoples fall beneath you.

Your throne is God’s throne, for ever; the sceptre of your kingdom is the sceptre of righteousness.

You love righteousness and hate iniquity; therefore God, your God, has anointed you with the oil of gladness above your fellows.

All your garments are fragrant with myrrh, aloes and cas-si-a; from ivory palaces the music of strings makes you glad.

Kings’ daughters are among your honourable women; at your right hand stands the queen in gold of O-phir.

Hear, O daughter; consider and incline your ear; forget your own people and your father’s house.

So shall the king have pleasure in your beauty; he is your lord, so do him honour.

The people of Tyre shall bring you gifts; the richest of the people shall seek your favour.
13 The king’s daughter is all glorious within; •
her clothing is embroidered cloth of gold.

14 She shall be brought to the king in raiment of needlework; •
after her the virgins that are her companions.

15 With joy and gladness shall they be brought •
and enter into the palace of the king.

16 'Instead of your fathers you shall have sons, •
whom you shall make princes over all the land.

17 'I will make your name to be remembered through all generations; •
therefore shall the people praise you for ever and ever.'

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 46

V.1

1 God is our refuge and strength, •
a very present help in trouble;

2 Therefore we will not fear, though the earth be moved, •
and though the mountains tremble in the heart of the sea;

3 Though the waters rage and swell, •
and though the mountains quake at the tower-ing seas.

4 There is a river whose streams make glad the city of God, •
the holy place of the dwelling of the Most High.

5 God is in the midst of her; •
therefore shall she not be removed; •
God shall help her at the break of day.
6 The nations are in uproar and the kingdoms are sha-ken, •
but God utters his voice and the earth shall melt a`way.

7 The Lord of hosts is with us; •
the God of Jacob is our strong-hold.

8 Come and behold the works of the Lord, •
what destruction he has wrought up-on the earth.

9 He makes wars to cease in all the world; •
he shatters the bow and snaps the spear
and burns the cha`ri-ots in the fire.

10 'Be still, and know that I am God; •
I will be exalted among the nations;
I will be ex-alt-ed in the earth.'

11 The Lord of hosts is with us •
the God of Jacob is our strong-hold.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 47
V.2

1 Clap your hands together, all you peo-plies; •
O sing to God with shouts of joy.

2 For the Lord Most High is to be feared; •
he is the great King o-ver all the earth.

3 He subdued the peoples un-der`us •
and the nations un-der our feet.

4 He has chosen our heritage for us, •
the pride of Ja-co-b, whom he loves.
5 God has gone up with a merry noise; the Lord with the sound of the trumpet.

6 O sing praises to God, sing praises; sing praises to our King, sing praises.

7 For God is the king of all the earth; sing praises with all your skill.

8 God reigns over the nations; God has taken his seat upon his holy throne.

9 The nobles of the peoples are gathered together with the people of the God of Abraham.

10 For the powers of the earth belong to God and he is very highly exalted.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Psalm 48

VIII.1

1 Great is the Lord and highly to be praised in the city of our God.

2 His holy mountain is fair and lifted high, the joy of all the earth.

3 On Mount Zion, the divine dwelling place, stands the city of the great king.

4 In her palaces God has shown himself to be a sure refuge.
For behold, the kings of the earth as-sem-bled •
and swept for-ward to-geth-er.

They saw, and were dumb-found-ed; •
dismayed, they fled in ter-ror.

Trembling seized them there;
they writhed like a woman in la-bour, •
as when the east wind shatters the ships of Tar-shish.

As we had heard, so have we seen
in the city of the Lord of hosts, the city of our God: •
God has established her for ev-er.

We have waited on your loving-kindness, O God, •
in the midst of your tem-ple.

As with your name, O God,
so your praise reaches to the ends of the earth; •
your right hand is full of jus-tice.

Let Mount Zion rejoice and the daughters of Judah be glad, •
because of your judge-ments, O Lord.

Walk about Zion and go round about her;
count all her tow-ers; •
consider well her bulwarks; pass through her ci-ta-del,s,

That you may tell those who come after
that such is our God for ever and ev-er. •
It is he that shall be our guide for ev-er´more.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the beginning is now •
and shall be for ev-er. A-men.
Hear this, all you peoples; listen, all you that dwell in the world,

You of low or high degree, both rich and poor together.

My mouth shall speak of wisdom and my heart shall meditate on understanding.

I will incline my ear to a parable; I will unfold my riddle with the lyre.

Why should I fear in evil days, when the malice of my foes surrounds me,

Such as trust in their goods and glory in the abundance of their riches?

For no one can indeed ransom another or pay to God the price of deliverance.

To ransom a soul is too costly; there is no price one could pay for it,

So that they might live for ever, and never see the grave.

For we see that the wise die also; with the foolish and igno-rant they perish and leave their riches to others.

Their tomb is their home for ever, their dwelling through all gene-ra-tions, though they call their lands after their own names.

Those who have honour, but lack un-der-stand-ing, are like the beasts that perish.
13 Such is the way of those who boast in them-selves, • the end of those who delight in their own words.

14 Like a flock of sheep they are destined to die; •
death is their shep-herd; •
they go down straight to the Pit.

15 Their beauty shall waste a-way, •
and the land of the dead shall be their dwell-ing.

16 But God shall ran-som my soul; •
from the grasp of death will he take me.

17 Be not afraid if some grow rich •
and the glory of their house in-creas-es,

18 For they will carry nothing away when they die, •
nor will their glory follow af-ter-them.

19 Though they count themselves happy while they live •
and praise you for your suc-cess,

20 They shall enter the company of their an-ces-tors •
who will nevermore see the light.

21 Those who have honour, but lack un-der-stand-ing, •
are like the beasts that pe-rish.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the begin-ning is now •
and shall be for ever. A-men.
Psalm 50

III.2

1 The Lord, the most mighty God, has spoken and called the world from the rising of the sun to its setting.

2 Out of Zion, perfect in beauty, God shines forth; our God comes and will not keep silence.

3 Consuming fire goes out before him and a mighty tempest stirs about him.

4 He calls the heaven above, and the earth, that he may judge his people:

5 ‘Gather to me my faithful, who have sealed my covenant with sacrifice.’

6 Let the heavens declare his righteousness, for God himself is judge.

7 Hear, O my people, and I will speak: ‘I will testify against you, O Israel; for I am God, your God.

8 ‘I will not reprove you for your sacrifices, for your burnt offerings are always before me.

9 ‘I will take no bull out of your house, nor he-goat out of your folds,

10 ‘For all the beasts of the forest are mine, the cattle upon a thousand hills.

11 ‘I know every bird of the mountains and the insect of the field is mine.

12 ‘If I were hungry, I would not tell you, for the whole world is mine and all that fills it.

13 ‘Do you think I eat the flesh of bulls, or drink the blood of goats?’
14 ‘Offer to God a sacrifice of thanks-giv-ing
•
and fulfil your vows to God Most High.

15 ‘Call upon me in the day of trou-ble;
•
I will deliver you and you shall hon-our me.’

16 But to the wick-ed, says God:
•
‘Why do you recite my statutes
•
and take my cove-nant up-on your lips,

17 ‘Since you refuse to be dis-ci-plined
•
and have cast my words be-hind you?

18 ‘When you saw a thief, you made friends with him
•
and you threw in your lot with a-dul-ter-ers.

19 ‘You have loosed your lips for e-vil
•
and harnessed your tongue to de-ceit.

20 ‘You sit and speak evil of your bro-ther;
•
you slander your own mo-ther’s son.

21 ‘These things have you done, and should I keep si-lence?
•
Did you think that I am even such a one as your-self?

22 ‘But no, I must re-prove you,
•
and set before your eyes the things that you have done.

23 ‘You that forget God, con-si-der this well,
•
lest I tear you apart and there is none to de-liv-er you.

24 ‘Whoever offers me the sacrifice of thanks-giv-ing hon-ours me
•
and to those who keep my way
•
will I show the sal-va-tion of God.’

Glory to the Fa-ther and to the Son
•
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now
•
and shall be for ev-er. A-men.
1 Have mer-cy on me, O God, in your great good-ness; •
   according to the abundance of your compassion
   blot out my of-fen-ces.

2 Wash me thor-ough-ly from my wick-ed¬ness •
   – and cleanse me from my¬sin.

3 For I acknow-ledge my faults •
   and my sin is ev¬er be-fore me.

4 Against you only have I sinned •
   and done what is e-vil in your¬sight,

5 So that you are justified in your sen-tence •
   and right-eous in your judge-ment.

6 I have been wicked even from my birth, •
   a sinner when my mo-ther con-ceived me.

7 Behold, you desire truth deep with-in me •
   and shall make me under-stand wisdom
   in the depths of my heart.

8 Purge me with hyssop and I shall be clean; •
   wash me and I shall be whi-ter than snow.

9 Make me hear of joy and glad¬ness, •
   that the bones you have bro-ken may re¬joice.

10 Turn your face from my sins •
    and blot out all my mis-deeds.

11 Make me a clean heart, O God, •
    and renew a right spi-rit with-in me.

12 Cast me not away from your pre-sence •
    and take not your ho-ly spi-rit from me.

13 Give me again the joy of your sal-va-tion •
    and sustain me with your gra-cious spi-rit;
14 Then shall I teach your ways to the wick-ed •
and sin-ners shall re-turn to you.

15 Deliver me from my guilt, O God,
the God of my sal-va-tion, •
and my tongue shall sing of your right-eous-ness.

16 O Lord, o-pen my lips •
and my mouth shall pro-claim your praise.

17 For you desire no sacrifice, else I would give it; •
you take no de-light in burnt of-fer-ings.

18 The sacrifice of God is a bro-ken spi-rit; •
a broken and contrite heart, O God, you will not des-pise.

19 O be favourable and gra-cious to Zi-on; •
build up the walls of Je-ru-sa-lem.

20 Then you will accept sacrifices offered in righteousness,
the burnt offerings and ob-la-tions; •
then shall they offer up bulls on your al-tar.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the begin-ning is now •
and shall be for ev-er. A-men.
1 Why do you glory in evil, you tyrant, while the goodness of God endures continually?

2 You plot destruction, you deceiver; your tongue is like a sharpened razor.

3 You love evil rather than good, falsehood rather than the word of truth.

4 You love all words that hurt, O you deceitful tongue.

5 Therefore God shall utterly bring you down; he shall take you and pluck you out of your tent and root you out of the land of the living.

6 The righteous shall see this and tremble; they shall laugh you to scorn, and say:

7 ‘This is the one who did not take God for a refuge, but trusted in great riches and relied upon wickedness.’

8 But I am like a spreading olive tree in the house of God; I trust in the goodness of God for ever and ever.

9 I will always give thanks to you for what you have done; I will hope in your name, for your faithful ones delight in it.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
Psalm 53

1 The fool has said in his heart, ‘There is no God.’ •
 Corruption are they, and abominable in their wickedness;
 there is no one that does good.

2 God has looked down from heaven upon the children of earth, •
 to see if there is anyone who is wise and seeks after God.

3 They are all gone out of the way;
 all alike have become corrupt; •
 there is no one that does good, no not one.

4 Have they no knowledge, those evil-doers, •
 who eat up my people as if they ate bread,
 and do not call upon God?

5 There shall they be in great fear,
 such fear as never was; •
 for God will scatter the bones of the ungodly.

6 They will be put to shame, •
 because God has rejected them.

7 O that Israel’s salvation would come out of Zi-on! •
 When God restores the fortunes of his people
 then will Jacob rejoice and Israel be glad.

Glory to the Father and to the Son •
 and to the Holy Spirit;

as it was in the beginning is now •
 and shall be for ever. A-men.
Psalm 54

1 Save me, O God, by your name •
and vindicate me by your pow-er.

2 Hear my prayer, O God; •
give heed to the words of my mouth.

3 For strangers have risen up against me,
  and the ruthless seek after my life; •
they have not set God be-fore them.

4 Behold, God is my help-er; •
it is the Lord who up-holds my life.

5 May evil rebound on those who lie in wait for me; •
destroy them in your faith-ful-ness.

6 An offering of a free heart will I give you •
and praise your name, O Lord, for it is gra-cious.

7 For he has delivered me out of all my trou-ble, •
and my eye has seen the downfall of my en-e mies.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 55

1 Hear my prayer, O God; •
hide not yourself from my pe-ti-tion.

2 Give heed to me and an-swer me; •
I am restless in my com-plain-ing.
I am alarmed at the voice of the en-e-my • and at the clamour of the wick-ed;

For they would bring down evil up-on me • and are set against me in fu-ry.

My heart is disquieted with-in me, • and the terrors of death have fal-len up-on me.

Fearfulness and trembling are come up-on me, • and a horrible dread has o-ver-whelmed me.

And I said: ‘O that I had wings like a dove, • for then would I fly a-way and be at`rest.

‘Then would I flee far a-way • and make my lodging in the wil-derˆness.

‘I would make haste to es-cape • from the stormy wind and tem-pest.

Confuse their tongues, O Lord, and di-vide them, • for I have seen violence and strife in the ci-ty.

Day and night they go about on her walls; • mischief and trou-ble are in herˆmidst.

Wickedness walks in her streets; • oppression and guile nev-er leave herˆsquares.

For it was not an open enemy that re-viled me, • for then I could have borne it;

Nor was it my adversary that puffed himself up a-gainst me, • for then I would have hid my-self from him.

But it was even you, one like my-self, • my companion and my own fa-mi-liarˆfriend.

We took sweet counsel to-geth-er • and walked with the multi-tude in the house of God.
17 Let death come suddenly upon them; let them go down alive to the Pit; for wickedness inhabits their dwellings, their very hearts.

18 As for me, I will call upon God and the Lord will deliver me.

19 In the evening and morning and at noonday I will pray and make my supplication, and he shall hear my voice.

20 He shall redeem my soul in peace from the battle waged against me, for many have come upon me.

21 God, who is enthroned of old, will hear and bring them down; they will not repent, for they have no fear of God.

22 My companion stretched out his hands against his friend and has broken his covenant;

23 His speech was softer than butter, though war was in his heart; his words were smoother than oil, yet are they naked swords.

24 Cast your burden upon the Lord and he will sustain you, and will not let the righteous fall for ever.

25 But those that are bloodthirsty and deceitful, O God, you will bring down to the pit of destruction.

26 They shall not live out half their days, but my trust shall be in you, O Lord.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.
1 Have mer-cy on me, O God, for they trample o-ver me; •
all day long they assault and op-press me.

2 My ad-ver-saries trample over me all the day long; •
many are they that make proud war a-gainst me.

3 In the day of my fear I put my trust in you, •
in God whose word I praise.

4 In God I trust, and will not fear, •
for what can flēsh do to me?

5 All day long they wound me with words; •
their every thought is to do me ev-il.

6 They stir up trouble; they lie in wait; •
marking my steps, they seek my life.

7 Shall they escape for all their wick-ed-ness? •
In anger, O God, cast the peo-ple down.

8 You have counted up my groaning;
put my tears into your bot-tle; •
are they not writ-ten in your book?

9 Then shall my enemies turn back
on the day when I call up-on you; •
this I know, for God is on my side.

10 In God whose word I praise,
in the Lord whose word I praise, •
in God I trust and will not fear:
what can flēsh do to me?

11 To you, O God, will I fulfil my vows; •
to you will I present my of-fer-ings of thanks,

12 For you will deliver my soul from death
and my feet from fall-ing, •
that I may walk before God in the light of the liv-ing.
Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 57
VIII.1

1 Be mer-ciful to me, O God, be merciful to me, •
for my soul takes re-fuge in you;

2 In the shadow of your wings will I take re-fuge •
until the storm of destruc-tion has passed by.

3 I will call upon the Most High God, •
the God who fulfils his pur-pose for me.

4 He will send from heaven and save me  
and rebuke those that would trample up-on me; •
God will send forth his love and his faith-ful-ness.

5 I lie in the midst of li-ons, •
people whose teeth are spears and arrows,  
and their tongue a sharp sword.

6 Be exalted, O God, above the hea-vens •
and your glory o-ver all the earth.

7 They have laid a net for my feet;  
my soul is pressed down; •
they have dug a pit for me  
and will fall in-to it them-selves.

8 My heart is ready, O God, my heart is rea-dy; •
I will sing and give you praise.

9 Awake, my soul; awake, harp and lyre, •
that I may a-wa-ken the dawn.
10 I will give you thanks, O Lord, among the peoples; I will sing praise to you among the nations.

11 For your loving-kindness is as high as the heavens, and your faithfulness reaches to the clouds.

12 Be exalted, O God, above the heavens and your glory over all the earth.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.

Psalm 58

II.1

1 Do you indeed speak justly, you mighty? Do you rule the peoples with equity?

2 With unjust heart you act throughout the land; your hands mete out violence.

3 The wicked are estranged, even from the womb; those who speak falsehood go astray from their birth.

4 They are as venomous as a serpent; they are like the deaf adder which stops its ears,

5 Which does not heed the voice of the charmers, and is deaf to the skilful weaver of spells.

6 Break, O God, their teeth in their mouths; smash the fangs of these lions, O Lord.

7 Let them vanish like water that runs away; let them wither like trodden grass.

8 Let them be as the slimy track of the snail, like the untimely birth that never sees the sun.
Before ever their pots feel the heat of the thorns, green or blazing, let them be swept away.

The righteous will be glad when they see God’s vengeance; they will bathe their feet in the blood of the wicked.

So that people will say,
‘Truly, there is a harvest for the righteous; truly, there is a God who judges in the earth.’

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
Psalm 59

III.5

1 Res-cue me from my en-e-mies, O my God; • set me high above those that rise up a-against me.

2 Save me from the e-vil-do-ers • and from murderous foes de-liv’er me.

3 For see how they lie in wait for my soul • and the mighty stir up trouble a-against me.

4 Not for any fault or sin of mine, O Lord; • for no offence, they run and prepare them-selves for war.

5 Rouse yourself, come to`my`aid and see; • for you are the Lord of hosts, the God of Is-ra-el.

6 Awake, and judge all the na-tions; • show no mercy to the e-vil trai-tors.

7 They return at nightfall and snarl like dogs • and prowl about the ci-ty.

8 They pour out evil words with their mouths; swords are on their lips; • ‘For who’, they say, ‘can hear us?’

9 But you laugh at`them, O Lord; • you hold all the nations in de-ri-sion.

10 For you, O my strength, will I watch; • you, O God, are my strong tow-er.

11 My God in his steadfast love will`come to me; • he will let me behold the downfall of my en-e-mies.

12 Slay them not, lest my peo-ple for-get; • send them reeling by your might and bring them down, O Lord`our shield.

13 For the sins of their mouth, for the words of their lips, • let them be ta-ken in`their pride.
For the cursing and falsehood they have uttered, • consume them in wrath, consume them till they are no more.

And they shall know that God rules in Jacob, • and to the ends of the earth.

And still they return at nightfall and snarl like dogs • and prowl about the city.

Though they forage for something to devour, • and howl if they are not filled,

Yet will I sing of your strength • and every morning praise your steadfast love;

For you have been my strong-hold, • my refuge in the day of my trouble.

To you, O my strength, will I sing; • for you, O God, are my refuge, my God of steadfast love.

Glory to the Father and to the Son • and to the Holy Spirit;
as it was in the beginning is now • and shall be for ever. A-men.

Psalm 60

O God, you have cast us off and broken us; • you have been angry; restore us to yourself again.

You have shaken the earth and torn it apart; • heal its wounds, for it trembles.

You have made your people drink bitter things; • we reel from the deadly wine you have given us.
4 You have made those who fear you to flee, to escape from the range of the bow.

5 That your beloved may be delivered, save us by your right hand and answer us.

6 God has spoken in his holiness: ‘I will triumph and divide Shechem, and share out the valley of Succoth.

7 ‘Gilead is mine and Manasseh is mine; Ephraim is my helmet and Judah my sceptre.

8 ‘Moab shall be my washpot; over Edom will I cast my sandal; across Philistia will I shout in triumph.’

9 Who will lead me into the strong city? Who will bring me into Edom?

10 Have you not cast us off, O God? Will you no longer go forth with our troops?

11 Grant us your help against the enemy, for earthly help is in vain.

12 Through God will we do great acts, for it is he that shall tread down our enemies.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
Psalm 61

IV.4

1 Hear my cry-ing, O God, •
   and list-en to my prayer.

2 From the end of the earth I call to you with faint-ing heart; •
   O set me on the rock that is high-er than I.

3 For you are my re-fuge, •
   a strong tower a-gainst the en-eˆmy.

4 Let me dwell in your tent for ev-er •
   and take refuge under the cov-er of your wings.

5 For you, O God, will hear my vows; •
   you will grant the request of those who fear yourˆname.

6 You will add length of days to the life of the king, •
   that his years may endure throughout all ge-ne-ra-tions.

7 May he sit enthroned before God for ev-er; •
   may steadfast love and truth watch o-verˆhim.

8 So will I always sing praise to your name, •
   and day by day ful-fill myˆvows.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the begin-ning is now •
and shall be for ev-er. A-men.
1 On God alone my soul in still-ness waits; •
from him comes my sal-va-tion.

2 He alone is my rock and my sal-va-tion, •
my stronghold, so that I shall never be sha-ken.

3 How long will all of you assail me to des-troy me, •
as you would a tottering wall or a lean-ing fence?

4 They plot only to thrust me down from my place of honour;
lies are their chief de-light; •
they bless with their mouth, but in their heart they curse.

5 Wait on God alone in stillness, O my soul; •
for in him is my hope.

6 He alone is my rock and my sal-va-tion, •
my stronghold, so that I shall not be sha-ken.

7 In God is my strength and my glo-ry; •
God is my strong rock; | in him is my re-fuge.

8 Put your trust in him al-ways, my peo-ple; •
pour out your hearts before him, for God is our re-fuge.

9 The peoples are but a breath,
the whole human race a de-ceit; •
on the scales they are altogether lighter than air.

10 Put no trust in oppression; in robbery take no emp-ty pride; •
though wealth increase, set not your heart up-on it.

11 God spoke once, and twice have I heard the same, •
that power belongs to God.

12 Steadfast love belongs to you, O Lord, •
for you repay everyone according to their deeds.
Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. Amen.

Psalm 63

1 O God, you are my God; eagerly I seek you; •
my soul is a-thirst for you.

2 My flesh also faints for you, •
as in a dry and thirsty land where there is no water.

3 So would I gaze upon you in your holy place, •
that I might behold your power and your glory.

4 Your loving-kindness is better than life itself •
and so my lips shall praise you.

5 I will bless you as long as I live •
and lift up my hands in your name.

6 My soul shall be satisfied, as with marrow and fatness, •
and my mouth shall praise you with joyful lips,

7 When I remember you upon my bed •
and meditate on you in the watch-ers of the night.

8 For you have been my help-er •
and under the shadow of your wings will I rejoice.

9 My soul clings to you; •
your right hand shall hold me fast.

10 But those who seek my soul to de-stroy it •
shall go down to the depths of the earth;

11 Let them fall by the edge of the sword •
and become a portion for jackals.
But the king shall rejoice in God; all those who swear by him shall be glad, for the mouth of those who speak lies shall be stopped.

Glory to the Father and to the Son • and to the Holy Spirit; as it was in the beginning is now • and shall be for ever. A-men.

Psalm 64
II.1

1 Hear my voice, O God, in my complaint; preserve my life from fear of the enemy.

2 Hide me from the conspiracy of the wicked, from the gathering of evil-doers.

3 They sharpen their tongue like a sword and aim their bitter words like arrows,

4 That they may shoot at the blameless from hiding places; suddenly they shoot, and are not seen.

5 They hold fast to their evil course; they talk of laying snares, saying, ‘Who will see us?’

6 They search out wickedness and lay a cunning trap for deep are the inward thoughts of the heart.

7 But God will shoot at them with his swift arrow, and suddenly they shall be wounded.

8 Their own tongues shall make them fall, and all who see them shall wag their heads in scorn.

9 All peoples shall fear and tell what God has done, and they will ponder all his works.
The righteous shall rejoice in the Lord
and put their trust in him,
and all that are true of heart shall exult.

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. A-men.

Psalm 65

VIII.1

1 Praise is due to you, O God, in Zion;
to you that answer prayer shall vows be paid.

2 To you shall all flesh come to confess their sins;
when our mis-deeds prevail against us,
you will purge them away.

3 Happy are they whom you choose
and draw to your courts to dwell there.
We shall be satisfied with the blessings of your house,
even of your holy temple.

4 With wonders you will answer us in your righteousness,
O God of our salvation,
O hope of all the ends of the earth
and of the farthest seas.

5 In your strength you set fast the mountains
and are girded about with might.

6 You still the raging of the seas,
the roaring of their waves
and the clamour of the peoples.

7 Those who dwell at the ends of the earth
tremble at your marvels;
the gates of the morning and evening sing your praise.
You visit the earth and water it; you make it very plentiful.

The river of God is full of water; you prepare grain for your people, for so you provide for the earth.

You drench the furrows and smooth out the ridges; you soften the ground with showers and bless its increase.

You crown the year with your goodness, and your paths overflow with plenty.

May the pastures of the wilderness flow with goodness and the hills be girded with joy.

May the meadows be clothed with flocks of sheep and the valleys stand so thick with corn that they shall laugh and sing.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
1 Be joy-ful in God, all the earth; •
   sing the glory of his name;
   sing the glo-ry of his praise.

2 Say to God, ‘How awesome are your deeds! •
   Because of your great strength
   your enemies shall bow be-fore you.

3 ‘All the earth shall wor-ship you, •
   sing to you, sing praise to your name.’

4 Come now and behold the works of God, •
   how wonderful he is in his deal-ings with hu-man-kind.

5 He turned the sea into dry land;
   the river they passed through on foot; •
   there we re-joiced in him.

6 In his might he rules for ever;
   his eyes keep watch over the na-tions; •
   let no rebel rise up a-gainst him.

7 Bless our God, O you peo-ple; •
   make the voice of his praise to be heard,

8 Who holds our souls in life •
   and suffers not our feet to slip.

9 For you, O God, have pro-ved us; •
   you have tried us as sil-ver is tried.

10 You brought us into the snare; •
    you laid heavy bur-dens up-on our backs.

11 You let enemies ride over our heads;
    we went through fire and wa-ter; •
    but you brought us out into a place of li-ber-ty.
12 I will come into your house with burnt offerings and will pay you my vows, which my lips uttered and my mouth promised when I was in trouble.

13 I will offer you fat burnt sacrifices with the smoke of rams; I will sacrifice ox-en and goats.

14 Come and listen, all you who fear God, and I will tell you what he has done for my soul.

15 I called out to him with my mouth and his praise was on my tongue.

16 If I had nursed evil in my heart, the Lord would not have heard me,

17 But in truth God has heard me; he has heeded the voice of my prayer.

18 Blessed be God, who has not rejected my prayer, nor withheld his loving mer-cy from me.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;
as it was in the beginning is now and shall be for ev-er. A-men.
Psalm 67

VII.2

1 God be gracious to us and bless us. and make his face to shine up-on us,

2 That your way may be known up-on earth, your saving power a-mong the na-tions.

3 *Let the peoples praise you, O God; let all the peoples praise you.*

4 O let the nations re-joice and be glad, for you will judge the peoples righteously and govern the na-tions up-on earth.

5 *Let the peoples praise you, O God; let all the peoples praise you.*

6 Then shall the earth bring forth her in-crease, and God, our own God, will bless us.

7 – God will bless us, and all the ends of the earth shall fear him.

Glory to the Fa-ther and to the Son and to the Ho-ly Spi-rit;
as it was in the be-gin-ning is now and shall be for ev-er. A-men.

Psalm 68

V.1

1 Let God arise and let his enemies be scat-tered; let those that hate him flee be-fore him.
2 As the smoke vanishes, so may they vanish a-way; as wax melts at the fire, so let the wicked perish at the pre-sence of God.

3 But let the righteous be glad and rejoice before God; let them make mer`ry with glad-ness.

4 Sing to God, sing praises to his name; exalt him who rides on the clouds. The Lord is his name; re-joice be-fore him.

5 Father of the fatherless, defender of wi-dows, God in his holy ha-bi-ta-tion!

6 God gives the solitary a home and brings forth prisoners to songs of wel-come, but the rebellious inhabit a burn-ing des-ert.

7 O God, when you went forth before your peo-ple, when you marched through the wil-der`ness,

8 The earth shook and the heavens dropped down rain, at the presence of God, the Lord of Si-nai, at the presence of God, the God of Is-ra`el.

9 You sent down a gracious rain, O God; you refreshed your inheritance when it was wea-ry.

10 Your people came to dwell there; in your goodness, O God, you pro-vide for theˆpoor.

11 The Lord gave the word; great was the company of women who bore the ti-dings: ‘Kings and their armies they flee, they flee!’ and women at home are di-vi-ding theˆspoil.

12 Though you stayed among the sheep-folds, see now a dove’s wings covered with silver and its fea-thers with green^gold.

13 When the Almighty scattered the kings, it was like snowflakes fall’ing on Zal-mon.
You mighty mountain, great mountain of Ba-shan! •
You towering mountain, great mountain of Ba-shan!

Why look with envy, you towering mountains,
at the mount which God has desired for his dwell-ing, •
the place where the Lord will dwell for ev-er?

The chariots of God are twice ten thousand,
even thousands upon thou-sands; •
the Lord is among them, the Lord of Sinai in ho-ly pow-er.

You have gone up on high and led captivity cap-tive; •
you have received tribute,
even from those who rebelled,
that you may reign as Lord and God.

Blessed be the Lord who bears our burdens day by day, •
for God is our sal-va-tion.

God is for us the God of our sal-va-tion; •
God is the Lord who can de-liv-er from death.

God will smite the head of his en-e´mies, •
the hairy scalp of those who walk in wick-ed´ness.

The Lord has said, ‘From the heights of Ba-shan, •
from the depths of the sea will I bring them back,

‘Till you dip your foot in blood •
and the tongue of your dogs has a taste of your en-e´mies.’

We see your solemn processions, O God, •
your processions into the sanctuary, my God and my King.

The singers go before, the musicians follow af-ter, •
in the midst of maidens play`ing on tim-brels.

In your companies, bless your God; •
bless the Lord, you that are of the fount of Is-ra`el.

At the head there is Benjamin, least of the tribes,
the princes of Judah in joyful com-pa`ny, •
the princes of Zebu-lun and Naph-ta`li.
27 Send forth your strength, O God; establish, O God, what you have wrought in us.

28 For your temple’s sake in Je-ru-sa’lem, kings shall bring their gifts to you.

29 Drive back with your word the wild beast of the reeds, the herd of the bull’ like, the bru-tish’hordes.

30 Trample down those who lust after sil-ver; scatter the peoples that de-light in war.

31 Vessels of bronze shall be brought from E-gypt; Ethiopia will stretch’ out her hands to God.

32 Sing to God, you kingdoms of the earth; make music in praise of the Lord;

33 He rides on the ancient heaven of hea-vens and sends forth his voice, a migh-ty’voice.

34 Ascribe power to God, whose splendour is over Is-ra’el, whose power is a-bove the clouds.

35 How terrible is God in his holy sanc-tua’ry, the God of Israel, who gives power and strength to his people! Bles-sed be God.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;
as it was in the beginning is now and shall be for ev-er. A-men.
I sink in deep mire where there is no foot-hold; I have come into deep waters and the flood sweeps o-ver^me.

I have grown weary with crying; my throat is raw; my eyes have failed from looking so long for my God.

Those who hate me without a-ny cause are more than the hairs of my head;

Those who would destroy me are migh-ty; my enemies accuse me falsely: must I now give back what I nev-er^stole?

O God, you know my fool-ish^ness, and my faults are not hid-den from you.

Let not those who hope in you be put to shame through me, Lord God of hosts; let not those who seek you be disgraced because of me, O God of Is-ra^el.

For your sake have I suf-fered re-proach; shame has co-vered my face.

I have become a stranger to my kin-dred; an alien to my mo-ther^s chil-dren.

Zeal for your house has eat-en me up; the scorn of those who scorn you has fal-len up-on me.

I humbled my-self with fast-ing; but that was turned to my re^proach.

I put on sack-cloth al-so and became a by-word a-mong them.

Those who sit at the gate mur-mur a-gainst me, and the drunkards make songs a-bout me.

But as for me, I make my prayer to you, O Lord; at an ac-cept-a-ble time, O^God.

Answer me, O God, in the abundance of your mer-cy and with your sure sal-va-tion.
16 Draw me out of the mire, that I sink not; let me be rescued from those who hate me and out of the deep waters.

17 Let not the water flood drown me, neither the deep swallow me up; let not the Pit shut its mouth up-on me.

18 Answer me, Lord, for your loving-kind-ness is good; turn to me in the multitude of your mercies.

19 Hide not your face from your servant; be swift to answer me, for I am in trouble.

20 Draw near to my soul and redeem me; deliver me because of my enemies.

21 You know my reproach, my shame and my dishonour; my adversaries are all in your sight.

22 Reproach has broken my heart; I am full of heaviness. I looked for some to have pity, but there was no one, neither found I any to comfort me.

23 They gave me gall to eat, and when I was thirsty, they gave me vinegar to drink.

24 Let the table before them be a trap and their sacred feasts a snare.

25 Let their eyes be darkened, that they cannot see, and give them continual trembling in their loins.

26 Pour out your indignation upon them, and let the heat of your anger over-take them.

27 Let their camp be desolate, and let there be no one to dwell in their tents.

28 For they persecute the one whom you have stricken, and increase the sorrows of him whom you have pierced.

29 Lay to their charge guilt upon guilt, and let them not receive your vindication.
30 Let them be wiped out of the book of the living •
and not be written among the righteous.

31 As for me, I am poor and in misery; •
your saving help, O God, will lift me up.

32 I will praise the name of God with a song; •
I will proclaim his greatness with thanksgiving.

33 This will please the Lord more than an offering of oxen, •
more than bulls with horns and hooves.

34 The humble shall see and be glad; •
you who seek God, your heart shall live.

35 For the Lord listens to the needy, •
and his own who are imprisoned he does not despise.

36 Let the heavens and the earth praise him, •
the seas and all that moves in them;

37 For God will save Zion and rebuild the cities of Judah; •
they shall live there and have it in possession.

38 The children of his servants shall inherit it, •
and they that love his name shall dwell therein.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. A-men.
Psalm 70
II.1

1 O God, make speed to save me; •
O Lord, make haste to help me.

2 Let those who seek my life
    be put to shame and confusion •
let them be turned back and disgraced
who wish me evil.

3 Let those who mock and ride me •
turn back because of their shame.

4 But let all who seek you rejoice and be glad in you; •
let those who love your salvation say always, ‘Great is the Lord!’

5 As for me, I am poor and needy; •
come to me quickly, O God.

6 You are my help and my deliverer; •
O Lord, do not delay.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 71
III.2

1 In you, O Lord, do I seek refuge; •
let me never be put to shame.

2 In your righteousness, deliver me and set me free; •
incline your ear to me and save me.
Be for me a stronghold to which I may ever re-sort; •
send out to save me, for you are my rock and my fortress.

Deliver me, my God, from the hand of the wicked, •
from the grasp of the evildoer and the oppressor.

For you are my hope, O Lord God, •
my confidence, even from my youth.

Upon you have I leaned from my birth,
when you drew me from my mother’s womb; •
my praise shall be always of you.

I have become a tent to many, •
but you are my refuge and my strength.

Let my mouth be full of your praise •
and your glory all the day long.

Do not cast me away in the time of old age; •
forsake me not when my strength fails.

For my enemies are talking against me, •
and those who lie in wait for my life take counsel together.

They say, ‘God has forsaken him;
pursue him and take him, •
because there is none to deliver him.’

O God, be not far from me; •
come quickly to help me, O my God.

Let those who are against me
be put to shame and disgrace; •
let those who seek to do me evil
be covered with scorn and reproach.

But as for me I will hope continually •
and will praise you more and more.

My mouth shall tell of your righteousness
and salvation all the day long, •
for I know no end of the telling.
16 I will begin with the mighty works of the Lord God; •
    I will recall your right-eous-ness, yours a`lone.
17 O God, you have taught me since I was young, •
    and to this day I tell of your won-der-ful works.
18 Forsake me not, O God,
    when I am old and grey-head-ed, •
    till I make known your deeds to the next generation
    and your power to all that are to`come.
19 Your righteousness, O God, reaches to the hea-vens; •
    in the great things you have done, who is like you, O`God?
20 What troubles and adversities you have shown me, •
    and yet you will turn and refresh me
    and bring me from the deep of the earth a`gain.
21 In-crease my hon-our; •
    turn a-gain and com-fort`me.
22 Therefore will I praise you upon the harp
    for your faith-ful`ness,°O my God; •
    I will sing to you with the lyre, O Holy One of Is-ra`el.
23 My lips will sing out as I play to you, •
    and so will my soul, which you have re-deemed.
24 My tongue also will tell of your righteousness all the day long, •
    for they shall be shamed and disgraced
    who sought to do me e-vil.

Glory to the Fa-ther¨and¨to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
1 Give the king your judgements, O God, •
and your righteousness to the sön of a king.

2 Then shall he judge your people right-eous ly •
and your poor with jus-tice.

3 May the mountains bring forth peace, •
and the little hills righteousness for the peo-ple.

4 May he defend the poor among the peo-ple, •
deliver the children of the needy and crush the op-pres-sor.

5 May he live as long as the sun and moon en-dure, •
from one generation to an-o-ther.

6 May he come down like rain upon the mown grass, •
like the showers that wa-ter the earth.

7 In his time shall righteousness flou-rish, •
and abundance of peace till the moon shall be no more.

8 May his dominion extend from sea to sea •
and from the River to the ends of the earth.

9 May his foes kneel before him •
and his en-e-mies lick the dust.

10 The kings of Tarshish and of the isles shall pay tri-bute; •
the kings of Sheba and Se-ba shall bring gifts.

11 All kings shall fall down before him; •
all nations shall do him ser-vice.

12 For he shall deliver the poor that cry out, •
the needy and those who have no help-er.

13 He shall have pity on the weak and poor; •
he shall preserve the lives of the need-y.
14 He shall redeem their lives from oppression and vio-lence, • and dear shall their blood be in his sight.

15 Long may he live; 
unto him may be given gold from She-ba; • may prayer be made for him continually 
and may they bless him all the day long.

16 May there be abundance of grain on the earth, 
standing thick upon the hill-tops; • may its fruit flourish like Lebanon 
and its grain grow like the grass of the field.

17 May his name remain for ever 
and be established as long as the sun endures; • may all nations be blest in him 
and call him bles-sed.

18 Blessed be the Lord, the God of Is-ra-ël, • who alone does won-der-ful things.

19 And blessed be his glorious name for ev-er. • May all the earth be filled with his glory. 

Glory to the Father and to the Son •
and to the Ho-ly Spi-rît;

as it was in the beginning is now •
and shall be for ev-er. A-men.
For I was envious of the proud; •
I saw the wicked in such pros-pee-rì-ty;

For they suffer no pains •
and their bod-ies are sleek and sound;

They come to no misfortune like o-ther folk; •
nor are they plagued as o’thers are;

Therefore pride is their neck-lace •
and violence wraps them like’a cloak.

Their iniquity comes from with-in; •
the conceits of their hearts o’ver-flow.

They scoff, and speak only of e-vil; •
they talk of op-pres-sion from’on high.

They set their mouth against the hea-vens, •
and their tongue ran-ges round’the earth;

And so the people turn to them •
and find in them’no fault.

They say, ‘How should God know? •
Is there knowledge in the Most High?’

Behold, these are the wick-ed; •
ever at ease, they in-crease their wealth.

Is it in vain that I cleansed my heart •
and washed my hands in in’no-cence?

All day long have I been strick-en •
and chastened ev-ery morn-ing.

If I had said, ‘I will speak as they do,’ •
I should have betrayed the generation of your chil-dren.

Then thought I to under-stand this, •
but it was too hard’for me,

Until I entered the sanctuary of God •
and understood the end of the wick-ed:
18 How you set them in slippery places; • you cast them down to destruction.

19 How suddenly do they come to destruction, • perish and come to a fearful end!

20 As with a dream when one a-wakes, • so, Lord, when you arise you will despise their image.

21 When my heart became embittered • and I was pierced to the quick,

22 I was but foolish and ignorant; • I was like a brute beast in your presence.

23 Yet I am always with you; • you hold me by my right hand.

24 You will guide me with your counsel • and afterwards receive me with glory.

25 Whom have I in heaven but you? • And there is nothing upon earth that I desire in comparison with you.

26 Though my flesh and my heart fail me, • God is the strength of my heart and my portion for ever.

27 Truly, those who forsake you will perish; • you will put to silence the faithless who betray you.

28 But it is good for me to draw near to God; • in the Lord God have I made my refuge, that I may tell of all your works.

Glory to the Father and to the Son • and to the Holy Spirit; as it was in the beginning is now • and shall be for ever. A-men.
1 O God, why have you utterly dis-owned us? Why does your anger burn against the sheep of your pasture?

2 Remember your congregation that you purchased of old, the tribe you redeemed for your own possession, and Mount Zion where you dwelt.

3 Hasten your steps towards the end-less ruins, where the enemy has laid waste all your sanctuary.

4 Your adversaries roared in the place of your worship; they set up their banners as tokens of victory.

5 Like men brandishing axes on high in a thick-et of trees, all her carved work they smashed down with hat-chet and hammer.

6 They set fire to your holy place; they defiled the dwelling place of your name and razed it to the ground.

7 They said in their heart, ‘Let us make havoc of them all-to-geth-er,’ and they burned down all the sanctuaries of God in the land.

8 There are no signs to see, not one prophet left, not one among us who knows how long.

9 How long, O God, will the adversary scoff? Shall the enemy blaspheme your name for ev-er?

10 Why have you withheld your hand and hidden your right hand in your bosom?

11 Yet God is my king from of old, who did deeds of salvation in the midst of the earth.

12 It was you that divided the sea by your might and shattered the heads of the dragons on the wa-ters;
13 You alone crushed the heads of Leviathan • and gave him to the beasts of the desert for food.

14 You cleft the rock for fountain and flood; • you dried up ever-flowing rivers.

15 Yours is the day, yours also the night; • you established the moon and the sun.

16 You set all the bounds of the earth; • you fashioned both summer and winter.

17 Remember now, Lord, how the enemy scoffed, • how a foolish people despised your name.

18 Do not give to wild beasts the soul of your turtle dove; • forget not the lives of your poor for ever.

19 Look upon your creation, for the earth is full of darkness, • full of the haunts of violence.

20 Let not the oppressed turn away ashamed, • but let the poor and needy praise your name.

21 Arise, O God, maintain your own cause; • remember how fools revile you all the day long.

22 Forget not the clamour of your adversaries, • the tumult of your enemies that ascends continually.

Glory to the Father • and to the Son • and to the Holy Spirit; as it was in the beginning is now • and shall be for ever. Amen.
Psalm 75

1 We give you thanks, O God, we give you thanks, • for your name is near, as your won-der-ful deeds de-clare.

2 ‘I will seize the ap-poin-ted time; • I, the Lord, will judge with e-qui-ty.

3 ‘Though the earth reels and all that dwell in her, • it is I that hold her pil-lars stea-dy.

4 ‘To the boasters I say, “Boast no lon-ger,” • and to the wicked, “Do not lift up your´horn.

5 ‘ “Do not lift up your horn on high; • do not speak with a stiff neck.”’

6 For neither from the east nor from the west, • nor yet from the wilderness comes ex-al-ta-tion.

7 But God alone is judge; • he puts down one and raises up an-o-ther.

8 For in the hand of the Lord there is a cup, • well mixed and full of foam-ing’wine.

9 He pours it out for all the wicked of the earth; • they shall drink it, and drain the´dregs.

10 But I will rejoice for ev-er • and make music to the God of Ja-cob.

11 All the horns of the wicked will I break, • but the horns of the righteous shall be ex-alt-ed.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the begin-ning is now •
and shall be for ev-er. A-men.
In Judah God is known; his name is great in Israel.

At Salem is his tabernacle, and his dwelling place in Zion.

There broke he the flashing arrows of the bow, the shield, the sword and the weapons of war.

In the light of splendour you appeared, glorious from the eternal mountains.

The boastful were plundered; they have slept their sleep; none of the warriors can lift their hand.

At your rebuke, O God of Jacob, both horse and chariot fell stunned.

Terrible are you in majesty: who can stand before your face when you are angry?

You caused your judgement to be heard from heaven; the earth trembled and was still,

When God arose to judgment, to save all the meek upon earth.

You crushed the wrath of the peoples and bridled the wrathful remnant.

Make a vow to the Lord your God and keep it; let all who are round about him bring gifts to him that is worthy to be feared.

He breaks down the spirit of princes and strikes terror in the kings of the earth,

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.

Psalm 77
II.1

1 I cry aloud to God; •
I cry aloud to God and he will hear me.

2 In the day of my trouble I have sought the Lord; •
by night my hand is stretched out and does not tire;
my soul re-fu-ses com-fort.

3 I think upon God and I groan; •
I ponder, and my spiˇrit faints.

4 You will not let my eyelids close; •
I am so troubled that I canˇnot speak.

5 I consider the days of old; •
I remember the yearsˇlong past.

6 I commune with my heart in the night; •
my spirit searches for un-der-stand-ing.

7 Will the Lord cast us off for ev-er? •
Will he no more show us his fa-vour?

8 Has his loving mercy clean gone for ev-er? •
Has his promise come to an end for evˇer-more?

9 Has God forgotten to be gra-cious? •
Has he shut up his compassion in dis-plea-sure?

10 And I said, ‘My grief is this: •
that the right hand of the Most High has lostˇits strength.’

11 I will remember the works of the Lord •
and call to mind your wonders of old time.
12 I will meditate on all your works •
and ponder your mighty deeds.

13 Your way, O God, is holy; •
who is so great a god as our God?

14 You are the God who worked wonders •
and declared your power among the peoples.

15 With a mighty arm you redeemed your people, •
the children of Jacob and Joseph.

16 The waters saw you, O God; •
the waters saw you and were afraid; •
the depths also were troubled.

17 The clouds poured out water; the skies thundered; •
your arrows flashed on every side;

18 The voice of your thunder was in the whirlwind; •
your lightnings lit up the ground; •
the earth trembled and shook.

19 Your way was in the sea, and your paths in the great waters, •
but your footsteps were not known.

20 You led your people like sheep •
by the hand of Moses and Aaron.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. Amen.
1 Hear my teaching, O my people; •
incline your ears to the words of my mouth.

2 I will open my mouth in a parable; •
I will pour forth mysteries from of old,

3 Such as we have heard and known, •
which our forebears have told us.

4 We will not hide from their children,
but will recount to generations to come, •
the praises of the Lord and his power
and the wonderful works he has done.

5 He laid a solemn charge on Jacob
and made it a law in Is-ra-el, •
which he commanded them to teach their children,

6 That the generations to come might know,
and the children yet un-born, •
that they in turn might tell it to their children;

7 So that they might put their trust in God •
and not forget the deeds of God,
but keep his commandments,

8 And not be like their forebears,
a stubborn and rebellious gene-ration, •
a generation whose heart was not steadfast,
and whose spirit was not faith-ful to God.

9 The people of Ephraim, armed with the bow, •
turned back in the day of bat-tle;

10 They did not keep the covenant of God •
and refused to walk in his law;

11 They forgot what he had done •
and the wonders he had shown them.
12 For he did marvellous things in the sight of their fore-bears, in the land of Egypt, in the field of Zo-an.

13 He divided the sea and let them pass through; he made the waters stand still in a heap.

14 He led them with a cloud by day and all the night through with a blaze of fire.

15 He split the hard rocks in the wilderness and gave them drink as from the great deep.

16 He brought streams out of the rock and made water gush out like rivers.

17 Yet for all this they sinned more against him and defied the Most High in the wilderness.

18 They tested God in their hearts and demanded food for their craving.

19 They spoke against God and said, ‘Can God prepare a table in the wilderness?

20 ‘He struck the rock indeed, so that the waters gushed out and the streams overflowed, but can he give bread or provide meat for his people?’

21 When the Lord heard this, he was full of wrath; a fire was kindled against Jacob and his anger went out against Israel,

22 For they had no faith in God and put no trust in his saving help.

23 So he commanded the clouds above and opened the doors of heaven.

24 He rained down upon them manna to eat and gave them the grain of heaven.

25 So mortals ate the bread of angels; he sent them food in plenty.
He caused the east wind to blow in the heavens and led out the south wind by his might.

He rained flesh upon them as thick as dust and winged fowl like the sand of the sea.

He let it fall in the midst of their camp and round about their tents.

So they ate and were well filled, for he gave them what they desired.

But they did not stop their craving; their food was still in their mouths.

When the anger of God rose against them, and slew their strongest men and fell the flower of Israel.

But for all this, they sinned yet more and put no faith in his wonderful works.

So he brought their days to an end like a breath and their years in sudden terror.

Whenever he slew them, they would seek him; they would repent and earnestly search for God.

They remembered that God was their rock and the Most High God their redeemer.

Yet they did but flatter him with their mouth and dissembled with their tongue.

Their heart was not steadfast towards him, neither were they faithful to his covenant.

But he was so merciful that he forgave their misdeeds and did not destroy them; many a time he turned back his wrath and did not suffer his whole displeasure to be roused.

For he remembered that they were but flesh, a wind that passes by and does not return.
40 How often they rebelled against him in the wil-der-ness •
and grieved him in the des-ert!

41 Again and again they temp-ted God •
and provoked the Holy One of Is-ra-el.

42 They did not remember his pow-er •
in the day when he redeemed them from the en-e-my;

43 How he had wrought his signs in E-gypt •
and his wonders in the field of Zo-an.

44 He turned their rivers in-to blood, •
so that they could not drink of their streams.

45 He sent swarms of flies among them, which de-voured them, •
and frogs which brought them ru-in.

46 He gave their produce to the cater-pil-lar, •
the fruit of their toil to the lo-cust.

47 He destroyed their vines with hail-stones •
and their sycamore trees with the frost.

48 He delivered their cattle to hail-stones •
and their flocks to thun-der-bolts.

49 He set loose on them his blazing an-ger: •
fury, displeasure and trouble,
   a troop of des-troy-ing an-gels.

50 He made a way for his anger
   and spared not their souls from death, •
   but gave their life over to the pes-ti-ence.

51 He smote the firstborn of E-gypt, •
the first fruits of their strength in the tents of Ham.

52 But he led out his people like sheep •
and guided them in the wil-der-ness like a flock.

53 He led them to safety and they were not a-fraid, •
but the sea over-whelmed their en-e-mies.
54 He brought them to his ho-ly place, the mountain which his right hand took in pos-ses-sion.

55 He drove out the nations before them and shared out to them their in-heˆri-tance; he settled the tribes of Is-ra-el in their tents.

56 Yet still they tested God Most High and rebelled a-gainst him, and would not keep his com-mand-ments.

57 They turned back and fell away like their fore-bears, starting aside like an unˆstrung bow.

58 They grieved him with their hill al-tars and provoked him to displeasure with their i-dols.

59 God heard and was greatly an-gered, and utterly re-ject-ed Isˆra-el.

60 He forsook the tabernacle at Shi-loh, the tent of his pre-sence on earth.

61 He gave the ark of his strength into capti-vi-ty, his splendour into the ad-ver-sary's hand.

62 He delivered his people to the sword and raged against his in-heˆri-tance.

63 The fire consumed their young men; there was no one to la-ment their mai-dens.

64 Their priests fell by the sword, and their widows made no la-men-ta-tion.

65 Then the Lord woke as out of sleep, like a warrior who had been o-ver-come`with wine.

66 He struck his enemies from be-hind and put them to per-pet-u-al shame.

67 He rejected the tent of Jo-seph and chose not the tribe of Eph-raim.
But he chose the tribe of Judah •
and the hill of Zion, which he loved.

And there he built his sanctuary like the heights of heaven, •
like the earth which he found-ed for ev-er.

He chose David also, his ser vant, •
and took him away from the sheep-folds.

From following the ewes with their lambs he took him, •
that he might shepherd Jacob his people
and Israel his in-he ri-ance.

So he shepherded them with a devo-ted heart •
and with skilful hands he gui ded them.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ev er. A-men.

1 O God, the heathen have come in-to your he ri-itage; •
your holy temple have they defiled
and made Jerusalem a heap of stones.

2 The dead bodies of your servants they have given
to be food for the birds of the air, •
and the flesh of your faithful to the beasts of the field.

3 Their blood have they shed like water
on every side of Jerusalem, •
and there was no one to bu ry them.

4 We have become the taunt of our neigh-bours, •
the scorn and derision of those that are round a bout us.
5  Lord, how long will you be an-gry, for ev-er? •
How long will your jealous fu-ry blaze like fire?

6  Pour out your wrath upon the nations that have not known you, •
and upon the kingdoms that have not called up-on your name.

7  For they have de-voured () Ja-cob •
and laid waste his dwell ing place.

8  Remember not against us our for()mer sins; •
let your compassion make haste to meet us,
for we are bröught ve ry low.

9  Help us, O God of our salvation, for the glo-ry of your name; •
deliver us, and wipe away our sins for your name’s sake.

10  Why should the hea then say, •
– ‘Where is now their God?’

11  Let vengeance for your servants’ blood that is shed •
be known among the na tions in our sight.

12  Let the sorrowful sighing of the prisoners come be-fore you, •
and by your mighty arm
    preserve those who are con-demned to die.

13  May the taunts with which our neighbours taunt-ed you, Lord, •
return sevenfold in to their bo som.

14  But we that are your people and the sheep of your pasture
    will give you thanks for ev er, •
and tell of your praise from generation to ge ne ra tion.

   Glory to the Fa ther and to the Son •
   and to the Ho ly Spi rit;
   as it was in the be-gin-ning is now •
   and shall be for ev er. A-men.
Psalm 80

1 Hear, O Shepherd of Is-ra-él, •
you that led Jo-seph like a flock;

2 Shine forth, you that are enthroned up-on the che-ru-bim, •
before Ephraim, Benja-min and Ma-nas-seh.

3 Stir up your migh-ty strength •
and come to our sal-va-tion.

4 Turn us a-gain, O God; •
show the light of your countenance, and we shall be saved.

5 O Lord God of hosts, •
how long will you be an-gry at your peo-ple’s prayer?

6 You feed them with the bread of tears; •
you give them a-bun-dance of tears to drink.

7 You have made us the derision of our neigh-bours, •
and our ene-mies laugh us to scorn.

8 Turn us again, O God of hosts; •
show the light of your countenance, and we shall be saved.

9 You brought a vine out of E-gypt; •
you drove out the na-tions and plant-ed it.

10 You made room a-round it, •
and when it had ta-ken root, it filled the land.

11 The hills were covered with its sha-dow •
and the cedar-oes of God by its boughs.

12 It stretched out its branches to the Sea •
and its ten-drils to the Riv-er.

13 Why then have you broken down its wall, •
so that all who pass by pluck off its grapes?
14 The wild boar out of the wood tears it off, and all the insects of the field devour it.

15 Turn again, O God of hosts, look down from heaven and behold;

16 Cherish this vine which your right hand has planted, and the branch that you made so strong for your-self.

17 Let those who burnt it with fire, who cut it down, perish at the rebuke of your countenance.

18 Let your hand be upon the man at your right hand, the son of man you made so strong for your-self.

19 And so will we not go back from you; give us life, and we shall call up-on your name.

20 Turn us again, O Lord God of hosts; show the light of your countenance, and we shall be saved.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.

Psalm 81

V.1

1 Sing merrily to God our strength, shout for joy to the God of Jacob.

2 Take up the song and sound the timbrel, the tuneful lyre with the harp.

3 Blow the trumpet at the new moon, as at the full moon, upon our solemn feast day.
4 For this is a statute for Is-raêl, • a law of the God of Ja-cob,
5 The charge he laid on the people of lo-seph, • when they came out of the land of E-gypt.
6 I heard a voice I did not know, that said: • 'I eased their shoulder from the burden; their hands were set free from bear-ing the load.
7 'You called upon me in trouble and I de-liv-ered you; • I answered you from the secret place of thunder and proved you at the wa`ters of Me-ri`bah.
8 'Hear, O my people, and I will ad-mon-ish you: • O Israel, if you would but list-en to me!
9 'There shall be no strange God a-mong you; • you shall not wor`ship a fo-reign god.
10 'I am the Lord your God, • who brought you up from the land of E-gypt; • open your mouth wide and I shall fill it.'
11 But my people would not hear my voice • and Israel would not o-bey me.
12 So I sent them away in the stubbornness of their hearts, • and let them walk after their öwn coun-sels.
13 O that my people would listen to me, • that Israel would walk in my ways!
14 Then I should soon put down their en-e`mies • and turn my hand a-gainst my ad-ver`saries.
15 Those who hate the Lord would be humbled be-fore him, • and their punishment would last for ev-er.
16 But Israel would I feed with the finest wheat • and with honey from the rock would I sat-is-fy them.
Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 82
VIII.2

1 God has taken his stand in the council of heav-en; •
in the midst of the gods he gives judge-ment:

2 ‘How long will you judge un-just-ly •
and show such favour to the wick-ed?

3 ‘You were to judge the weak and the or-phan; •
defend the right of the hum-ble and nee-dy;

4 ‘Rescue the weak and the poor; •
deliver them from the hand of the wick-ed.

5 ‘They have no knowledge or wisdom;
   they walk on still in dark-ness: •
   all the foundations of the earth are sha-ken.

6 ‘Therefore I say that though you are gods •
and all of you children of the Most High,

7 ‘Nevertheless, you shall die like mor-tals •
and fall like one of their prin-ces.’

8 Arise, O God, and judge the earth, •
for it is you that shall take all nations for your pos-ses-sion.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 Hold not your peace, O God, do not keep silent; •
– be not unmoved, O^{\text{\textregistered}}God;

2 For your enemies are in tumult •
and those who hate you lift up their heads.

3 They take secret counsel against your people •
and plot against those whom you treasure.

4 They say, ‘Come, let us destroy them as a nation, •
that the name of Israel be remembered no more.’

5 They have conspired together with one mind •
they are in league against you:

6 The tents of Edom and Ishmaelites, •
Moab and the Hagar^{\text{\textregistered}}enes,

7 Gebal and Ammon and Amalek •
the Philistines and those who dwell in Tyre.

8 Ashur also has joined them •
and has lent a strong arm to the children of Lot.

9 Do to them as you did to Midian, •
to Sisera and to Jabin at the river of Kishon,

10 Who perished at En-dor •
and became as dung for the earth.

11 Make their commanders like Oreb and Zeeb, •
and all their princes like Ze-bah and Zalmon^{\text{\textregistered}}na,

12 Who said, ‘Let us take for ourselves •
the pastures of God as our possession.’

13 O my God, make them like this-tle\textsuperscript{\textregistered}down, •
– like chaff before the wind.
Like fire that consumes a forest,
like the flame that sets mountains ablaze,

So drive them with your tempest
and dismay them with your storm.

Cover their faces with shame, O Lord,
that they may seek your name.

Let them be disgraced and dismayed for ever;
let them be put to confusion and perish;

And they shall know that you, whose name is the Lord,
are alone the Most High over all the earth.

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. A-men.

Psalm 84

How lovely is your dwelling place, O Lord of hosts!
My soul has a desire and longing to enter the courts of the Lord;
my heart and my flesh rejoice in the living God.

The sparrow has found her a house
and the swallow a nest where she may lay her young;
at your altars, O Lord of hosts, my King and my God.

Blessed are they who dwell in your house:
they will always be praising you.

Blessed are those whose strength is in you,
in whose heart are the highways to Zi-on,

Who going through the barren valley find there a spring,
and the early rains will clothe it with blessing.
6 They will go from strength to strength •
and appear before God in Zi-on.

7 O Lord God of hosts, hear my prayer; •
listen, O God of Ja-cob.

8 Behold our defender, O God, •
and look upon the face of your an-oint-ed.

9 For one day in your courts •
is better than a thou-sand.

10 I would rather be a doorkeeper in the house of my God •
than dwell in the tents of un-god-liˆness.

11 For the Lord God is both sun and shield;
h e will give grace and glo-ry; •
no good thing shall the Lord withhold
from those who walk with in-teg-riˆty.

12 O Lord God of hosts, •
blessed are those who put their trust in you.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the begin ning is now •
and shall be for ev-er. A-men.

Psalm 85
VII.7

1 Lord, you were gra-cious to your land; •
you restored the for-tunes of Ja-cob.

2 You forgave the offence of your peo-ple •
and cov-ered all their sins.

3 You laid aside all your fu-ry •
and turned from your wrathful in-dig-na-tion.
4 Restore us again, O God our Saviour, • and let your anger cease from us.

5 Will you be displeased with us for ever? • Will you stretch out your wrath from one generation to another?

6 Will you not give us life again, • that your people may rejoice in you?

7 Show us your mercy, O Lord, • and grant us your salvation.

8 I will listen to what the Lord God will say, • for he shall speak peace to his people and to the faithful, that they turn not again to folly.

9 Truly, his salvation is near to those who fear him, • that his glory may dwell in our land.

10 Mercy and truth are met together, • righteousness and peace have kissed each other;

11 Truth shall spring up from the earth • and righteousness look down from heaven.

12 The Lord will indeed give all that is good, • and our land will yield its increase.

13 Righteousness shall go before him • and direct his steps in the way.

Glory to the Father • and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. Amen.
1 Incline your ear, O Lord, and answer me, •
for I am poor and in misery.

2 Preserve my soul, for I am faithful; •
save your servant, for I put my trust in you.

3 Be merciful to me, O Lord, for you are my God; •
I call upon you all the day long.

4 Gladden the soul of your servant, •
for to you, O Lord, I lift up my soul.

5 For you, Lord, are good and forgiving, •
abounding in steadfast love to all who call upon you.

6 Give ear, O Lord, to my prayer •
and listen to the voice of my supplication.

7 In the day of my distress I will call upon you, •
for you will answer me.

8 Among the gods there is none like you, O Lord, •
nor any works like yours.

9 All nations you have made shall come and worship you, O Lord, •
and shall glorify your name.

10 For you are great and do wonderful things; •
you alone are God.

11 Teach me your way, O Lord, and I will walk in your truth; •
knit my heart to you, that I may fear your name.

12 I will thank you, O Lord my God, with all my heart, •
and glorify your name for evermore;

13 For great is your steadfast love towards me, •
for you have delivered my soul from the depths of the grave.
O God, the proud rise up against me
and a ruthless horde seek after my life;
they have not set you before their eyes.

But you, Lord, are gracious and full of compassion,
slow to anger and full of kindness and truth.

Turn to me and have mercy on me;
give your strength to your servant
and save the child of your hand-maid.

Show me a token of your favour,
that those who hate me may see it and be ashamed;
because you, O Lord, have helped and comforted me.

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

His foundation is on the holy mountains.
The Lord loves the gates of Zion
more than all the dwellings of Jacob.

Glorious things are spoken of you,
Zion, city of our God.

I record Egypt and Babylon as those who know me;
behold Philistia, Tyre and Ethiopia:
in Zion were they born.

And of Zion it shall be said, ‘Each one was born in her,
and the Most High himself has established her.’

The Lord will record as he writes up the peoples,
‘This one also was born there.’
6 And as they dance they shall sing, •
‘All my fresh springs are in you.’

**Glory to the Father and to the Son •
and to the Holy Spirit;**

**as it was in the beginning is now •
and shall be for ev-er. A-men.**

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1 O Lord, God of my sal-va-tion, •
I have cried day and night be-fore you.

2 Let my prayer come into your pre-sence; •
incline your ear to my cry.

3 For my soul is full of trou-bles; •
my life draws near to the land of death.

4 I am counted as one gone down to the Pit; •
I am like one that has no strength,

5 Lost among the dead, •
like the slain who lie in the grave,

6 Whom you remember no more, •
for they are cut off from your hand.

7 You have laid me in the lowest pit, •
in a place of darkness in the a-byss.

8 Your anger lies heavy up-on me, •
and you have afflicted me with all your waves.

9 You have put my friends far from me •
and made me to be ab-horred by them.

10 I am so fast in prison that I cannot get free; •
my eyes fail from all my trou-ble.
Lord, I have called daily upon you; I have stretched out my hands to you.

Do you work wonders for the dead? Will the shades stand up and praise you?

Shall your loving-kindness be declared in the grave, your faithfulness in the land of des-truc-tion?

Shall your wonders be known in the dark or your righteous deeds in the land where all is for-got-ten?

But as for me, O Lord, I will cry to you; early in the morning my prayer shall come be-fore you.

Lord, why have you rejected my soul? Why have you hidden your face from me?

I have been wretched and at the point of death from my youth; I suffer your terrors and am no more seen.

Your wrath sweeps o-ver me; your horrors are come to des-troy me;

All day long they come about me like wa-ter; they close me in on ev-ery side.

Lover and friend have you put far from me and hid my companions out of my sight.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;
as it was in the beginning is now and shall be for ev-er. A-men.
My song shall be always of the loving-kindness of the Lord: with my mouth will I proclaim your faithfulness throughout all generations.

I will declare that your love is established for ever; you have set your faithfulness as firm as the heavens.

For you said: ‘I have made a covenant with my chosen one; I have sworn an oath to David my servant:

‘ “Your seed will I establish for ever and build up your throne for all generations.”’

The heavens praise your wonders, O Lord, and your faithfulness in the assembly of the holy ones;

For who among the clouds can be compared to the Lord? Who is like the Lord among the host of heaven?

A God feared in the council of the holy ones, great and terrible above all those round about him.

Who is like you, Lord God of hosts? Mighty Lord, your faithfulness is all around you.

You rule the raging of the sea; you still its waves when they arise.

You crushed Rahab with a deadly wound and scattered your enemies with your mighty arm.

Yours are the heavens; the earth also is yours; you established the world and all that fills it.

You created the north and the south; Tabor and Hermon rejoice in your name.

You have a mighty arm; strong is your hand and high is your right hand.
Righteousness and justice are the foundation of your throne; steadfast love and faithfulness go before your face.

Happy are the people who know the shout of triumph: they walk, O Lord, in the light of your countenance.

In your name they rejoice all the day long and are exalted in your righteousness.

For you are the glory of their strength, and in your favour you lift up our heads.

Truly the Lord is our shield; the Holy One of Israel is our king.

You spoke once in a vision and said to your faithful people: ‘I have set a youth above the mighty; I have raised a young man over the people.

‘I have found David my servant; with my holy oil have I anointed him.

‘My hand shall hold him fast and my arm shall strengthen him.

‘No enemy shall deceive him, nor any wicked person afflict him.

‘I will strike down his foes before his face and beat down those that hate him.

‘My truth also and my steadfast love shall be with him, and in my name shall his head be exalted.

‘I will set his dominion upon the sea and his right hand upon the rivers.

‘He shall call to me, “You are my Father, my God, and the rock of my salvation;”

‘And I will make him my first-born, the most high above the kings of the earth.
‘The love I have pledged to him will I keep for ev-er, and my covenant will stànd fast with him.

‘His seed also will I make to endure for ev-er and his throne as the days of hea-ven.

‘But if his children forsake my law and cease to walk in my judge-ments,

‘If they break my sta-tutes and do not keep my com-mand-ments,

‘I will punish their offences with a rod and their sin with scour-ges.

‘But I will not take from him my steady fast love nor suf-fer my truth to fail.

‘My covenant will I not break nor alter what has gone out of my lips.

‘Once for all have I sworn by my ho-li-ness that I will not prove false to Da-vid.

‘His seed shall endure for ev-er and his throne as the sun be-fore me;

‘It shall stand fast for ever as the moon, the enduring witness in the hea-vens.’

But you have cast off and rejected your a-noin-ted; you have shown fierce an-ger a-gainst him.

You have broken the covenant with your ser-vant, and have cast his cröwn to the dust.

You have broken down all his walls and laid his strong-holds in ru-ins.

All who pass by de-spoil him, and he has become the scorn of his neigh-bours.

You have exalted the right hand of his foes and made all his en-e-mies re-joice.
43 You have turned back the edge of his sword • and have not upheld him in battle.

44 You have made an end of his radiance • and cast his throne to the ground.

45 You have cut short the days of his youth • and have covered him with shame.

46 How long will you hide yourself so utterly, O Lord? • How long shall your anger burn like fire?

47 Remember how short my time is • how frail you have made all mortal flesh.

48 Which of the living shall not see death • and shall deliver their soul from the power of darkness?

49 Where, O Lord, is your steadfast love of old • which you swore to David in your faithfulness?

50 Remember, O Lord, how your servant is scorned • how I bear in my bosom the taunts of many peoples,

51 While your enemies mock, O Lord • while they mock the footsteps of your anointed.

52 Blessed be the Lord for ever more. • Amen and Amen.

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. Amen.
1 Lord, you have been our re-fuge •
   from one generation to an-o-ther.

2 Before the mountains were brought forth,
   or the earth and the world were formed, •
   from everlasting to ever-last-ing you areˇGod.

3 You turn us back to dust and say: •
   ‘Turn back, O chil-dren of earth.’

4 For a thousand years in your sight are but as yes-ter-day, •
   which passes like a watch inˇthe night.

5 You sweep them away like a dream; •
   they fade away sud-den-ly like theˇgrass.

6 In the morning it is green and flou-rish-es; •
   in the evening it is dried up and with-ered.

7 For we consume away in your dis-plea-sure; •
   we are afraid at your wrathful in-dig-na-tion.

8 You have set our misdeeds be-fore you •
   and our secret sins in the light of your coun-teˇnance.

9 When you are angry, all our days are gone; •
   our years come to an end like aˇsigh.

10 The days of our life are three score years and ten,
   or if our strength endures, even four score; •
   yet the sum of them is but labour and sorrow,
   for they soon pass a-way and we areˇgone.

11 Who regards the power of your wrath •
   and your indignation like those who fear you?

12 So teach us to number our days •
   that we may apply our hearts to wis-dom.
13 Turn again, O Lord; | how long will you de-lay? • 
Have compas-sion on your ser-vants.

14 Satisfy us with your loving-kindness in the morn-ing, • 
that we may rejoice and be glad all our days.

15 Give us gladness for the days you have afflic- ted us, • 
and for the years in which we have seen ad-ver-si-ty.

16 Show your servants your works, • 
and let your glory be o-ver their chil-dren.

17 May the gracious favour of the Lord our God be up-on us; • 
prosper our handiwork; O prosper the work of our hands.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 91
VIII.1

1 Who-ev-er dwells in the shelter of the Most High •
and abides under the shadow of the Al-migh-ty,

2 Shall say to the Lord, ‘My refuge and my strong-hold, •
my God, in whom I put my trust.’

3 For he shall deliver you from the snare of the fow-ler •
and from the dead-ly pes-ti`lence.

4 He shall cover you with his wings 
and you shall be safe under his fea-thers; •
his faithfulness shall be your shield and buck-ler.

5 You shall not be afraid of any terror by night, •
nor of the ar-row that flies by day;
Of the pestilence that stalks in darkness, nor of the sickness that destroys at noon-day.

Though a thousand fall at your side and ten thousand at your right hand, yet it shall not come near you.

Your eyes have only to behold to see the reward of the wicked.

Because you have made the Lord your refuge and the Most High your stronghold,

There shall no evil happen to you, neither shall any plague come near your tent.

For he shall give his angels charge over you, to keep you in all your ways.

They shall bear you in their hands, lest you dash your foot against a stone.

You shall tread upon the lion and adder; the young lion and the serpent you shall trample underfoot.

Because they have set their love upon me, therefore will I deliver them; I will lift them up, because they know my name.

They will call upon me and I will answer them; I am with them in trouble, I will deliver them and bring them to honour.

With long life will I satisfy them and show them my salvation.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.
1 It is a good thing to give thanks to the Lord •
   and to sing praises to your name, O Most’High;

2 To tell of your love early in the morning •
   and of your faithfulness in the night-time,

3 Upon the ten-stringed instrument, upon the harp, •
   and to the melody of the lyre.

4 For you, Lord, have made me glad by your acts, •
   and I sing aloud at the works of your hands.

5 O Lord, how glorious are your works! •
   Your thoughts are very deep.

6 The senseless do not know, •
   nor do fools understand,

7 That though the wicked sprout like grass •
   and all the workers of iniquity flourish,

8 It is only to be destroyed for ever; •
   but you, O Lord, shall be exalted for ever more.

9 For lo, your enemies, O Lord,
   lo, your enemies shall perish, •
   and all the workers of iniquity shall be scattered.

10 But my horn you have exalted
    like the horns of wild ox-en; •
    I am anointed with fresh oil.

11 My eyes will look down on my foes; •
    my ears shall hear the ruin of the evildoers
    who rise up against me.

12 The righteous shall flourish like a palm tree, •
    and shall spread abroad like a cedar of Le-ba’non.
13 Such as are planted in the house of the Lord; • shall flourish in the courts of our God.

14 They shall still bear fruit in old age; • they shall be vigorous and in full leaf;

15 That they may show that the Lord is true; • he is my rock,
   and there is no unright-eous-ness in him.

Glory to the Father and to the Son • and to the Holy Spi-rit;

as it was in the beginning is now • and shall be for ev-er. A-men.

Psalm 93

VIII.2

1 The Lord is king and has put on glorious ap-pa-rel; •
   the Lord has put on his glory
   and gird-ed him-self with strength.

2 He has made the whole world so sure • that it can-not be moved.

3 Your throne has been established from of old; •
   you are from ev-er-last-ing.

4 The floods have lifted up, O Lord,
   the floods have lifted up their voice; •
   the floods lift up their poun-ding waves.

5 Mightier than the thunder of many waters,
   mightier than the breakers of the sea, •
   the Lord on high is migh-ti-er.

6 Your testimonies are very sure; •
   holiness adorns your house, O Lord, for ev-er.
Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 94
IV.5

1 Lord God to whom vengeance belongs, •
   O God to whom vengeance belongs, shine out in majesty.

2 Rise up, O Judge of the earth; •
   give the arrogant their just deserts.

3 Lord, how long shall the wicked, •
   how long shall the wicked triumph?

4 How long shall the evil-doers boast •
   and pour out such impudent words?

5 They crush your people, O Lord, •
   and afflict your heritage.

6 They murder the widow and the stranger; •
   the orphans they put to death.

7 And yet they say, ‘The Lord will not see, •
   neither shall the God of Jacob regard it.’

8 Consider, most stupid of people; •
   you fools, when will you understand?

9 He that planted the ear, shall he not hear? •
   He that formed the eye, shall he not see?

10 He who corrects the nations, shall he not punish? •
    He who teaches the peoples, does he lack knowledge?

11 The Lord knows every human thought, •
    – that they are but a breath.
Blessed are those whom you chasten, O Lord, whom you instruct from your law;

That you may give them rest in days of adversity, until a pit is dug for the wicked.

For the Lord will not fail his people, neither will he forsake his inheritance.

For justice shall return to the righteous, and all that are true of heart shall follow it.

Who will rise up for me against the wicked? Who will take my part against the evil-doers?

If the Lord had not helped me, my soul would soon have been put to silence.

And when I said, 'My foot has slipped', your loving mercy, O Lord, upheld me.

In the multitude of cares that troubled my heart, your comforts have refreshed my soul.

Will you have anything to do with the throne of wickedness, which fashions evil through its law?

They gather together against the life of the righteous and condemn the innocent to death.

But the Lord has become my strong-hold and my God the rock of my trust.

He will turn against them their own wickedness and silence them through their own mal-ice; the Lord our God will put them to silence.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.
1 O come, let us sing to the Lord; let us heartily rejoice in the rock of our salvation.

2 Let us come into his presence with thanksgiving and be glad in him with psalms.

3 For the Lord is a great God and a great king above all gods.

4 In his hand are the depths of the earth and the heights of the mountains are his also.

5 The sea is his, for he made it, and his hands have moulded the dry land.

6 Come, let us worship and bow down and kneel before the Lord our Maker.

7 For he is our God; we are the people of his pasture and the sheep of his hand.

8 O that today you would listen to his voice: ‘Harden not your hearts as at Meribah, on that day at Massah in the wilderness,

9 ‘When your forebears tested me, and put me to the proof, though they had seen my works.

10 ‘Forty years long I detested that generation and said, “This people are wayward in their hearts; they do not know my ways.”

11 ‘So I swore in my wrath, “They shall not enter into my rest.”’

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.

Psalm 96
VIII.2

1 Sing to the Lord a new song; •
sing to the Lörd, all theˆearth.

2 Sing to the Lord and bless his name; •
tell out his salva-tion from day toˆday.

3 Declare his glory among the na-tions •
and his wonders a-mong all peo-ples.

4 For great is the Lord and greatly to be praised; •
he is more to be feared than all gods.

5 For all the gods of the nations are but i-dols; •
it is the Lord who made the hea-vens.

6 Honour and majesty are be-fore him; •
power and splendour are in his sanc-tuaˆry.

7 Ascribe to the Lord, you families of the peo-ple; •
ascribe to the Lord hon-our and strength.

8 Ascribe to the Lord the honour due to his name; •
bring offerings and come in-to hisˆcourts.

9 O worship the Lord in the beauty of ho-liˆness; •
let the whole earth trem-ble be-fore him.

10 Tell it out among the nations that the Lord is king. •
He has made the world so firm that it cannot be moved;
he will judge the peo-ple with e-quiˆty.

11 Let the heavens rejoice and let the earth be glad; •
let the sea thunder and all that is in it;
12 Let the fields be joyful and all that is in them; 
let all the trees of the wood shout for joy before the Lord.

13 For he comes, he comes to judge the earth; 
with righteousness he will judge the world 
and the peoples with his truth.

Glory to the Father and to the Son 
and to the Holy Spirit;
as it was in the beginning is now 
and shall be for ever. A-men.

Psalm 97
V.1

1 The Lord is king: let the earth re-joice; 
let the multitude of the isles be glad.

2 Clouds and darkness are round about him; 
righteousness and justice are the foundation of his throne.

3 Fire goes before him 
and burns up his enemies on every side.

4 His lightnings lit up the world; 
the earth saw it and trembled.

5 The mountains melted like wax at the presence of the Lord, 
at the presence of the Lord of the whole earth.

6 The heavens declared his righteousness, 
and all the peoples have seen his glory.

7 Confounded be all who worship carved images 
and delight in mere idols. 
Bow down before him, all you gods.
8 Zion heard and was glad, and the daughters of Judah rejoiced, because of your judgments, O Lord.

9 For you, Lord, are most high over all the earth; you are exalted far above all gods.

10 The Lord loves those who hate evil; he preserves the lives of his faithful and delivers them from the hand of the wicked.

11 Light has sprung up for the righteous and joy for the true of heart.

12 Rejoice in the Lord, you righteous, and give thanks to his holy name.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
Psal

I.5

1 Sing to the Lord a new song, • for he has done mar-vel-lous things.

2 His own right hand and his ho-ly arm • have won for him the vic-to-ry.

3 The Lord has made known his sal-va-tion; • his deliverance has he openly shown in the sight of the na-tions.

4 He has remembered his mercy and faithfulness towards the house of Is-ra-el, • and all the ends of the earth have seen the salva-tion of our God.

5 Sound praises to the Lord, all the earth; • break into singing and make mu-sic.

6 Make music to the Lord with the lyre, • with the lyre and the voice of me-lo-dy.

7 With trumpets and the sound of the horn • sound praises be-fore the Lord, the King.

8 Let the sea thunder and all that fills it, • the world and all that dwell up-on it.

9 Let the rivers clap their hands • and let the hills ring out to-gether before the Lord, for he comes to judge the earth.

10 In righteous-ness shall he judge the world • and the peo-ple with e-qui-ty.

Glory to the Father and to the Son • and to the Ho-ly Spi-rit;

as it was in the begin-ning is now • and shall be for ev-er. A-men.
1 The Lord is king: let the peoples tremble; he is enthroned above the cherubim: let the earth shake.

2 The Lord is great in Zion and high above all peoples.

3 Let them praise your name, which is great and awesome; the Lord our God is holy.

4 Mighty king, who loves justice, you have established equity; you have executed justice and righteousness in Jacob.

5 Exalt the Lord our God; bow down before his footstool, for he is holy.

6 Moses and Aaron among his priests and Samuel among those who call upon his name; they called upon the Lord and he answered them.

7 He spoke to them out of the pillar of cloud; they kept his testimonies and the law that he gave them.

8 You answered them, O Lord our God; you were a God who forgave them and pardoned them for their offenses.

9 Exalt the Lord our God and worship him upon his holy hill, for the Lord our God is holy.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. A-men.
Psalm 100

VIII.1

1 O be joyful in the Lord, all the earth; •
   serve the Lord with gladness
   and come before his pre-sence with a song.

2 Know that the Lord is God •
   it is he that has made us and we are his;
   we are his people and the sheep of his pas-ture.

3 Enter his gates with thanksgiving
   and his courts with praise •
   give thanks to him and bless his name.

4 For the Lord is gracious; his steadfast love is ever-last-ing, •
   and his faithfulness endures from generation to ge-ne-ra-tion.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 101

I.2

1 I will sing of faithfulness and jus-tice; •
   to you, O Lord, will I sing.

2 Let me be wise in the way that is per-fect; •
   when will you come to me?

3 I will walk with purity of heart •
   within the walls of my house.

4 I will not set before my eyes •
   a counsel that is e-vil.
I abhor the deeds of unfaith-ful-ness; they shall not cling to me.

A crooked heart shall depart from me; I will not know a wick-ed per-son.

One who slanders a neighbour in se-cret I will quickly put to si-lence.

Haughty eyes and an arro-gant heart – I will not en-dure.

My eyes are upon the faithful in the land, that they may dwell with me.

One who walks in the way that is pure shall be my ser-vant.

There shall not dwell in my house one that prac-tises de-ciet.

One who utters false-hood shall not con-ti nue in my sight.

Morning by morning will I put to si-lence all the wick-ed in the land,

To cut off from the city of the Lord all those who prac-tise e-vil.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;

as it was in the beginning is now and shall be for ev-er. A-men.
1 O Lord, hear my prayer •
   and let my crying come be-fore you.

2 Hide not your face from me •
   in the day of my`dis-tress.

3 Incline your ear to me; •
   when I call, make haste to an`swer me.

4 For my days are consumed in smoke •
   and my bones burn away as in a fur-nace.

5 My heart is smitten down and withered like grass, •
   so that I for-get to eat`my bread.

6 From the sound of my groan-ing •
   my bones cleave fast to my skin.

7 I am become like a vulture in the wil-der-ness, •
   like an owl that haunts the ru-ins.

8 I keep watch and am become like a spar-row •
   solitary upon the housetop.

9 My enemies revile me all the day long, •
   and those who rage at me have sworn together a-gainst me.

10 I have eaten ashes for bread •
    and mingled my drink with weep-ing.

11 Because of your indignation and wrath, •
    for you have taken me up and cast`me down.

12 My days fade away like a sha-dow, •
    and I am wi-thered like grass.

13 But you, O Lord, shall endure for ev-er •
    and your name through all ge-ne-ra-tions.
14 You will arise and have pity on Zi-ion; •
it is time to have mercy upon her;
surely the time has come.

15 For your servants love her very stones •
and feel compassion for her dust.

16 Then shall the nations fear your name, O Lord, •
and all the kings of the earth your glo-ry,

17 When the Lord has built up Zi-on •
and shown himself in glo-ry;

18 When he has turned to the prayer of the des-ti-tute •
and has not des-pised their plea.

19 This shall be written for those that come af-ter, •
and a people yet unborn shall praise the Lord.

20 For he has looked down from his holy height •
from the heavens he be-held the earth,

21 That he might hear the sighings of the pri-son-er •
and set free those con-demned to die;

22 That the name of the Lord may be proclaimed in Zi-on •
and his praises in Je-ru-sa-lem,

23 When peoples are gathered to-ge-ther •
and kingdoms also, to serve the Lord.

24 He has brought down my strength in my jour-ney •
and has shor-tened my days.

25 I pray, ‘O my God, do not take me in the midst of my days; •
your years endure throughout all ge-ne-ra-tions.

26 ‘In the beginning you laid the foundations of the earth, •
and the heavens are the work of your hands;

27 ‘They shall perish, but you will en-dure; •
they all shall wear out like a gar-ment.
‘You change them like clothing, and they shall be changed; but you are the same, and your years will not fail.

‘The children of your servants shall continue, and their descendants shall be established in your sight.’

**Glory to the Father and to the Son • and to the Holy Spirit;**

**as it was in the beginning is now • and shall be for ever. A-men.**

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**Psalm 103**

**VIII.2**

1 Bless the Lord, O my soul, • and all that is within me bless his holy name.

2 Bless the Lord, O my soul, • and forget not all his benefits;

3 Who forgives all your sins • and heals all your infirmities;

4 Who redeems your life from the Pit • and crowns you with faithful love and compassion;

5 Who satisfies you with good things, • so that your youth is renewed like an eagle’s.

6 The Lord executes righteous-ness • and judgement for all who are oppressed.

7 He made his ways known to Mo-ses • and his works to the children of Is-ra-el.

8 The Lord is full of compassion and mer-cy, • slow to anger and of great kind-ness.
He will not always accuse us, neither will he keep his anger for ever.

He has not dealt with us according to our sins, nor rewarded us according to our wickedness.

For as the heavens are high above the earth, so great is his mercy upon those who fear him.

As far as the east is from the west, so far has he set our sins from us.

As a father has compassion on his children, so is the Lord merciful towards those who fear him.

For he knows of what we are made; he remembers that we are but dust.

Our days are but as grass; we flourish as a flower of the field;

For as soon as the wind goes over it, it is gone, and its place shall know it no more.

But the merciful goodness of the Lord is from of old and endures for ever on those who fear him, and his righteousness on children's children;

On those who keep his covenant and remember his commandments to do them.

The Lord has established his throne in heaven, and his kingdom has dominion over all.

Bless the Lord, you angels of his, you mighty ones who do his bidding and hearken to the voice of his word.

Bless the Lord, all you his hosts, you ministers of his who do his will.

Bless the Lord, all you works of his, in all places of his dominion; bless the Lord, O my soul.
Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.

Psalm 104

III.2

1 Bless the Lord, O my () soul. •
O Lord my God, how excellent is your greatness!

2 You are clothed with majesty and honour, •
wrapped in light as in a garment.

3 You spread out the heavens like a curtain •
and lay the beams of your dwelling place in the waters above.

4 You make the clouds your chariot •
and ride on the wings of the wind.

5 You make the winds your messengers •
and flames of fire your servants.

6 You laid the foundations of the earth, •
that it never should move at any time.

7 You covered it with the deep like a garment; •
the waters stood high above the hills.

8 At your rebuke they fled; •
at the voice of your thunder they hastened away.

9 They rose up to the hills and flowed down to the valleys beneath, •
to the place which you had appointed for them.

10 You have set them their bounds that they should not pass, •
nor turn again to cover the earth.

11 You send the springs into the brooks, •
which run among the hills.
12 They give drink to every beast of the field, and the wild asses quench their thirst.

13 Beside them the birds of the air make their nests and sing among the branches.

14 You water the hills from your dwelling on high; the earth is filled with the fruit of your works.

15 You make grass to grow for the cattle and plants to meet our needs,

16 Bringing forth food from the earth and wine to glad our hearts,

17 Oil to give us a cheerful countenance and bread to strengthen our hearts.

18 The trees of the Lord are full of sap, the cedars of Lebanon which he planted,

19 In which the birds build their nests, while the fir trees are a dwelling for the stork.

20 The mountains are a refuge for the wild goats and the stony cliffs for the conies.

21 You appointed the moon to mark the seasons and the sun knows the time for its setting.

22 You make darkness that it may be night, in which all the beasts of the forest creep forth.

23 The lions roar for their prey and seek their food from God.

24 The sun rises and they are gone to lay themselves down in their dens.

25 People go forth to their work and to their labour until the evening.
O Lord, how manifold are your works! In wisdom you have made them all; the earth is full of your creatures.

There is the sea, spread far and wide, and there move creatures beyond number, both small and great.

There go the ships, and there is that Leviathan which you have made to play in the deep.

– All of these look to you to give them their food in due season.

When you give it them, they gather it; you open your hand and they are filled with good.

When you hide your face they are troubled; when you take away their breath, they die and return again to the dust.

When you send forth your spirit, they are created, and you renew the face of the earth.

May the glory of the Lord endure for ever; may the Lord rejoice in his works;

He looks on the earth and it trembles; he touches the mountains and they smoke.

I will sing to the Lord as long as I live; I will make music to my God while I have my being.

So shall my song please him while I rejoice in the Lord.

Let sinners be consumed out of the earth and the wicked be no more. Bless the Lord, O my soul.

Al-le-lu-ia.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.

Psalm 105
VII.6

1 O give thanks to the Lord and call up-on´his name; •
make known his deeds a-mong the peo-plies.

2 Sing to him, sing prais-es, •
and tell of all his mar-vel-lous works.

3 Rejoice in the praise of his ho´ly name; •
let the hearts of them re-joice who seek the Lord.

4 Seek the Lord and his strength; •
seek his face con-tin´ual-ly.

5 Remember the mar-vels he has done, •
his wonders and the judge-ments of his mouth,

6 O seed of Abra-ham his ser-vant, •
O children of Ja-co-b his cho-sen.

7 He is the Lord () our God; •
his judgements are in all the earth.

8 He has always been mindful of his co´ve-nant, •
the promise that he made for a thousand ge-ne-ra-tions:

9 The covenant he made with A`bra-ham, •
the oath that he swore to I-saac,

10 Which he establis-hed as a sta-tute for Ja-co-b, •
an everlasting cove-nant for Is´ra-el,

11 Say-ing, ‘To you will I give the land of Ca-naan •
to be the por-tion of your in-he´ri-tance.’

12 When they were but few in num-ber, •
of little ac-count, and so-jour´ners in the land,
Wandering from na-tion to na-tion, from one kingdom to an-o-ther peo-ple,

He suffered no one to do () them wrong and rebuked even kings for their sake,

Saying, ‘Touch not my an-oint-ed and do my pro-phets no harm.’

Then he called down famine o-ver the land and broke ev-ery staff of bread.

But he had sent a man be-fore them, Joseph, who was sold as a slave.

They shackled his feet with fet-ters; his neck was ringed with i-ron.

Until all he foretold came () to pass, the word of the Lörd test-ed him.

The king sent and re-leased him; the ruler of peo-ple set him free.

He appointed him lord of his house-hold and ruler of all he pos-sessed,

To instruct his prin-ces as he willed and to teach his coun-sel`lors wis-dom.

Then came Israel in-to E-gypt; Jacob sojourned in the land of Ham.

And the Lord made his people ex-ceed-ing`ly fruit-ful; he made them too many for their ad`ver-saries,

Whose heart he turned, so that they ha-ted his peo-ple and dealt craftily with his ser-vants.

Then sent he Mo-ses his ser-vant and Aaron whom he had cho-sen.
27 He showed his signs through their word and his wonders in the land of Ham.

28 He sent darkness and it grew dark; yet they did not heed his words.

29 He turned their waters into blood and slew all their fish.

30 Their land swarmed with frogs, even in their kings' chambers.

31 He spoke the word, and there came clouds of flies, swarms of gnats within all their borders.

32 He gave them hailstones for rain and flames of lighting in their land.

33 He blasted their vines and their fig trees and shattered trees across their country.

34 He spoke the word, and the grasshoppers came and young locusts without number;

35 They ate every plant in their land and devoured the fruit of their soil.

36 He smote all the first-born in their land, the first fruits of all their strength.

37 Then he brought them out with silver and gold; there was not one among their tribes that stumbled.

38 Egypt was glad at their departing, for a dread of them had fallen upon them.

39 He spread out a cloud for a covering and a fire to light up the night.

40 They asked and he brought them quails; he satisfied them with the bread of heaven.

41 He opened the rock, and the waters gushed out and ran in the dry places like a river.
For he remembered his holy word • and Abra-ham, his ser-vant.

So he brought forth his peo-ple with joy, • his chosen ones with sing-ing.

He gave them the lands of the na-tions • and they took possession of the fruit of their toil,

That they might keep his sta-tutes • and faithfully observe his laws. [or and faithfully observe his laws.

Al-le-lu-ia. Praise the Lord.]

Glory to the Fa-ther and to the Son • and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now • and shall be for ev-er. A-men.

Psalm 106

VI

1 Al-le-lu-ia. [or Praise the Lord.] Give thanks to the Lord, for he is gra-cious, • for his faithfulness en-dures for ev-er.

2 Who can express the mighty acts of the Lord • or show forth all his praise?

3 Blessed are those who observe what is right • and always do what is just.

4 Remember me, O Lord, in the favour you bear for your peo-ple; • visit me in the day of your sal-va-tion;

5 That I may see the prosperity of your chosen • and rejoice in the gladness of your peo-ple, • and exult with your in-he-riˆtance.
6 We have sinned like our fore-bears; •
   we have done wrong and dealt wick-ed-ly.

7 In Egypt they did not consider your wonders,
   nor remember the abundance of your faith-ful love; •
   they rebelled against the Most High at the Red Sea.

8 But he saved them for his name's sake, •
   that he might make his pow-er to be known.

9 He rebuked the Red Sea and it was dried up; •
   so he led them through the deep as through the wil-der-ness.

10 He saved them from the adver-sary's hand •
   and redeemed them from the hand of the e-ne-my.

11 As for those that troubled them, the waters over-whelmed them; •
   there was not one of them left.

12 Then they believed his words •
   and sang a-loud his praise.

13 But soon they forgot his deeds •
   and would not wait for his coun-sel.

14 A craving seized them in the wil-der-ness, •
   and they put God to the test in the des-ert.

15 He gave them their de-sire, •
   but sent a wasting sick-ness a-mong them.

16 They grew jealous of Moses in the camp •
   and of Aaron, the holy one of the Lord.

17 So the earth opened up and swallowed up Da-than •
   and covered the company of A-bi-ram.

18 A fire was kindled in their com-pa-ny; •
   the flame burnt up the wick-ed.

19 They made a calf at Ho-reb •
   and worshipped the mol-ten im-age;
Thus they exchanged their glory for the image of an ox that feeds on hay.

They forgot God their saviour, who had done such great things in Egypt,

Wonderful deeds in the land of Ham and fearful things at the Red Sea.

So he would have destroyed them, had not Moses his chosen stood before him in the breach, to turn away his wrath from consuming them.

Then they scorned the Promised Land and would not believe his word,

But murmured in their tents and would not heed the voice of the Lord.

So he lifted his hand against them and swore to overthrow them in the wilderness,

To disperse their descendants among the nations and to scatter them throughout the lands.

They joined themselves to the Baal of Peor and ate sacrifices offered to the dead.

They provoked him to anger with their evil deeds and a plague broke out among them.

Then Phinehas stood up and interceded and so the plague was stayed.

This was counted to him for righteousness throughout all generations for ever.

They angered him also at the waters of Meribah, so that Moses suffered for their sake;

For they so embittered his spirit that he spoke rash words with his lips.

They did not destroy the peoples as the Lord had commanded them.
35 They mingled with the na-tions •
and learned to fol-low their ways,

36 So that they worshipped their idols, •
which be-came to them a snare.

37 Their own sons and daugh-ters •
they sacrificed to e-vil spi-rits.

38 They shed inno-cent blood, •
the blood of their sons and daugh-ters,

39 Which they offered to the idols of Ca-naan, •
and the land was de-filed with blood.

40 Thus were they polluted by their ac-tions, •
and in their wanton deeds went whoring af-ter o-ther gods.

41 Therefore was the wrath of the Lord
kindled against his peo-ple, •
and he abhorred his in-he-ri-tance.

42 He gave them over to the hand of the na-tions, •
and those who hated them ruled o-ver them.

43 So their enemies op-pressed them •
and put them in subjection un-der their hand.

44 Many a time did he deliver them,
but they rebelled through their own de-vi-ces •
and were brought down through their wick-ed-ness.

45 Nevertheless, he saw their adver-si-ty, •
when he heard their la-men-ta-tion.

46 He remembered his covenant with them •
and relented accord-ing to the greatness of his faith-ful love.

47 He made them also to be pit-ied •
by all who had ta-ken them cap-tive.

48 Save us, O Lord our God,
and gather us from among the na-tions, •
that we may give thanks to your holy name
and glo-ry in your praise.
Blessed be the Lord, the God of Israel, from everlasting and to everlasting; and let all the people say, Amen. [or and let all the people say, Amen. Al-le-lu-ia. Praise the Lord.]

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Psalm 107

1 O give thanks to the Lord, for he is gracious, for his steadfast love endures for ever.

2 Let the redeemed of the Lord say this, those he redeemed from the hand of the enemy,

3 And gathered out of the lands from the east and from the west, from the north and from the south.

4 Some went astray in desert wastes and found no path to a city to dwell in.

5 Hungry and thirsty, their soul was fainting within them.

6 So they cried to the Lord in their trouble and he delivered them from their distress.

7 He set their feet on the right way till they came to a city to dwell in.

8 Let them give thanks to the Lord for his goodness and the wonders he does for his children.
For he satisfies the long-ing soul • and fills the hun-gry soul with good.

Some sat in darkness and in the shadow of death, • bound fast in mise-ry and i-ron,

For they had rebelled against the words of God • and despised the counsel of the Most High.

So he bowed down their heart with hea-vi-ness; • they stumbled and there was none to help them.

Then they cried to the Lord in their trou-ble, • and he delivered them from their dis-tress.

He brought them out of darkness and out of the shadow of death, • and broke their bonds a-sun-der.

Let them give thanks to the Lord for his good-ness • and the wonders he does for his chil-dren.

For he has broken the doors of bronze • and breaks the bars of i-ron in pie-ces.

Some were foolish and took a rebelli-ous way, • and were plagued because of their wrong-do-ing.

Their soul abhorred all manner of food • and drew near to the gates of death.

Then they cried to the Lord in their trou-ble, • and he delivered them from their dis-tress.

He sent forth his word and healed them, • and saved them from des-truc-tion.

Let them give thanks to the Lord for his good-ness • and the wonders he does for his chil-dren.

Let them offer him sacrifices of thanks-giv-ing • and tell of his acts with shouts of joy.
Those who go down to the sea in ships and ply their trade in great wa-ters,

These have seen the works of the Lord and his won-ders in the deep.

For at his word the stormy wind a-rose and lifted up the waves of the sea.

They were carried up to the heavens and down again to the deep; their soul melted away in their pe-ril.

They reeled and staggered like a drunk-ard and were at their wits' end.

Then they cried to the Lord in their trou-ble, and he brought them out of their dis-tress.

He made the storm be still and the waves of the sea were calmed.

Then were they glad because they were at rest, and he brought them to the ha-ven they de-sired.

Let them give thanks to the Lord for his good-ness and the wonders he does for his chil-dren.

Let them exalt him in the congrega-tion of the peo-ple and praise him in the council of the el-ders.

The Lord turns rivers into wil-der-ness and water springs in-to thirs-ty ground;

A fruitful land he makes a sal-ty waste, because of the wickedness of those who dwell there.

He makes the wilderness a pool of wa-ter and water springs out of a thirs-ty land.

There he settles the hun-gry and they build a ci-ty to dwell in.
They sow fields and plant vineyards and bring in a fruitful harvest.

He blesses them, so that they multiply greatly; he does not let their herds of cattle decrease.

He pours contempt on princes and makes them wander in trackless wastes.

They are diminished and brought low, through stress of misfortune and sorrow,

But he raises the poor from their misery and multiplies their families like flocks of sheep.

The upright will see this and rejoice, but all wickedness will shut its mouth.

Whoever is wise will ponder these things and consider the loving-kindness of the Lord.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.

My heart is ready, O God, my heart is ready; I will sing and give you praise.

Awake, my soul; awake, harp and lyre, that I may awaken the dawn.

I will give you thanks, O Lord, among the people; I will sing praise to you among the nations.

Psalm 108
VIII.2
For your loving-kindness is as high as the heavens • and your faithfulness reaches to the clouds.

Be exalted, O God, above the heavens • and your glory over all the earth.

That your beloved may be delivered, • save us by your right hand and answer me.

God has spoken in his holiness: • 'I will triumph and divide Shechem and share out the valley of Succoth.

'Gilead is mine and Manasseh is mine; • Ephraim is my helmet and Judah my sceptre.

'Moab shall be my washpot, • over Edom will I cast my sandal, • across Philistia will I shout in triumph.'

Who will lead me into the strong city? • Who will bring me into Edom?

Have you not cast us off, O God? • Will you no longer go forth with our troops?

O grant us your help against the enemy, • for earthly help is in vain.

Through God will we do great acts • for it is he that shall tread down our enemies.

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. Amen.
Psalm 109

II.1

1 Keep si-lent no longer, O God of my praise, •
for the mouth of wickedness and treachery
is opened a-again-t me.

2 They have spoken against me with a lying tongue; •
they encom-passed me with words of hatred
and fought against me with-out a cause.

3 In return for my love, they set themselves a-against me, •
even though I had prayed for them.

4 Thus have they repaid me with evil for good, •
and hatred for my good will.

5 They say, ‘Appoint a wicked man o-ver him, •
and let an accuser stand at his right hand.

6 ‘When he is judged, let him be found guil-ty, •
and let his prayer be coun-td as sin.

7 ‘Let his days be few •
and let another take his of-fice.

8 ‘Let his children be fa-ther-less •
and his wife become a wi-dow.

9 ‘Let his children wander to beg their bread; •
let them seek it in deso-late pla-ces.

10 ‘Let the creditor seize all that he has; •
let strangers plunder the fruit of his toil.

11 ‘Let there be no one to keep faith with him, •
or have compassion on his father-less chil-dren.

12 ‘Let his line soon come to an end •
and his name be blotted out in the next ge-ne-ra-tion.
‘Let the wickedness of his fathers be remembered before the Lord, and no sin of his mother be blotted out;

‘Let their sin be always before the Lord, that he may root out their name from the earth;

‘Because he was not minded to keep faith, but persecuted the poor and needy and sought to kill the broken-hearted.

‘He loved cursing and it came to him; he took no delight in blessing and it was far from him.

‘He clothed himself with cursing as with a garment: it seeped into his body like water and into his bones like oil;

‘Let it be to him like the cloak which he wraps around him and like the belt that he wears continually.’

Thus may the Lord repay my accusers and those who speak evil against me.

But deal with me, O Lord my God, according to your name; O deliver me, for sweet is your faithfulness.

For I am helpless and poor and my heart is disquieted within me.

I fade like a shadow that lengthens; I am shaken off like a locust.

My knees are weak through fasting and my flesh is dried up and wasted.

I have become a reproach to them; those who see me shake their heads in scorn.

Help me, O Lord my God; save me for your loving mercy’s sake,
26 And they shall know that this is your hand, • that you, O Lord, have done it.

27 Though they curse, may you bless; • let those who rise up against me be confounded, but let your servant rejoice.

28 Let my accusers be clothed with disgrace • and wrap themselves in their shame as in a cloak.

29 I will give great thanks to the Lord with my mouth; • in the midst of the multitude will I praise him;

30 Because he has stood at the right hand of the needy, • to save them from those who would condemn them.

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. A-men.
Psalm 110

III.2

1 The Lord said to my lord, ‘Sit at my right hand, •
   until I make your ene-mies your foot-stool.’

2 May the Lord stretch forth the sceptre of your pow-er; •
   rule from Zion in the midst of your en-eˆmies.

3 ‘Noble are you on this day of your birth; •
   on the holy mountain, from the womb of the dawn
   the dew of your new birth is up-on you.’

4 The Lord has sworn and willˆnot re-tract: •
   ‘You are a priest for ever after the order of Mel-chi-zeˆdek.’

5 The king at your right hand, O Lord, •
   shall smite down kings in the day of his wrath.

6 In all his majesty, he shall judge a-mong the na-tions, •
   smiting heads over all the wide earth.

7 He shall drink from the brook beˆside the way; •
   therefore shall he lift high his head.

Glory to the Fa-ther¬and¬to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
1 Al-le-luia. [or Praise the Lord.] I will give thanks to the Lord with my whole heart, in the company of the faithful and in the con-gré-ga-tion.

2 The works of the Lord are great, sought out by all who de-light in’them.

3 His work is full of majesty and hon-our and his righteousness en-dures for ev-er.

4 He appointed a memorial for his marvellous deeds; the Lord is gracious and full of com-pas-sion.

5 He gave food to those who feared him; he is ever mindful of his co-veˆnant.

6 He showed his people the power of his works in giving them the heritage of the na-tions.

7 The works of his hands are truth and jus-tice; all his com-mand-ments are sure.

8 They stand fast for ever and ev-er; they are done in truth and e-quiˆty.

9 He sent redemption to his people; he commanded his covenant for ev-er; holy and awe-some is hisˆname.

10 The fear of the Lord is the beginning of wisdom; a good understanding have those who live by it; his praise en-dures for ev-er.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;
as it was in the begin-ning is now and shall be for ev-er. A-men.
Al-le-luia. [Or Praise the Lord.]
Blessed are those who fear the Lord and have great delight in his commandments.

Their descendants will be mighty in the land, a generation of the faith-ful that will be blest.

Wealth and riches will be in their house, and their righteousness endures for ever.

Light shines in the darkness for the up-right; gracious and full of compassion are the right-eous.

It goes well with those who are gene-rous in lend-ing and order their af-fairs with jus-tice,

For they will never be sha-ken; the righteous will be held in ever-last-ing re-mem-brance.

They will not be afraid of any evil ti-dings; their heart is steadfast, trust-ing in the Lord.

Their heart is sus-tained and will not fear, until they see the down-fall of their foes.

They have given freely to the poor; their righteousness stands fast for ev-er; their head will be ex-alt-ed with hon-our.

The wicked shall see it and be angry; they shall gnash their teeth in des-pair; the desire of the wick-ed shall per-ish.

Glory to the Fa-ther and to the Son and to the Ho-ly Spi-rit;
as it was in the be-gin-ning is now and shall be for ev-er. A-men.
Psalm 113

V.2

1 Al-le-luia. [or Praise the Lord.]
   Give praise, you servants of the Lord. •
   O praise the name of the Lord.

2 Blessed be the name of the Lord. •
   from this time forth and for evermore.

3 From the rising of the sun to its setting •
   let the name of the Lord be praised.

4 The Lord is high above all nations •
   and his glory above the heavens.

5 Who is like the Lord our God,
   that has his throne so high. •
   yet humbles himself to behold
   the things of heaven and earth?

6 He raises the poor from the dust •
   and lifts the needy from the ashes,

7 To set them with princes, •
   with the princes of his people.

8 He gives the barren woman a place in the house •
   and makes her a joyful mother of children.
   Al-le-luia. [or and makes her a joyful mother of children.
   Praise the Lord.]

   Glory to the Father and to the Son •
   and to the Holy Spirit;

   as it was in the beginning is now •
   and shall be for ever. A-men.
1 When Is-ra-el came out of E-gyp-t, •
the house of Jacob from a people of a strange tongue,

2 Judah became his sanc-tua-ry, •
Is-ra-el his do-min-ion.

3 The sea saw that, and fled; •
Jor-dan was dri-ven`back.

4 The mountains skipped like rams, •
the little hills like young sheep.

5 What ailed you, O sea, that you fled? •
O Jordan, that you were dri-ven`back?

6 You mountains, that you skipped like rams, •
you little hills like young sheep?

7 Tremble, O earth, at the presence of the Lord. •
at the presence of the God of Ja-cob,

8 Who turns the hard rock into a pool of wa-ter, •
the flint-stone in-to a spring-ing`well.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
Psalm 115

1 Not to us, Lord, not to us, but to your name give the glory, for the sake of your loving mercy and truth.

2 Why should the nations say, ‘Where is now their God?’

3 As for our God, he is in heaven; he does whatever he pleases.

4 Their idols are silver and gold, the work of human hands.

5 They have mouths, but cannot speak; eyes have they, but cannot see;

6 They have ears, but cannot hear; noses have they, but cannot smell;

7 They have hands, but cannot feel; feet have they, but cannot walk; not a whisper do they make from their throats.

8 Those who make them shall become like them and so will all who put their trust in them.

9 But you, Israel, put your trust in the Lord; he is their help and their shield.

10 House of Aaron, trust in the Lord; he is their help and their shield.

11 You that fear the Lord, trust in the Lord; he is their help and their shield.

12 The Lord has been mindful of us and he will bless us; may he bless the house of Israel; may he bless the house of Aaron;
13 May he bless those who fear the Lord, both small and great together.

14 May the Lord increase you more and more, you and your children after you.

15 May you be blest by the Lord, the maker of heaven and earth.

16 The heavens are the heavens of the Lord, but the earth he has entrusted to his children.

17 The dead do not praise the Lord, nor those gone down into silence;

18 But we will bless the Lord, from this time forth for evermore.

    Alleluia. [/or from this time forth for ever-more. Praise the Lord.]

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be for ever. Amen.
1 I love the Lord, for he has heard the voice of my supplication; because he inclined his ear to me on the day I called to him.

2 The snares of death encompassed me; the pains of hell took hold of me; by grief and sorrow was I held.

3 Then I called upon the name of the Lord: ‘O Lord, I beg you, deliver my soul.’

4 Gracious is the Lord and righteous; our God is full of compassion.

5 The Lord watches over the simple; I was brought very low and he saved me.

6 Turn again to your rest, O my soul, for the Lord has been gracious to you.

7 For you have delivered my soul from death, my eyes from tears and my feet from falling.

8 I will walk before the Lord in the land of the living.

9 I believed that I should perish for I was sorely troubled; and I said in my alarm, ‘Everyone is a liar.’

10 How shall I repay the Lord for all the benefits he has given to me?

11 I will lift up the cup of salvation and call upon the name of the Lord.
12 I will fulfil my vows to the Lord \*in the presence of all his people.

13 Precious in the sight of the Lord \*is the death of his faithful servants.

14 O Lord, I am your servant, \*your servant, the child of your handmaid; you have freed me from my bonds.

15 I will offer to you a sacrifice of thanksgiving \*and call upon the name of the Lord.

16 I will fulfil my vows to the Lord \*in the presence of all his people,

17 In the courts of the house of the Lord, \*in the midst of you, O Jerusalem.

         Al-le-lu-ia. \[or in the midst of you, O Jerusa-lem. Praise the Lord.\]

Glory to the Father and to the Son \*and to the Holy Spirit;

as it was in the beginning is now \*and shall be for ev-er. A-men.
Psalm 117

VII.5

1 O praise the Lord, all you na-tions; praise him, all you peo-ples.

2 For great is his steadfast love to-wards us, and the faithfulness of the Lord endures for ever.
   Al-le-lu-ia. [or and the faithfulness of the Lord endures for ev-er. Praise the`Lord.]

Glory to the Fa-ther and to the Son and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now and shall be for ev-er. A-men.

Psalm 118

VI

1 O give thanks to the Lord, for he is good; his mercy en-dures for ev-er.

2 Let Israel now pro-claim, ‘His mercy en-dures for ev-er.’

3 Let the house of Aaron now pro-claim, ‘His mercy en-dures for ev-er.’

4 Let those who fear the Lord pro-claim, ‘His mercy en-dures for ev-er.’

5 In my constraint I called to the Lord; he an-swered and set me free.

6 The Lord is at my side; I will not fear; what can flesh do to me?
With the Lord at my side as my saviour, I shall see the downfall of my enemies.

It is better to take refuge in the Lord than to put any confidence in flesh.

It is better to take refuge in the Lord than to put any confidence in princes.

All the nations encompassed me, but by the name of the Lord I drove them back.

They hemmed me in, they hemmed me in on every side, but by the name of the Lord I drove them back.

They swarmed about me like bees; they blazed like fire among thorns, but by the name of the Lord I drove them back.

Surely, I was thrust to the brink, but the Lord came to my help.

The Lord is my strength and my song, and he has become my salvation.

Joyful shouts of salvation sound from the tents of the righteous:

‘The right hand of the Lord does mighty deeds; the right hand of the Lord raises up; the right hand of the Lord does mighty deeds.’

I shall not die, but live and declare the works of the Lord.

The Lord has punished me sorely, but he has not given me over to death.

Open to me the gates of righteousness that I may enter and give thanks to the Lord.

This is the gate of the Lord; the righteous shall enter through it.
I will give thanks to you, for you have answered me and have become my salvation.

The stone which the builders rejected has become the chief cornerstone.

This is the Lord’s doing, and it is marvelous in our eyes.

This is the day that the Lord has made; we will rejoice and be glad in it.

Come, O Lord, and save us we pray. Come, Lord, send us now prosperity.

Blessed is he who comes in the name of the Lord; we bless you from the house of the Lord.

The Lord is God; he has given us light; link the pilgrims with cords right to the horns of the altar.

You are my God and I will thank you; you are my God and I will exalt you.

O give thanks to the Lord, for he is good; his mercy endures for ever.

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be for ever. A-men.
Psalm 119

III.4

1 נ Aleph
Blessed are those whose way is pure, who walk in the law of the Lord.

2 Blessed are those who keep his testimonies and seek him with their whole heart,

3 Those who do wickedness, but walk in his ways.

4 — You, O Lord, have charged that we should diligently keep your commandments.

5 O that my ways were made so direct that I might keep your statutes.

6 Then should I not be put to shame, because I have regard for all your commandments.

7 I will thank you with an unfeigned heart, when I have learned your righteous judgments.

8 I will keep your statutes; O forsake me not utterly.

2 ♡ Beth

9 How shall young people cleanse their way to keep themselves according to your word?

10 With my whole heart have I sought you; O let me not go astray from your commandments.

11 Your words have I hid within my heart, that I should not sin against you.

12 — Blessed are you, O Lord; O teach me your statutes.
With my lips have I been tel-ling •
of all the judgements of your mouth.

I have taken greater delight in the way of your tes-ti-mo-nies •
than in all manner of rich-es.

I will meditate on your com-mand-ments •
and con-tem-plate your ways.

My delight shall be in your sta-tutes •
and I will not for-get your word.

[Glory to the Fa-ther •
and to the Son •
and to the Ho-ly Spi-rit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.]

O do good to your serv-ant that I may live •
and so shall I keep your word.

Open my eyes, that I may see •
the won-ders of your law.

I am a stranger up-on earth; •
hide not your com-mand-ments from me.

My soul is consumed at all times •
with fervent longing for your judge-ments.

You have rebuked the ar-ro-gant; •
cursed are those who stray from your com-mand-ments.

Turn from me shame and re-buke •
for I have kept your tes-ti-mo-nies.
23 Rulers also sit and speak a-gainst me; • but your servant meditates on your sta-tutes.

24 For your testimonies are my de-light; • they are my faith-ful coun-sel-lers.

4 7 Daleth

25 My soul cleaves to the dust; • O give me life accord-ing to your word.

26 I have acknowledged my ways and you have an-swered me; • O teach me your sta-tutes.

27 Make me understand the way of your com-mand-ments, • and so shall I meditate on your won-drous works.

28 My soul melts away in tears of sor-row; • raise me up accord-ing to your word.

29 Take from me the way of false-hood; • be gracious to me through your law.

30 I have chosen the way of truth • and your judgements have I laid be-fore me.

31 I hold fast to your testi-mo-nies; • O Lord, let me not be put to shame.

32 I will run the way of your com-mand-ments, • when you have set my heart at li-ber-ty.

[Glory to the Father and to the Son • and to the Ho-ly Spi-rit;

as it was in the begin-ning is now • and shall be for ev-er. A-men.]
33 Teach me, O Lord, the way of your statutes • and I shall keep it to the end.

34 Give me understanding and I shall keep your law • I shall keep it with my whole heart.

35 Lead me in the path of your commandments • for therein is my delight.

36 Incline my heart to your testimonies • and not to unjust gain.

37 Turn away my eyes lest they gaze on vanities • O give me life in your ways.

38 Confirm to your servant your promise • which stands for all who fear you.

39 Turn away the reproach which I dread • because your judgments are good.

40 Behold, I long for your commandments • in your righteousness give me life.

41 Let your faithful love come unto me, O Lord • even your salvation, according to your promise.

42 Then shall I answer those who taunt me • for my trust is in your word.

43 O take not the word of truth utterly out of my mouth • for my hope is in your judgments.

44 So shall I always keep your law • I shall keep it for ever and ever.

45 I will walk at liberty • because I study your commandments.
46 I will tell of your testimonies, even before kings, and will not be ashamed.

47 My delight shall be in your commandments, which I have greatly loved.

48 My hands will I lift up to your commandments, which I love, and I will meditate on your statutes.

7 Zayin

49 Remember your word to your servant, on which you have built my hope.

50 This is my comfort in my trouble, that your promise gives me life.

51 The proud have derided me cruelly, but I have not turned aside from your law.

52 I have remembered your everlasting judgments, O Lord, and have been comforted.

53 I am seized with indignation at the wicked, for they have forsaken your law.

54 Your statutes have been like songs to me in the house of my pilgrimage.

55 I have thought on your name in the night, O Lord, and so have I kept your law.

56 These blessings have been mine, for I have kept your commandments.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.]
57 You on-ly are my portion, O Lord; I have pro-mised to keep your words.

58 I entreat you with all my heart, be merciful to me according to your pro-mise.

59 I have considered my ways and turned my feet back to your tes-ti-mo-nies.

60 I made haste and did not de-lay to keep your com-mand-ments.

61 Though the cords of the wicked entan-gle me, I do not for-get your law.

62 At midnight I will rise to give you thanks, because of your right-eous judge-ments.

63 I am a companion of all those who fear you, those who keep your com-mand-ments.

64 The earth, O Lord, is full of your faith-ful love; instruct me in your sta-tutes.

65 You have dealt graciously with your ser-vant, according to your word, O Lord.

66 O teach me true understanding and know-ledge, for I have trusted in your com-mand-ments.

67 Before I was afflicted I went a-stray, but now I keep your word.

68 You are gracious and do good; O Lord, teach me your sta-tutes.

69 The proud have smeared me with lies, but I will keep your commandments with my whole heart.
Their heart has become gross with fat, but my delight is in your law.

It is good for me that I have been afflicted, that I may learn your statutes.

The law of your mouth is dearer to me than a hoard of gold and silver.

Your hands have made me and fashioned me; give me understanding, that I may learn your commandments.

Those who fear you will be glad when they see me, because I have hoped in your word.

I know, O Lord, that your judgements are right, and that in very faithfulness you caused me to be troubled.

Let your faithful love be my comfort, according to your promise to your servant.

Let your tender mercies come to me, that I may live, for your law is my delight.

Let the proud be put to shame, for they wrong me with lies; but I will meditate on your commandments.

Let those who fear you turn to me, even those who know your testimonies.

Let my heart be sound in your statutes, that I may not be put to shame.

[Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.]
81 My soul is pining for your salvation; •
I have hoped in your word.

82 My eyes fail with watching for your word, •
while I say, 'O when will you comfort me?'

83 I have become like a wineskin in the smoke, •
yet I do not forget your statutes.

84 How many are the days of your servant? •
When will you bring judgement on those who persecute me?

85 The proud have dug pits for me in defiance of your law.

86 All your commandments are true; •
help me, for they persecute me with falsehood.

87 They had almost made an end of me on earth, •
but I have not forsaken your commandments.

88 Give me life according to your loving-kindness; •
so shall I keep the testimonies of your mouth.

89 O Lord, your word is everlasting; •
it ever stands firm in the heavens.

90 Your faithfulness also remains from one generation to another; •
you have established the earth and it abides.

91 So also your judgements stand firm this day, •
for all things are your servants.

92 If your law had not been my delight, •
I should have perished in my trouble.

93 I will never forget your commandments, •
for by them you have given me life.
94 I am yours, O save me! •
For I have sought your commandments.

95 The wicked have waited for me to destroy me, •
but I will meditate on your testimonies.

96 I have seen an end of all perfection, •
but your commandment knows no bounds.

13 Mem

97 Lord, how I love your law! •
All the day long it is my study.

98 Your commandments have made me wiser than my enemies, •
for they are ever with me.

99 I have more understanding than all my teachers, •
for your testimonies are my meditation.

100 I am wiser than the aged, •
because I keep your commandments.

101 I restrain my feet from every evil way, •
— that I may keep your word.

102 I have not turned aside from your judgments, •
for you have been my teacher.

103 How sweet are your words on my tongue! •
They are sweeter than honey to my mouth.

104 Through your commandments I get understanding; •
therefore I hate all lying ways.

[Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.]
14.1 Nun

105 Your word is a lantern to my feet, and a light up-on my path.

106 I have sworn and will ful-fil it, to keep your right-eous judge-ments.

107 I am troubled above mea-sure; give me life, O Lord, accord-ing to your word.

108 Accept the freewill offering of my mouth, O Lor-d, and teach me your judge-ments.

109 My soul is ever in my hand, yet I do not for-get your law.

110 The wicked have laid a snare for me, but I have not strayed from your com-mand-ments.

111 Your testi-men-ries have I claimed as my heritage for ev-er; for they are the very joy of my heart.

112 I have applied my heart to fulfil your sta-tutes: always, e-ven to the end.

15.1 Samekh

113 I hate those who are double-mind-ed, but your law do I love.

114 You are my hiding place and my shield, and my hope is in your word.

115 Away from me, you wick-ed! I will keep the command-ments of my God.

116 Sustain me according to your promise, that I may live, and let me not be disappointed in my hope.

117 Hold me up and I shall be saved, and my delight shall be ever in your sta-tutes.
You set at nought those who depart from your statutes, for their deceiving is in vain.

You consider all the wicked as dross; therefore I love your testimonies.

My flesh trembles for fear of you and I am afraid of your judgments.

I have done what is just and right; O give me not over to my oppressors.

Stand surety for your servant’s good; let not the proud oppress me.

My eyes fail with watching for your salvation and for your righteous promise.

O deal with your servant according to your faithful love and teach me your statutes.

I am your servant; O grant me understanding that I may know your testimonies.

It is time for you to act, O Lord, for they frustrate your law.

Therefore I love your commandments above gold, even much fine gold.

Therefore I direct my steps by all your precepts, and all false ways I utterly abhor.

[Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.]
17Pe

129 Your testimonies are wonderful; therefore my soul keeps them.

130 The opening of your word gives light; it gives understanding to the simple.

131 I open my mouth and draw in my breath, as I long for your commandments.

132 Turn to me and be gracious to me, as is your way with those who love your name.

133 Order my steps by your word, and let no wickedness have dominion over me.

134 Redeem me from earthly oppressors, so that I may keep your commandments.

135 Show the light of your countenance upon your servant and teach me your statutes.

136 My eyes run down with streams of water, because the wicked do not keep your law.

18Tsadhe

137 Righteous are you, O Lord, and true are your judgments.

138 You have ordered your decrees in righteous-ness and in great faithfulness.

139 My indignation destroys me, because my adversaries forget your word.

140 Your word has been tried to the uttermost and so your servant loves it.

141 I am small and of no reputation, yet do I not forget your commandments.
142 Your righteousness is an everlasting right-eous-ness •
and your law is the truth.

143 Trouble and heaviness have taken hold up-on me, •
yet my delight is in your com-mand-ments.

144 The righteousness of your testimonies is ever-last-ing; •
O grant me understand-ing and I shall live.

145 I call with my whole heart; •
answer me, O Lord, that I may keep your sta-tutes.

146 To you I call, O save me! •
And I shall keep your tes-ti-mo-nies.

147 Early in the morning I cry to you, •
for in your word is my trust.

148 My eyes are open before the night watch-es, •
that I may me-di-tate on your word.

149 Hear my voice, O Lord, according to your faithful love; •
according to your judge-ment, give me life.

150 They draw near that in malice persecute me, •
who are far from your law.

151 You, O Lord, are near at hand, •
and all your com-mand-ments are true.

152 Long have I known of your testi-mo-nies, •
that you have founded them for ev-er.

[Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.]
20 י resh

153 O consider my affliction and deliver me, •
for I do not forget your law.

154 Plead my cause and redeem me; •
according to your promise, give me life.

155 Salvation is far from the wicked, •
for they do not seek your statutes.

156 Great is your compassion, O Lord; •
give me life, according to your judgements.

157 Many there are that persecute and oppress me, •
yet do I not swerve from your testimonies.

158 It grieves me when I see the treacherous, •
for they do not keep your word.

159 Consider, O Lord, how I love your commandments; •
give me life according to your loving-kindness.

160 The sum of your word is truth, •
and all your righteous judgements endure forever more.

21 ו shin

161 Princes have persecuted me without a cause, •
but my heart stands in awe of your word.

162 I am as glad of your word •
as one who finds great spoils.

163 As for lies, I hate and abhor them, •
but your law do I love.

164 Seven times a day do I praise you, •
because of your righteous judgements.

165 Great peace have they who love your law; •
nothing shall make them stumble.
166 Lord, I have looked for your salvation • and I have fulfilled your commandments.

167 My soul has kept your testimonies • and greatly have I loved them.

168 I have kept your commandments and testimonies, • for all my ways are before you.

22 ♦ Taw

169 Let my cry come before you, O Lord; • give me understanding, according to your word.

170 Let my supplication come before you; • deliver me, according to your promise.

171 My lips shall pour forth your praise, • when you have taught me your statutes.

172 My tongue shall sing of your word, • for all your commandments are righteous.

173 Let your hand reach out to help me, • for I have chosen your commandments.

174 I have longed for your salvation, O Lord, • and your law is my delight.

175 Let my soul live and it shall praise you, • and let your judgments be my help.

176 I have gone astray like a sheep that is lost; • O seek your servant, for I do not forget your commandments.

Glory to the Father • and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. A-men.
1 When I was in trouble I called to the Lord; • I called to the Lord and he answered me.

2 Deliver me, O Lord, from lying lips • and from deceitful tongue.

3 What shall be given to you? • What more shall be done to you, deceitful tongue?

4 The sharp arrows of a warrior • tempered in burning coals!

5 Woe is me, that I must lodge in Me-shech • and dwell among the tents of Ke-dar.

6 My soul has dwelt () too long • with enemies of peace.

7 I am for making peace, • but when I speak of it, they make ready for war.

Glory to the Fa-ther • and to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
Psalm 121

1 I lift up my eyes to the hills; from where is my help to come?

2 My help comes from the Lord, the maker of heaven and earth.

3 He will not suffer your foot to stumble; he who watches over you will not sleep.

4 Behold, he who keeps watch over Israel shall neither slumber nor sleep.

5 The Lord himself watches over you; the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, — neither the moon by night.

7 The Lord shall keep you from all evil; it is he who shall keep your soul.

8 The Lord shall keep watch over your going out and your coming in, from this time forth for ever-more.

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be for ever. A-men.
I was glad when they said to me, •
‘Let us go to the house of the Lord.’

And now our feet are standing •
within your gates, O Jerusalem;

Jerusalem, built as a city •
that is at unity in itself.

Thither the tribes go up, the tribes of the Lord, •
as is decreed for Israel,
to give thanks to the name of the Lord.

For there are set the thrones of judgment, •
the thrones of the house of David.

O pray for the peace of Jerusalem: •
‘May they prosper who love you.

‘Peace be within your walls •
and tranquillity within your palaces.’

For my kindred and companions’ sake, •
I will pray that peace be with you.

For the sake of the house of the Lord our God, •
I will seek to do you good.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. Amen.
1 To you I lift up my eyes, •
to you that are enthroned in the heavens.

2 As the eyes of servants look to the hand of their master, •
or the eyes of a maid to the hand of her mistress,

3 So our eyes wait upon the Lord our God, •
until he have mercy upon us.

4 Have mercy upon us, O Lord, have mercy upon us, •
for we have had more than enough of contempt.

5 Our soul has had more than enough of the scorn of the arrogant, •
and of the contempt of the proud.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. A-men.
Psalm 124

1 If the Lord himself had not been on our side, now may Is-ra-el say;
   2 If the Lord had not been on our side, when enemies rose up against us;
   3 Then would they have swallowed us alive when their anger burned against us;
   4 Then would the waters have overwhelmed us and the torrent gone over our soul; over our soul would have swept the raging waters.
   5 But blessed be the Lord who has not given us over to be a prey for their teeth.
   6 Our soul has escaped as a bird from the snare of the fow-ler; the snare is broken and we are delivered.
   7 Our help is in the name of the Lord, who has made hea-ven and earth.

Glory to the Father and to the Son and to the Ho-ly Spi-rit;
   as it was in the beginning is now and shall be for ev-er. A-men.
1 Those who trust in the Lord are like Mount Zi-on, •
which cannot be moved, but stands fast for ev-er.

2 As the hills stand about Je-ru-saˆlem, •
so the Lord stands round about his people,
from this time forth for ev-erˆmore.

3 The sceptre of wickedness shall not hold sway
over the land allotted to the right-eous, •
lest the righteous turn their hands to e-vil.

4 Do good, O Lord, to those who are good, •
and to those who are true of heart.

5 Those who turn aside to crooked ways
the Lord shall take away with the evil-do-ers; •
but let there be peace up-on Is-raˆel.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the beginn-ing is now •
and shall be for ev-er. A-men.
1 When the Lord restored the for-tunes of Zi-on, •
then were we like those who dream.

2 Then was our mouth filled with laugh-ter •
and our tongue with songs of joy.

3 Then said they a-mong the na-tions, •
‘The Lord has done great things for them.’

4 The Lord has indeed done great things for us, •
and therefore we re-joiced.

5 Restore again our for-tunes, O Lord, •
as the river beds of the des-ert.

6 Those who sow in tears •
shall reap with songs of joy.

7 Those who go out weeping, bear-ing the seed, •
will come back with shouts of joy,
bearing their sheaves with them.

Glory to the Father and to the Son •
and to the Holy Spi-rit;
as it was in the begin-ning is now •
and shall be for ever. A-men.
1 Unless the Lord builds the house, those who build it labour in vain.

2 Unless the Lord keeps the city, the guard keeps watch in vain.

3 It is in vain that you hasten to rise up early and go so late to rest, eating the bread of toil, for he gives his beloved sleep.

4 Children are a heritage from the Lord and the fruit of the womb is his gift.

5 Like arrows in the hand of a warrior, so are the children of one's youth.

6 Happy are those who have their quiver full of them when they dispute with their enemies in the gate.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
Psalm 128
II.1

1 Blessed are all those who fear the Lord, and walk in his ways.

2 You shall eat the fruit of the toil of your hands; it shall go well with you, and happy shall you be.

3 Your wife within your house shall be like a fruitful vine; your children round your table, like fresh olive branches.

4 Thus shall the one be blest who fears the Lord.

5 The Lord from out of Zion bless you, that you may see Jerusalem in prosperity all the days of your life.

6 May you see your children's children, and may there be peace upon Israel.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.
1 ‘Many a time have they fought against me from my youth,’ • may Is-ra-el now say;

2 ‘Many a time have they fought against me from my youth, • but they have not pre-vailed against me.’

3 The ploughers ploughed up-on my back • and made their fur-rows long.

4 But the right-eous Lord • has cut the cords of the wick-ed in pie-ces.

5 Let them be put to shame and turned back-wards, • as many as are en-e-mies of Zi-on.

6 Let them be like grass up-on the house-tops, • which withers be-fore it can grow,

7 So that no reaper can fill his hand, • nor a binder of sheaves his bo-som;

8 And none who go by may say, ‘The blessing of the Lord be up-on you. • We bless you in the na-me of the Lord.’

Glory to the Father and to the Son • and to the Ho-ly Spi-rit;

as it was in the begin-ning is now • and shall be for-ev-er. A-men.
1 Out of the depths have I cried to you, O Lord; 
    Lord, hear my voice; let your ears consider well the voice of my supplication.

2 If you, Lord, were to mark what is done amiss, 
    O Lord, who could stand?

3 But there is forgiveness with you, so that you shall be feared.

4 I wait for the Lord; my soul waits for him; 
    in his word is my hope.

5 My soul waits for the Lord, 
    more than the night watch for the morning, more than the night watch for the morn-ing.

6 O Israel, wait for the Lord; for with the Lord there is mercy;

7 With him is plenteous redemption and he shall redeem Israel from all their sins.

Glory to the Father and to the Son and to the Holy Spirit;

as it was in the beginning is now and shall be for ever. A-men.
1 O Lord, my heart is not proud; •
    my eyes are not raised in haughty looks.

2 I do not occupy myself with great mat ters, •
    with things that are too high for me.

3 But I have quieted and stilled my soul,
    like a weaned child on its mo-ther’s breast; •
    so my soul is quieted within me.

4 O Israel, trust in the Lord, •
    from this time forth for ever-more.

Glory to the Father and to the Son •
    and to the Holy Spi-rit;

    as it was in the begin ning is now •
    and shall be for ever. A-men.
1 Lord, re-member for Da-vid •
   all the hard-ships he en˙dured;

2 How he swore an oath to the Lord •
   and vowed a vow to the Mighty One of Ja-cob:

3 ‘I will not come within the shelter of my house, •
   nor climb up in-to my bed;

4 ‘I will not allow my eyes to sleep, •
   nor let my eye-lids slum-ber,

5 ‘Until I find a place for the Lord, •
   a dwelling for the Mighty One of Ja-cob.’

6 Now, we heard of the ark in Eph-ra˙thah •
   and found it in the fields of Ja-ar.

7 Let us enter his dwell-ing˙place •
   and fall low be-fore his foot-stool.

8 Arise, O Lord, into your rest-ing˙place, •
   you and the ark of your strength.

9 Let your priests be clothed with right-eous˙ness •
   and your faith˙ful ones sing with˙joy.

10 For your servant David’s sake, •
    turn not away the face of your an-oin-ted.

11 The Lord has sworn an oath to Da-vid, •
    a promise from which he will not˙shrink:

12 ‘Of the fruit of your bo-dy •
    shall I set˙ up-on your throne.
13 ‘If your children keep my covenant and my testimonies that I shall teach them, their children also shall sit upon your throne for ever and more.’

14 For the Lord has chosen Zion for himself; he has desired her for his habitation:

15 ‘This shall be my resting place for ever; here will I dwell, for I have longed for her.

16 ‘I will abundantly bless her provision; her poor will I satisfy with bread.

17 ‘I will clothe her priests with salvation, and her faithful ones shall rejoice and sing.

18 ‘There will I make a horn to spring up for David; I will keep a lantern burning for my anointed.

19 ‘As for his enemies, I will clothe them with shame; but on him shall his crown be bright.’

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Psalm 133

1.1

1 Be-hold how good and pleasant it is to dwell toge-ther in u-ni-ty.

2 It is like the precious oil upon the head, running down up-on the beard,

3 Even on Aa-ron’s beard, running down upon the collar of his clo-thing.
4 It is like the dew of Her-mon •
running down upon the hills of Zi-on.

5 For there the Lord has promised his bles-sing: •
even life for ev-er"more.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 134

1.1

1 Come, bless the Lord, all you servants of the Lord, •
you that by night stand in the house of the Lord.

2,3 Lift up your hands towards the sanctuary
and bless the Lord. •
The Lord who made heaven and earth
give you blessing out of Zi-on.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 Al-le-luia. [or Praise the Lord.]
   Praise the name of the Lord; •
give praise, you ser-vants of the Lord,

2 You that stand in the house of the Lord, •
in the courts of the house of our God.

3 Praise the Lord, for the Lord () is good; •
make music to his name, for it is love-ly.

4 For the Lord has chosen Ja-cob for him-self •
and Israel for his own pos-ses-sion.

5 For I know that the Lord () is great •
and that our Lord is a bove all gods.

6 The Lord does whatever he pleases
   in hea-ven and on earth, •
in the seas and in all the deeps.

7 He brings up clouds from the ends of the earth; •
he makes lightning with the rain
   and brings the winds out of his trea-su ries.

8 He smote the first-born of E-gypt, •
the first-born of man and beast.

9 He sent signs and wonders into your midst, O E-gypt, •
upon Pharaoh and all his ser-vants.

10 He smote ma-ny na-tions •
and slæw migh-ty kings:

11 Sihon, king of the Amorites,
and Og, the king of Ba-shan, •
and all the king-doms of Ca-naan.

12 He gave their land as a he ri-tage, •
a heritage for Is-ra-el his peo-ple.
13  Your name, O Lord, endures for ever • and shall be remembered through all generations.

14  For the Lord will vindicate his people • and have compassion on his servants.

15  The idols of the nations are but silver and gold, • the work of human hands.

16  They have mouths, but can not speak; • eyes have they, but can not see;

17  They have ears, but can not hear; • neither is there any breath in their mouths.

18  Those who make them shall become like them, • and so will all who put their trust in them.

19  Bless the Lord, O house of Israel; • O house of Aaron, bless the Lord.

20  Bless the Lord, O house of Levi; • you who fear the Lord, bless the Lord.

21  Blessed be the Lord from Zion, • who dwells in Jerusalem.
   Alleluia. [or who dwells in Jerusalem. Praise the Lord.]

Glory to the Father and to the Son • and to the Holy Spirit;

as it was in the beginning is now • and shall be for ever. Amen.
Give thanks to the Lord, for he is gracious, •
for his mercy endures for ever.

Give thanks to the God of gods, •
for his mercy endures for ever.

Give thanks to the Lord of lords; •
for his mercy endures for ever;

Who alone does great wonders, •
for his mercy endures for ever;

Who by wisdom made the heavens, •
for his mercy endures for ever;

Who laid out the earth upon the waters, •
for his mercy endures for ever;

Who made the great lights, •
for his mercy endures for ever;

The sun to rule the day, •
for his mercy endures for ever;

The moon and the stars to govern the night, •
for his mercy endures for ever;

Who smote the first-born of Egypt, •
for his mercy endures for ever;

And brought out Israel from among them, •
for his mercy endures for ever;

With a mighty hand and out-stretched arm, •
for his mercy endures for ever;

Who divided the Red Sea in two, •
for his mercy endures for ever;
14 And made Israel to pass through the midst of it, for his mercy endures for ever;

15 But Pharaoh and his host he over-threw in the Red Sea, for his mercy endures for ever;

16 Who led his people through the wilderness, for his mercy endures for ever;

17 Who smote great kings, for his mercy endures for ever;

18 – And slew mighty kings, for his mercy endures for ever;

19 Sihon, king of the Amor-ites, for his mercy endures for ever;

20 And Og, the king of Ba-shan, for his mercy endures for ever;

21 And gave away their land for a heritage, for his mercy endures for ever;

22 A heritage for Isra-el his servant, for his mercy endures for ever;

23 Who remembered us when we were in trouble, for his mercy endures for ever;

24 And delivered us from our enemies, for his mercy endures for ever;

25 Who gives food to all creatures, for his mercy endures for ever;

26 Give thanks to the God of heaven, for his mercy endures for ever.

Glory to the Father and to the Son and to the Holy Spirit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.

Psalm 137
II.1

1 By the waters of Babylon we sat down and wept, •
when we remem-bered Zi-on.

2 As for our lyres, we hung them up •
on the willows that grow in that land.

3 For there our captors asked for a song,
我们的 tormentors called for mirth: •
‘Sing us one of the songs of Zi-on.’

4 How shall we sing the Lord’s song •
in a strange land?

5 If I forget you, O Je-ru-saˆlem, •
let my right hand for-get its skill.

6 Let my tongue cleave to the roof of my mouth
    if I do not remember you, •
    if I set not Jerusalem above my high-est joy.

7 Remember, O Lord, against the people of Edom
    the day of Je-ru-saˆlem, •
    how they said, ‘Down with it, down with it,
    e-ven to the ground.’

8 O daughter of Babylon, doomed to des-truc-tion •
    happy the one who repays you
    for all you have done to us;

9 Who takes your lit-tle ones, •
    and dashes them a-gainst the rock.

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;
as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 138

III.2

1 I will give thanks to you, O Lord, with my whole heart; •
before the gods will I sing praise to you.

2 I will bow down towards your holy temple and praise your name,
   because of your love and faith-ful-ness; •
for you have glorified your name
   and your word a-bove all things.

3 In the day that I called to you, you answered me; •
you put new strength in my soul.

4 All the kings of the earth shall praise you, O Lord, •
   for they have heard the words of your mouth.

5 They shall sing of the ways of the Lord, •
   that great is the glo-ry of the Lord.

6 Though the Lord be high, he watches o-ver the low-ly; •
as for the proud, he re-gards them from a`far.

7 Though I walk in the midst of trouble,
   you will pre-serve me; •
you will stretch forth your hand against the fury of my enemies;
   your right hand will save me.

8 The Lord shall make good his pur-pose for me; •
your loving-kindness, O Lord, endures for ever;
   forsake not the work of your hands.

Glory to the Fa-ther`and`to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
1 O Lord, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar.

2 You mark out my journeys and my resting place and are acquainted with all my ways.

3 For there is not a word on my tongue, but you, O Lord, know it altogether.

4 You encompass me behind and before and lay your hand upon me.

5 Such knowledge is too wonderful for me, so high that I cannot attain it.

6 Where can I go then from your spirit? Or where can I flee from your presence?

7 If I climb up to heaven, you are there; if I make the grave my bed, you are there also.

8 If I take the wings of the morning and dwell in the uttermost parts of the sea,

9 Even there your hand shall lead me, your right hand hold me fast.

10 If I say, ‘Surely the darkness will cover me and the light around me turn to night,’

11 Even darkness is no darkness with you; the night is as clear as the day; darkness and light to you are both alike.

12 For you yourself created my inmost parts; you knit me together in my mother’s womb.
13 I thank you, for I am fearfully and wonderfully made; •
    marvellous are your works, my soul knows well.

14 My frame was not hidden from you, •
    when I was made in secret
    and woven in the depths of the earth.

15 Your eyes beheld my form, as yet unfinished; •
    already in your book were all my members written,

16 As day by day they were fashioned •
    when as yet there was none of them.

17 How deep are your counsels to me, O God! •
    How great is the sum of them!

18 If I count them, they are more in number than the sand, •
    and at the end, I am still in your presence.

19 O that you would slay the wicked, O God, •
    that the bloodthirsty might depart from me!

20 They speak against you with wicked intent; •
    your enemies take up your name for evil.

21 Do I not oppose those, O Lord, who oppose you? •
    Do I not abhor those who rise up against you?

22 I hate them with a perfect hatred; •
    they have become my own enemies also.

23 Search me out, O God, and know my heart; •
    try me and examine my thoughts.

24 See if there is any way of wickedness in me •
    and lead in the way everlasting.

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. Amen.
Psalm 140

III.5

1 De-liv-er me, O Lord, from e-vil-do-ers •
and protect me from the vi¨o-lent,

2 Who devise e-vil¨in their hearts •
and stir up strife all the day long.

3 They have sharpened their tongues like a ser-pent; •
adder’s poison is un-der their lips.

4 Keep me, O Lord, from the hands of the wick-ed; •
protect me from the violent
who seek to make me stum-ble.

5 The proud have laid a snare for me
and spread out a¨net of cords; •
they have set traps a-long my path.

6 I have said to the Lord, ‘You are my God; •
listen, O Lord, to the voice of my sup-pli-ca-tion.

7 ‘O Lord God, the strength of my sal-va-tion, •
you have covered my head in the day of bat-tle.

8 ‘Do not grant the desires of the wick-ed, O Lord, •
do not prosper their wick¨ed plans.

9 ‘Let not those who surround me lift up their heads; •
let the evil of their own lips fall up-on them.

10 ‘Let hot burning coals rain up-on them; •
let them be cast into the depths, that they rise not a-gain.’

11 No slanderer shall pros-per on the earth, •
and evil shall hunt down the violent to o-ver-throw them.

12 I know that the Lord will bring justice for the op-pressed •
and maintain the cause of the need-y.

13 Surely, the righteous will give thanks to your name, •
and the upright shall dwell in your pre-sence.
Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ever. Amen.

Psalm 141

VIII.1

1 O Lord, I call to you; come to me quickly; •
hear my voice when I cry to you.

2 Let my prayer rise before you as incense, •
the lifting up of my hands as the evening sacrifice.

3 Set a watch before my mouth, O Lord, •
and guard the door of my lips.

4 Let not my heart incline to any evil thing; •
let me not be occupied in wickedness with evildoers,
   nor taste the pleasures of their table.

5 Let the righteous smite me in friendly rebuke;
   but let not the oil of the unrighteous anoint my head; •
   for my prayer is continually against their wicked deeds.

6 Let their rulers be overthrown in stony places; •
then they may know that my words are sweet.

7 As when a plough turns over the earth in furrows, •
let their bones be scattered at the mouth of the Pit.

8 But my eyes are turned to you, Lord God; •
in you I take refuge; do not leave me defenceless.

9 Protect me from the snare which they have laid for me •
and from the traps of the evil-doers.

10 Let the wicked fall into their own nets, •
while I pass by in safety.
Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 142

VI

1 I cry aloud to the Lord; •
to the Lord I make my sup-ple-ca-tion.

2 I pour out my complaint be-fore him •
and tell him of my trou-ble.

3 When my spirit faints within me, you know my path; •
in the way wherein I walk have they laid a snare for´me.

4 I look to my right hand, and find no one who knows me; •
I have no place to flee to, and no one cares for my soul.

5 I cry out to you, O Lord, and say: •
‘You are my refuge, my portion in the land of the liv-ing.

6 Listen to my cry, for I am brought ve-ry low; •
save me from my persecutors, for they are too strong for´me.

7 Bring my soul out of prison,
that I may give thanks to your name; •
when you have dealt bountifully with me,
then shall the righteous ga-ther a-round me.’

Glory to the Father and to the Son •
and to the Holy Spirit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
1 Hear my prayer, O Lord, and in your faithfulness give ear to my supplications; answer me in your righteousness.

2 Enter not into judgement with your servant, for in your sight shall no one living be justified.

3 For the enemy has pursued me, crushing my life to the ground, making me sit in darkness like those long dead.

4 My spirit faints within me; my heart within me is desolate.

5 I remember the time past; I muse upon all your deeds; I consider the works of your hands.

6 I stretch out my hands to you; my soul gasps for you like a thirsty land.

7 O Lord, make haste to answer me; my spirit fails me; hide not your face from me lest I be like those who go down to the Pit.

8 Let me hear of your loving-kindness in the morning, for in you I put my trust; show me the way I should walk in, for I lift up my soul to you.

9 Deliver me, O Lord, from my enemies, for I flee to you for refuge.

10 Teach me to do what pleases you, for you are my God; let your kindly spirit lead me on a level path.

11 Revive me, O Lord, for your name’s sake; for your righteousness’ sake, bring me out of trouble.
In your faithfulness, slay my enemies, and destroy all the adversaries of my soul, for truly I am your servant.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. A-men.

Psalm 144

1.2

1 Blessed be the Lord my rock, who teaches my hands for war and my fingers for battle;

2 My steadfast help and my fortress, my stronghold and my deliverer, my shield in whom I trust, who subdues the peoples under me.

3 O Lord, what are mortals that you should consider them; mere human beings, that you should take thought for them?

4 They are like a breath of wind; their days pass away like a shadow.

5 Bow your heavens, O Lord, and come down; touch the mountains and they shall smoke.

6 Cast down your lightnings and scatter them; shoot out your arrows and let thunder roar.

7 Reach down your hand from on high; deliver me and take me out of the great waters, from the hand of foreign enemies,

8 Whose mouth speaks wickedness and their right hand is the hand of falsehood.
9  O God, I will sing to you a new song; •
I will play to you on a ten-stringed harp,

10  You that give salvation to kings •
and have delivered David your servant.

11  Save me from the peril of the sword •
and deliver me from the hand of foreign enemies,

12  Whose mouth speaks wickedness •
and whose right hand is the hand of falsehood;

13  So that our sons in their youth
may be like well-nurtured plants, •
and our daughters like pillars
  carved for the corners of the temple;

14  Our barns be filled with all manner of store; •
our flocks bearing thousands,
  and ten thousands in our fields;

15  Our cattle be heavy with young; •
may there be no miscarriage or untimely birth,
  no cry of distress in our streets.

16  Happy are the people whose blessing this is. •
Happy are the people who have the Lord for their God.

Glory to the Father and to the Son •
and to the Holy Spirit;
as it was in the beginning is now •
and shall be for ever. A-men.
Psalm 145
VII.5

1  I will exalt you, O God (•) my King, •
    and bless your name for ev-er•and ev-er.

2  Every day will I bless you •
    and praise your name for ev-er•and ev-er.

3  Great is the Lord and high-ly to•be praised; •
    his greatness is be-yond all search-ing•out.

4  One generation shall praise your works to an-o-ther •
    and de-clare your migh-ty•acts.

5  They shall speak of the majesty of your glo-ry, •
    and I will tell of all your won-der-ful deeds.

6  They shall speak of the might of your mar-vel-lous acts, •
    and I will also tell of your great-ness.

7  They shall pour forth the story of your a-bun-dant kind-ness •
    and joyfully sing of your right-eous•ness.

8  The Lord is gra-cious•and mer•ci-ful, •
    long-suffering and of great good-ness.

9  The Lord is lov-ing•to ev•ery-one •
    and his mercy is over all his crea-tures.

10  All your works praise you, O Lord, •
    and your faithful ser-ants bless you.

11  They tell of the glory of your king-dom •
    and speak of your migh-ty pow-er,

12  To make known to all peoples your migh()ty acts •
    and the glorious splendour of your king-dom.

13  Your kingdom is an ever-last-ing king-dom; •
    your dominion endures through-out all a-ges.
14 The Lord is sure in all () his words •
and faith-ful in all his deeds.

15 The Lord upholds all those who fall •
and lifts up all those who are bowed down.

16 The eyes of all wait up-on you, O Lord, •
and you give them their food in due sea-son.

17 You o-pen wide your hand •
and fill all things liv-ing with plen-ty.

18 The Lord is righteous in all () his ways •
and lov-ing in all his works.

19 The Lord is near to those who call up-on him, •
to all who call up-on him faith-ful ly.

20 He fulfils the desire of those who fear him; •
he hears their cry and saves them.

21 The Lord watches over those who love him, •
but all the wick-ed shall he des troy.

22 My mouth shall speak the praise of the Lord, •
and let all flesh bless his holy name for ev-er and ev-er.

Glory to the Fa-ther and to the Son •
and to the Ho-ly Spi-rit;

as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
Al-le-luia. [or Praise the Lord.]

Praise the Lord, O my soul: while I live will I praise the Lord; as long as I have any being, I will sing praises to my God.

Put not your trust in human princes, nor in any human power; for there is no help in them.

When their breath goes forth, they return to the earth; on that day all their thoughts perish.

Happy are those who have the God of Jacob for their help, whose hope is in the Lord their God;

Who made heaven and earth, the sea and all that is in them; who keeps his promise for ever;

Who gives justice to those that suffer wrong and bread to those who hunger.

The Lord looses those that are bound; the Lord opens the eyes of the blind.

The Lord lifts up those who are bowed down; the Lord loves the righteous;

The Lord watches over the stranger in the land; he upholds the orphan and the widow; but the way of the wicked he turns upside down.

The Lord shall reign for ever, your God, O Zion, throughout all generations. Al-le-lu-ia. [or your God, O Zion, throughout all generations. Praise the Lord.]
Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.

Psalm 147
VIII.1

1 Al-le-luia. [or Praise the Lord.]
   How good it is to make music for our God, •
   how joyful to hon-our him with ¦ praise.

2 The Lord builds up Je-ru-sa-lem •
   and gath-ers to-gether the out-casts of Is-ra-el.

3 He heals the broken-heart-ed •
   and binds up all their ¦ wounds.

4 He counts the num-ber of the stars •
   and calls them all by their names.

5 Great is our Lord and mighty in pow-er; •
   his wisdom is be-yond all tell-ing.

6 The Lord lifts up the poor, •
   but casts down the wick-ed to the ¦ ground.

7 Sing to the Lord with thanks-giv-ing; •
   make music to our God up-on the ¦ lyre;

8 Who covers the heavens with clouds •
   and pre-pares rain for the earth;

9 Who makes grass to grow upon the moun-tains •
   and green plants to serve our ¦ needs.

10 He gives the beasts their food •
    and the young ra-vens when they ¦ cry.

11 He takes no pleas-ure in the power of a horse, •
    no de-light in hu-man ¦ strength;
12 But the Lord delights in those who fear him, •
who put their trust in his steadfast love.

13 Sing praise to the Lord, O Je-ru-sa-lem; •
praise your God, O Zi-on;

14 For he has strengthened the bars of your gates •
and has blest your children within you.

15 He has established peace in your bor-ders •
and satisfies you with the finest wheat.

16 He sends forth his command to the earth •
and his word runs very swiftly.

17 He gives snow like wool •
and scatters the hoar-frost like ashes.

18 He casts down his hailstones like morsels of bread; •
who can endure his frost?

19 He sends forth his word and melts them; •
he blows with his wind and the waters flow.

20 He declares his word to Ja-cob, •
his statutes and judgments to Is-ra-el.

21 He has not dealt so with any other na-tion; •
they do not know his laws.

[or they do not know his laws.
Praise the Lord.]

Glory to the Father and to the Son •
and to the Ho-ly Spi-rit;

as it was in the beginning is now •
and shall be for ev-er. A-men.
Al-le-luia. [or Praise the Lord.]
Praise the Lord from the heavens; • praise him in the heights.

Praise him, all you his angels; • praise him, all his host.

Praise him, sun ( ) and moon; • praise him, all you stars of light.

Praise him, heaven ( ) of heavens, • and you waters above the heavens.

Let them praise the name of the Lord, • for he commanded and they were created.

He made them fast for ever and ever; • he gave them a law which shall not pass away.

Praise the Lord from the earth, • you sea monsters and all deeps;

Fire and hail, snow ( ) and mist, • tempestuous wind, fulfilling his word;

Mountains and all hills, • fruit trees and all cedars;

Wild beasts and all ( ) cattle, • creeping things and birds on the wing;

Kings of the earth and all ( ) peoples, • princes and all rulers of the world;

Young men and women, old and young together; • let them praise the name of the Lord.
13 For his name only is ex-alt-ed, •
his splendour above earth and hea-ven.

14 He has raised up the horn of his people
and praise for all his faith-ful ser-vants, •
the children of Israel, a people who are near him.
Al-le-lu-ia. [or the children of Israel, a people who are near him.
Praise the Lord.]

Glory to the Fa-ther•and to•the Son •
and to the Ho-ly Spi-rit;
as it was in the be-gin-ning is now •
and shall be for ev-er. A-men.
Psalm 149

Al-le-luia. [or Praise the Lord.]
O sing to the Lord a new song; •
sing his praise in the congregation of the faithful.

2 Let Israel rejoice in their maker; •
let the children of Zion be joyful in their king.

3 Let them praise his name in the dance; •
let them sing praise to him with timbrel and lyre.

4 For the Lord has pleasure in his people •
and adorns the poor with salvation.

5 Let the faithful be joyful in glory; •
let them rejoice in their ranks,

6 With the praises of God in their mouths •
and a two-edged sword in their hands;

7 To execute vengeance on the nations •
and punishment on the peoples;

8 To bind their kings in chains •
and their nobles with fetters of iron;

9 To execute on them the judgment decreed: •
such honour have all his faithful servants.

   Al-le-lu-ia. [or such honour have all his faithful servants.]
   Praise the Lord.]

   Glory to the Father and to the Son •
   and to the Holy Spirit;

   as it was in the beginning is now •
   and shall be for ever. A-men.
Al-le-luia. [or Praise the Lord.]
O praise God in his ho-li´ness; • praise him in the firmament of his pow-er.

Praise him for his mighty acts; • praise him according to his ex-cel-lent great-ness.

Praise him with the blast of the trum-pet; • praise him un-on the harp and lyre.

Praise him with timbrel and dan-ces; • praise him un-on the strings and pipe.

Praise him with ringing cym-bals; • praise him upon the clash-ing cym-bals.

Let everything that has breath • praise the Lord.
    Al-le-lu-ia. [or praise the Lörd. Praise the`Lord.]

Glory to the Father and to the Son •
    and to the Ho-ly Spi-rit;

    as it was in the beginning is now •
    and shall be for ev-er. A-men.